



# Northport East Northport Public Library

Calendar  
October 1988

## POSITIVE THINKING AND IMAGING

Thursday, October 6, 7:30 p.m.

Our thoughts, attitudes and beliefs play a major role in determining how successful we are in achieving our goals. Psychotherapist Linda West of Counseling and Hypnotherapy Associates will show us how to use positive thinking and imaging to gear up for success and take charge of our lives. Ms. West is a frequent speaker on local radio programs. No registration is necessary.

## EVERYTHING YOU ALWAYS WANTED TO KNOW ABOUT COMPUTERS, BUT WERE AFRAID TO ASK YOUR KIDS

Wednesday, October 12, 7:30 p.m.

Help us celebrate October as Computer Learning Month. Angela Richards of MINDWARE will introduce you to computers as friendly tools that can be used to enhance all areas of work and education, from history and music to math and art. No registration is necessary.

## EGYPT: TREASURE OF THE NILE

Tuesday, October 18, 7:30 p.m.

Leave your luggage home and join Milton Rashkin for another of his fascinating travelogues — this time to exotic Egypt. We will visit Cairo, the tomb of Tutankhamun, the Pyramids of Giza, Alexandria, and the Nile Delta. Milton Rashkin is an inveterate traveler whose interest in different cultures and love of adventure have taken him to over fifty countries. No registration is necessary.



## CHOLESTEROL AND YOUR HEALTH

Wednesday, October 26, 7:30 p.m.

Dr. Charles Ventresca, chiropractor and president of the Long Island Macrobiotic Association, will explore the healthful benefits of lowering body cholesterol. Topics will include the role of cholesterol in the body, effects of high cholesterol levels, and natural methods for maintaining a healthy cholesterol range. No registration is necessary.

## SWEET ADELINES

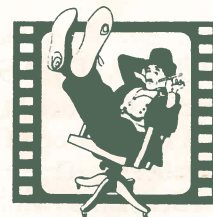
Friday, October 21, 8:30 p.m.

The Long Island division of Sweet Adelines, a chorus of forty women, will entertain us with a selection of popular music. Sweet Adelines is an international organization comprised of over 30,000 women from 36 regions throughout the world. Among its many appearances, the group has performed at Hecksher Park, C.W. Post, and Hofstra. Tickets, which go on sale Oct. 8, are \$1.00 for adults, 50¢ for students, senior citizens and handicapped persons.

## HOLLYWOOD REVISTED

Friday, October 28, 8:30 p.m.

Bob Lippert will transport us to Hollywood's bygone days in this fascinating program combining rare film clips and true stories of Tinseltown's stars. We'll see rare glimpses of Jane Mansfield, Al Jolson, Jackie Cooper, George Raft, Errol Flynn, and many others. A devoted film hobbyist, Mr. Lippert is a member of the Society of Cinephiles, an organization dedicated to the preservation of classic Hollywood films. Tickets, which go on sale Oct. 15, are \$1.00 for adults, 50¢ for students, senior citizens and handicapped persons.



## THE SECRET OF UNHAPPINESS: PLEASING OTHERS

Tuesday, October 25, 7:30 p.m.

Our culture has placed great emphasis on pleasing others, and often we strive for this at the risk of compromising our own self-esteem. Dr. Phyllis-Terri Gold, a psychotherapist, will discuss how to deal with this pressure in our everyday relationships in order to become "benevolently Self-ish". No registration is necessary.

## DANCE EXERCISE (For Seniors Too!)

A new series of dance exercise classes begins on Monday, October 17 and continue through Dec. 5. Classes meet on Monday mornings from 10:00-11:00 and from 11:00-12:00 noon. The 10:00 a.m. class is for adults. The 11:00 a.m. class is especially for senior citizens, with exercises and pace geared to this age group. There is a \$20 fee for the series. Registration begins October 3.

## WHAT'S INVOLVED IN RELOCATING?

Thursday, October 20, 7:30 p.m.

Representatives from Merrill Lynch Realty will explore real estate questions to consider when contemplating relocation — whether for retirement, new employment, or other reasons. Topics will include search strategies, evaluating market conditions, and preparing your home for sale.

## MASTER GARDENERS LECTURE SERIES

Master Gardeners from the Cooperative Extension Association of Suffolk County will continue their series of home horticulture lectures.

**Mon., October 3** — *Pruning Workshop: The Art of Deadheading, Pinching, and Topping Off* (bring your own shears)

**Tues., October 11** — *Bonsai & The Japanese Garden*

**Mon., October 17** — *Houseplants & Dishgardens Workshop* (bring your own containers)

**Mon., October 24** — *Evergreens & The Low Maintenance Landscape* (slide show)

All programs begin at 7:30 p.m. No registration is required for this series.

## NOVEL IDEAS

Friday, October 14, 1:00 p.m.

A new season of Novel Ideas will begin on Friday, October 14. The focus of this meeting will be Alice McDermott's *That Night*. For information, please call Dodie Gillman, Reference Librarian, at 261-6930.

## East Northport Branch News

### BOOK & SANDWICH (W)RAP

A new season of Book & Sandwich (W)rap will begin on Thursday, October 13 at 1:00 p.m. From Chekhov and De Maupassant to Helprin and Cunningham, this season's discussions will focus on short stories by authors both classic and modern. Please call Molly Schoen at the East Northport library (261-2313) to register. Future discussions will be held on the first Thursday of each month.

### FINANCIAL INVESTMENT SEMINARS

Wed., Oct. 19 & Wed., Oct. 26, 7:30 p.m.

Representatives from The Equitable Financial Services will host two investment seminars. On October 19 Ann Mahr of John Nuveen & Company will discuss the advantages of tax free municipal bonds. On October 26 investments in real estate limited partnerships will be explored by Jill Fitzberg of JMB Realty. No registration is necessary for these programs.

## MEDICARE/MEDICAID ASSISTANCE

The library provides one-to-one assistance through Jim McManus, an AARP-trained representative, on Friday mornings from 9:00 a.m. to 12:00 noon at the Northport Library. Mr. McManus will answer questions about Medicare and supplemental health insurance and help fill out Medicare claims and appeals. Please call the Northport Library to make an appointment.

## Exhibits

### Northport

Adult — Watercolors by Mary Ellen Daly  
Display Case — Annual Exhibit by the Huntington Historical Society

Children's Room — Ghostly Ghosts

### East Northport

Adult — Mixed Media by Pat Olds  
Children's Room — Boy Scouts Exhibit by Mr. Flynn

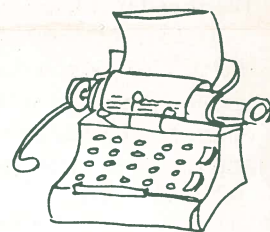
## Young Adult Programs

### WRITE ON! CREATIVE WRITING CONTEST

Grades 6-8

Reception & Reading  
of Winning Works

Thursday, November 17, 7:00 p.m.



The Young Adult Department is pleased to announce its first annual Creative Writing Contest.

Students in grades 6-8 may submit work to their English teachers in the following categories: Short Story, Poetry, Descriptive Pieces, and Plays (1 act or scene). Awards will be given in each grade for each category. All entries must be submitted for judging by October 29. A special reception for all participants, parents, and friends will be held at the library on Thursday, November 17 at 7:00 p.m., highlighted by readings of winning selections. All submitted works will be published and distributed at the reception.

### HALLOWEEN TREAT

Saturday, October 29, 2:00 p.m., Grades 6 & up

We'll show you how to make an adorable pumpkin with a pointed witch's hat and straw hair to add to your stuffed animal collection. So treat yourself and join us for a fun afternoon (cider and donuts included). Sign-up begins October 11 at either library. There is a \$2.00 materials fee.



# Calendar

October 1988



## Adult & Young Adult

- Oct. 3 Mon.  
Registration begins for Dance Exercise Classes  
Master Gardeners Lecture Series 7:30 p.m.
- Oct. 5 Wed.  
Great Books (also Oct. 19) 8:00 p.m.
- Oct. 6 Thurs.  
Positive Thinking & Imaging 7:30 p.m.
- Oct. 7 Fri.  
Medicare/Medicaid Assistance 9:00 a.m. - 12:00 noon  
(& every Friday morning)
- Oct. 8 Sat.  
Ticket sales begin for Sweet Adelines on Oct. 21
- Oct. 10 Mon.  
Columbus Day — Library Closed
- Oct. 11 Tues.  
Sign-up begins for (YA) Halloween Treat on Oct. 29  
Master Gardeners Lecture Series 7:30 p.m.
- Oct. 12 Wed.  
Everything You Always Wanted 7:30 p.m.  
To Know About Computers ...
- Oct. 13 Thurs.  
(EN) Book & Sandwich (W)rap 1:00 p.m.  
(YA) Baseball Card Collectors Club 6:30 p.m.
- Oct. 14 Fri.  
Novel Ideas 1:00 p.m.
- Oct. 15 Sat.  
Ticket sales begin for Hollywood Revisited on Oct. 28
- Oct. 17 Mon.  
Dance Exercise 10:00 a.m. & 11:00 a.m.  
(also Oct. 24 & 31)  
Master Gardeners Lecture Series 7:30 p.m.
- Oct. 18 Tues.  
Egypt: Treasure of the Nile 7:30 p.m.
- Oct. 19 Wed.  
Library Board of Trustees Meeting 7:30 p.m.  
Understanding Your Child's 7:30 p.m.  
Misbehavior  
(EN) Financial Investment Seminar 7:30 p.m.

- Oct. 20 Thurs.  
What's Involved in Relocating? 7:30 p.m.
- Oct. 21 Fri.  
Sweet Adelines 8:30 p.m.
- Oct. 24 Mon.  
Master Gardeners Lecture Series 7:30 p.m.
- Oct. 25 Tues.  
The Secret of Unhappiness 7:30 p.m.
- Oct. 26 Wed.  
Cholesterol and Your Health 7:30 p.m.  
(EN) Financial Investment Seminar 7:30 p.m.
- Oct. 28 Fri.  
Hollywood Revisited 8:30 p.m.
- Oct. 29 Sat.  
Last day to submit work for Creative Writing Contest  
(YA) Halloween Treat 2:00 p.m.

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## Children's Calendar Highlights

- Oct. 1 Sat.  
(N) Saturday Afternoon Movie Time 3:00 p.m.
- Oct. 5 Wed.  
(N) Story Parade (also Oct. 12, 19, 26) 4:00 p.m.
- Oct. 11 Tues.  
(EN) Story Parade (also Oct. 18, 25) 4:00 p.m.
- Oct. 13 Thurs.  
(EN) New Mother Discussion Group 9:30 a.m.  
(also Oct. 20 & 27)
- Oct. 14 Fri.  
(EN) Sand Painting Workshop 3:45 p.m.
- Oct. 15 Sat.  
(N) Mother Goose Time 10:00 a.m.  
(also Oct. 22, & 29)  
(N) Music, Songs & Stories 3:30 p.m.
- Oct. 22 Sat.  
(EN) Saturday Afternoon Movie Time 2:30 p.m.
- Oct. 24 Mon.  
(N) Spooky Spiders Workshop 4:00 p.m.

*Programs are held at the Northport Library unless otherwise indicated.*

# Children's Programs



## MOTHER GOOSE TIME

(Northport) Saturdays, October 15, 22, 29  
& November 5, 10:00 a.m. - 11:30 a.m.

Linda Dennis Szeglin will present this innovative library program for children between 18 and 24 months of age, accompanied by a parent or caregiver. Nursery rhymes, music, art, and fingerplays will be featured. Children must be 18 months old by Oct. 1, 1988. Please register beginning Oct. 1. Proof of birth date required.

## NEW MOTHER DISCUSSION GROUP

Kathy Nardi, a Registered Nurse, will meet with mothers and their infants 2 to 12 months of age. This five-session series will be held at the East Northport Library on Thursday mornings Oct. 13, 20, 27 & Nov. 3 & 10 from 9:30-11:00 a.m. Session topics will include 1) birth experience and postpartum; 2) infant growth and development; 3) play, activities, and toys; 4) nutrition; and 5) safety. Registration begins September 29.

## MUSIC, SONGS & STORIES

(Northport) Saturday, October 15, 3:30-4:30

Children ages 2<sup>1</sup>/<sub>2</sub> to 5 and their parents are invited to join Mrs. Joyce Zucker for this special program featuring songs, stories, and lots of fun!

## SAND PAINTING WORKSHOP

(East Northport) Friday, October 14, 3:45-4:45,  
Gr. 4-6. Sign-up begins October 7.

## UNDERSTANDING YOUR CHILD'S MISBEHAVIOR

(Northport) Wednesday, October 19, 7:30 p.m.

Words of advice will be offered by Horizons Counseling Center Director Elaine Economopoulos at a workshop on children's misbehavior. All parents of students from grades K-12 are invited to bring their questions for discussion and problem solving.

## SPOOKY SPIDERS WORKSHOP

(Northport) Monday, October 24 4:00-5:00 p.m., Gr. 1-4.  
\$1.00 fee. Sign-up begins Oct. 17.

Pat Stein will help us create these spooky critters as we listen to spooky spider stories! Fun! Fun! Fun!

## SATURDAY AFTERNOON MOVIE TIME

Gr. K-6

(Northport) October 1, 3:00 p.m. — *The Magic of Walt Disney World & The Amazing Cosmic Awareness of Duffy Moon* 62 min.

(East Northport) October 22, 2:30 p.m. — *There's a Nightmare In My Closet, Soup and Me, and My Dear Uncle Sherlock* 62 min.

## STORY PARADE — FALL SERIES

A six-week series of special programs for children in grades K-3. The Fall Series will feature the Fire Safety Puppets, stories, holiday crafts, as well as a variety of other activities.

Sign-up for the East Northport series began September 14. The series will run on Tuesdays, October 11 — November 22 from 4:00-4:45p.m.



Northport Library  
151 Laurel Avenue  
Northport, N.Y. 11768  
Northport Phone: 261-6930

East Northport Library  
185 Larkfield Road  
E. Northport, N.Y. 11731  
E. Northport Phone: 261-2313

Non Profit Organization  
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### LIBRARY BOARD OF TRUSTEES

Mr. Stuart Goldblatt, Chairperson  
Mrs. Jennifer Richmond  
Mrs. C. Annette Carr  
Mrs. Ruth McKay  
Mr. Anthony DiFranco

### LIBRARY ADMINISTRATION

Stephanie Heineman, Director  
Eileen Minogue, Ass't. Director  
Molly Schoen, Branch Librarian  
Editor - MaryEllen Moll

### HOURS

9 to 9 Monday thru Friday  
9 to 5 Saturday  
1 to 5 Sunday Sept. 18 thru June 11 (Northport only)

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CART-SORT\*\*CR  
POSTAL CUSTOMER  
EAST NORTHPORT, N.Y. 11731