

FOR ADULTS

ALL ADULT PROGRAMS WILL BE VIRTUAL FOR THE MONTH OF JANUARY and offered through Zoom unless otherwise indicated. Please register on the library website, www.nenpl.org, using your library card barcode and password. Registration and a valid email address are required to receive log in information. Log in information will be emailed to registrants before the start of the program. If you have questions or need assistance with registration, please contact the Library

the start of the program. If you have questions or need assistance with registration, please contact the Library at (631) 261-6930 or (631) 261-2313.

Fitness Fusion

Thursdays, January 7, 14, 21, 28, 10:00 a.m. Increase strength, stamina, and flexibility while learning the disciplines of yoga, qigong, and meditation. This class is perfect for beginners, however experienced practitioners will benefit by brushing up on the basics. Please have a mat and water bottle on hand. Note: Participant accepts responsibility for any potential injury associated with this class by proceeding through the Zoom link or entering using Meeting ID. As with all exercise programs, please check with your healthcare provider before registering. Registration is underway. NENA990

The Craft of Writing

Mondays, January 11, 25, February 1, 8, 22, March 1, 1:00 p.m.

Each session will begin with a brief discussion of an aspect of the writing process. Participants who wish to may then read aloud short samples of their writing up to 500 words—for group discussion and analysis. The workshop is open to all genres: fiction, nonfiction, poetry, dialogue, letters to the editor, memoir, opinion pieces, etc. The workshop leader is a veteran journalist and professor. Registration is underway. **NENA978**

Brain Fitness Program

Tuesdays, January 12, 19, 26, 11:00 a.m.



Join us for fun games and exercises to keep your mind and body in shape! A representative from Long Island Alzheimer's & Dementia Center (LIAD) will lead participants through some brain teasers, trivia, Jeopardy-style games, and chair exercises. Registration

is underway. **NENA977** This program is brought to you courtesy of the Public Libraries in the Town of Huntington.

Exploring the Pacific Ocean and Beyond: A Discussion about Plastic Pollution, Science, and Solutions

Tuesday, January 12, 7:00 p.m.

Science writer and artist Erica Cirino has explored many of the oceans, lands, and ecosystems of the Earth with a single purpose: find out the truths about plastic pollution and what it is doing to the planet, wildlife, and people. Ms. Cirino will share her findings and testimony as a journalist, illustrated by amazing photography, during the presentation. Registration is underway. **NENA979**

Prevention and Treatment of Orthopedic Injuries in the Active Senior



Wednesday, January 13, 7:00 p.m.

Orthopedic injuries due to biological changes in older adult's bodies are increasingly common. Northwell Health System's Dr. Trasolini will discuss how to protect yourself or a loved one. Registration is underway. **NENA980** *This program is brought to you courtesy of the Public Libraries in the Town of Huntington.*

Cranberry Ricotta Cake

Friday, January 15, 11:00 a.m.

Join The Baking Coach and learn how to make a cranberry ricotta cake. This wonderful dessert is a cross between a pound cake and a cheesecake and is super delicious! Recipe for a 9-inch round tin will be provided. Registration is underway. **NENA982**



FOR ADULTS

Print copies of the books will be available for pick up at the Northport building Circulation Desk, or you may access a copy of the ebook or audiobook on the library Downloads page: www.nenpl.org/downloads/index.php

Book Groups

Between the Lines



Tuesday, January 19, 7:00 p.m. Join Librarians Connor McCormack and Meagan White for a discussion of The Midnight Library by Matt Haig. Registration begins January 2. NENR290

Page Turners

Thursday, January 21, 2:00 p.m. Join Page Turners leader Donna Diamond to discuss Eventide by Kent Haruf. Registration begins January 2. NENA981

Novel Ideas

Monday, January 25, 7:00 p.m. Join Librarian Candace Reeder to discuss This Is How It Always Is by Laurie Frankel. Registration begins January 2. **NENA986**

Cinema at the Library: Sorry We Missed You



Wednesday, January 20, 6:30 p.m. Join Cinema Arts Centre co-director Dylan Skolnick to discuss Sorry We

Missed You. Hoping that self-employment through the gig economy will solve their financial woes, a struggling delivery driver and his family end up trapped in a vicious cycle of labor exploitation. Before the discussion you may view the film using Kanopy.

Visit the Downloads page on the library website for instructions: www.nenpl.org/downloads/index.php DVD and Blu-ray versions of the film are also available.

Registration begins January 6. NENR291

Adult Mental Health First Aid

Monday, January 25, 5:00-9:00 p.m.

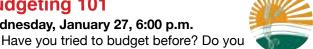
The Gardens of Downton Abbey

Wednesday, January 20, 1:00 p.m.

Come to the grounds of Highclere Castle, the setting location of the BBC series. The Highclere gardens owe much of their inspiration to Capability Brown, the famous 18th century landscape designer. Learn how to recognize Brown's design features in the English landscape garden. Master Gardener Roxanne Zimmer will be your quide. Registration is underway. NENA983

Budgeting 101

Wednesday, January 27, 6:00 p.m.



have a good idea of where your money is going? Join us for this workshop where you will learn simple, reasonable, and effective strategies that may help you manage your finances. Presented by Long Island Cares, Inc. Registration is underway. NENA987

Parallel Perspectives: The Brush/Lens Collaboration

Wednesday, February 3, 7:00 p.m.



Parallel Perspectives: The Brush/ Lens Collaboration by artists/authors Holly Gordon from Bay Shore and Ward Hooper from Northport, is a glorious celebration of Long Island. Join us and share their inspirational and creative

journey. The book is available to check out at the Library. Registration is underway. NENA988

Dragon Noodles with Chicken and Vegetables

Friday, February 5, 6:30 p.m.

Celebrate the Chinese New Year with Simply Creative Chef Bob Scott! He will demonstrate how to prepare a delicious dish: dragon noodles with chicken and vegetables in a light Asian sauce. The recipe will be provided. Registration is underway. NENA989



Mental Health First Aid teaches you how to identify, understand, and respond to signs of mental illness and substance use disorders. This training is available for adults (18 years and older) to learn how to provide initial help and support to someone who may be experiencing a mental health-related crisis.

Step One: First Aiders will receive log in details approximately one week prior for a 2-hour, self-paced class (to be completed before January 21).

Step Two: Participants will then attend a 4-hour, instructor-led Zoom session on January 25. You must complete both steps to receive a certificate.

Registration begins December 28. NENR289

This program is led by Central Nassau Guidance & Counseling Services and cosponsored by the Northport-East Northport Community Drug and Alcohol Task Force.

FOR ADULTS



Medicare Counseling (by phone)

Wednesday, January 13 NENA984 Tuesday, January 19 NENA985 10:00, 10:30, 11:00, or 11:30 a.m.

A volunteer from the Health Insurance Information Counseling Assistance Program (HIICAP) will answer your questions about Medicare and supplementary insurance in a one-on-one phone consultation. Registration is underway.

Language Learning & Literacy

Pronunciation Practice

Mondays, January 4, 11, 25, February 1, 8, 22, 5:00 p.m.

Develop your English pronunciation skills with a certified Speech Language Pathologist and Accent Modification Trainer. You will learn how to use Standard American English sounds and strategies that will help you to get your point across. Registration is underway. **NENR286**

Dynamic English

Thursdays, January 7, 14, 21, 28, February 4, 11, 25, 7:00 p.m.

Develop your English vocabulary, grammar, reading, and pronunciation with this friendly English conversation group. Registration is underway. **NENR287**

Let's Learn English

Fridays, January 8, 15, 22, 29, February 5, 12, 26, 2:00 p.m.

In this fun interactive program you will learn Basic English vocabulary, pronunciation, conversation, and reading and writing skills in collaboration with Literacy Suffolk. New students may apply through Literacy Suffolk and be matched with a personal tutor to help them on their English language journey. Registration is underway. Call 631-261-2313, ext 210, to register.

Everyday Spanish

Tuesdays, January 5, 12, 19, 26, February 2, 9, 23, 4:00 p.m.

Spanish conversation with a focus on building listening skills, improving comprehension, and mastering key vocabulary to help you start conversing in Spanish immediately. Please note: this is not a traditional leveled Spanish language class. Registration is underway. Space is limited. NENR288

Computer Classes

via 🛞 GoToMeeting

Computers for Home Use: Microsoft Excel

Thursday, January 7, 7:00 p.m.



Learn how to use Microsoft Excel to manage your personal finances. Create a check register and format it for bank reconciliation, track investments and expenses, and create a simple database. Basic knowledge of Excel is required. Registration is underway. NENC401

Audiobooks and Ebooks Online

Tuesday, January 12, 7:00 p.m.

Learn how to download and use audiobooks and ebooks from the library's website. Demonstrations will include username and password creation, manuevering the website, finding and downloading the items, and more. Registration is underway. NENC402

Computers for Home Use: Microsoft Word

Thursday, January 14, 7:00 p.m.

Learn how to compose a letter, make a flyer,



and create a newsletter using Microsoft Word. See how to edit and format text and documents, manipulate graphics, and other valuable features. Registration is underway. **NENC403**

Introduction to the iPad and iPhone

Thursday, January 21, 7:00 p.m.

Learn all about your device's hardware, settings, and operating system. See how to access the Internet and email, use basic apps, and more. Registration is underway. NENC404

Windows Computer **Cleanup and Security**

Thursday, January 28, 7:00 p.m.

Learn how to clean up and speed up your Windows computer, protect it from viruses and spyware, minimize junk email, and more. For intermediate computer users. Registration is underway. NENC405

To find out if the Library is closed due to inclement weather:

Call either library building for a recorded message:

(N) 631-261-6930 · (EN) 631-261-2313 or check the library website: www.nenpl.org

FOR TEENS

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Registration for the following Teen Programs begins January 4.

Paper Orb

Tuesday, January 12, 7:00–7:45 p.m.

Make a simple paper orb that folds from just one piece of photo paper. Have markers handy to decorate it. The paper orb templates may be picked up at the Northport building Teen Center upon registration. **NENY783**

Cinnamon Rolls

Saturday, January 23, 11:00 a.m.-12:00 p.m.

The Baking Coach will demonstrate how to make yummy cinnamon rolls from scratch. The recipe will be emailed to participants upon registration. **NENY785**

Dungeons and Dragons

Saturday, February 6, 2:00-4:00 p.m.

Do you love tabletop RPGs, or are you looking to learn the basics of Dungeons & Dragons? Come join your friends virtually in this fun D & D quest. **NENY784**

Take and Make Kits

Registration and pickup begins January 4. All kits are to be picked up at the Northport building Teen Center. Your registration will be canceled if your kit is not picked up by January 25.

Mini Zen Garden

Relax and make a mini Zen garden. **NENY786**





Mod Podge Bangle Bracelet

Using washi paper, Mod Podge, and a wooden bangle, create your own unique design. **NENY787**

Paracord Compass Keychain

Weave your own keychain. NENY788



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Registration for the following Teen Volunteer Opportunities begins January 4. Open to students in grades 7–12

Teen Advisory Board: Social Media and Its Influence On Your Daily Life

Tuesday, January 19, 7:00-8:00 p.m.

Join Healthy Excited Youth (HEY!) for a workshop on social media. The program will discuss the various social media platforms and how they affect your life. Participation will be greatly encouraged by the workshop leader. One hour of volunteer time will be awarded. **NENY789**

Disaster Master

Be prepared for the unexpected. Visit <u>ready.gov</u> to participate in the Disaster Master Game and test your know-how in a wide range of emergencies, then do the Build a Kit Game to learn how to assemble a proper emergency kit.

Once you have completed both games, compile a list of all six passwords that you obtained at the end of each level in Disaster Master Game, and a list of the items that you collected in the store in level 5 of the Build a Kit Game. Email your lists to **teenvolunteer@ nenpl.org** by January 31. Two hours of volunteer time will be awarded. **NENY790**

Reason2Smile Recycled Paper Beaded Bracelet Program

Want to take part in an activity that is not only fun but promotes social action and awareness? Join in this recycled paper beading project that supports Reason2Smile (R2S). R2S is



a registered non-profit organization in New York that helps support the Jambo Jipya School and Children's Home in Mtwapa, Kenya. Upon making a bracelet, please email a picture of your creation to **teenvolunteer@nenpl.org** by January 31. One hour of volunteer time will be awarded. **NENY791**

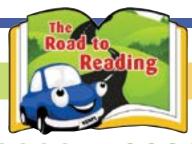
Bracelet kits are to be picked up at the Northport building Teen Center upon registration. Your registration will be canceled if your kit is not picked up by January 25.

FOR CHILDREN

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at (631) 261-6930 or (631) 261-2313.

Come join us on . . .



the Road to Reading!

Time for Tots

Choose one or more of the following sessions: Tuesday, January 12, 10:00 a.m. NENJ182 Tuesday, January 19, 10:00 a.m. NENJ183 Tuesday, January 26, 10:00 a.m. NENJ184 Children 2–5 years with adult; siblings welcome

This fun and fast-paced preschool program includes music, movement, and storytelling. Children will participate in various activities with items from home to help develop fine motor skills. *Registrants will be emailed a link to the Zoom meeting.* (30 min.) Registration is underway.

Portuguese Pajama Storytime

Tuesday, January 12, 7:00 p.m.

Children birth–5 years with adult

Have you ever wondered how to say "turnip" in Portuguese? Well, you need not wait any longer! Join us for an evening of bilingual fun as we celebrate language with books, song, and dance. *Registrants will be emailed a link to the Zoom meeting.* (30 min.) Registration is underway. NENJ185

Storytime Virtual Tidbits

Choose one or more of the following sessions: Friday, January 15, 10:00 a.m. NENJ186 Friday, January 22, 10:00 a.m. NENJ187 Friday, January 29, 10:00 a.m. NENJ188 Children birth–5 years with adult; siblings welcome

This quick splash of great books, fingerplays, and songs—specially selected by our Librarians will add a little fun to your Fridays. Participate live via Zoom at 10:00 a.m. Friday, or watch the video anytime through Sunday night. *Registrants will be emailed a link to the live Zoom meeting as well as a link for additional viewings.* (20 min.) Registration is underway.

Sing and Play

Choose one or more of the following sessions: Monday, January 25, 11:00 a.m. NENJ189 Monday, February 1, 11:00 a.m. NENJ190 Monday, February 8, 11:00 a.m. NENJ191

Children birth–5 years with adult; siblings welcome Sing and dance along to a variety of music with Molly Mouse. **Registrants will be emailed a link to the Zoom meeting.** (30 min.) Registration is

underway.

Signing Stories

Thursday, January 28, 10:00 a.m.

Children birth–5 years with adult; siblings welcome Children will get an introduction to sign language in this fun and interactive program that will enhance their developing communication skills. *Registrants will be emailed a link to the Zoom meeting.*(30 min.) Registration is underway. NENJ192



License to Read Kit

Children 1–5 years

Help us welcome our new Road to Reading logo with a special packet for your budding reader. The packet includes a "driver's" license, a traffic sign scavenger hunt, a make your own street craft, a set of keys, and more. Available now; no registration required.

FOR CHILDREN



with the BenAnna Band

Video available to registrants through January 17 Children birth–5 years with adult; siblings welcome The BenAnna Band ushers in the season with winter classics and some new favorites. This prerecorded video will be available for families to enjoy over and over. **Registrants will be emailed a link to** watch the video at the time of their choosing.

(30 min.) Registration is underway. NENJ172

Take 'n Make Snow Globes

Kits available to registrants beginning Monday, January 4

Children in grades K-5

Design a scene of your choice, fill the globe with water, shake, then watch glitter "snow" fall all around your creation. Instructions, decorating ideas, and a link to a step-by-step demonstration video are included. *Please include your preference for pickup location (Northport or East Northport building) with your registration.* Registration is underway. NENJ198

Animals Alive!

Saturday, January 9, 11:00 a.m.

Children 4 years and up with adult; siblings welcome



Calling all animal lovers! This fact-filled program will feature an educator from the Alley Pond Environmental Center. Participants will meet some of their resident animals, including a chinchilla and a salamander. **Registrants will be emailed a link to the**

Zoom meeting. (45 min.) Registration is underway. NENJ193

Adventures in Art: Self Portraits with Frida Kahlo

Wednesday, January 13, 7:00 p.m.

Children in grades K–5

Explore the work of Mexican artist Frida Kahlo, then create your own self-portrait inspired by what you learn. Join the class live via Zoom, or watch a recording of the class at the time of your choosing. **Registrants will be emailed a link to the live Zoom meeting and a link to watch the recording through February 13.** (45 min.) Registration is underway. NENJ194

Zoom into the Ice Age

Thursday, January 14, 4:00 p.m. *Children 5 years and up*



Discover fascinating facts about the Ice Age while observing fossils of animals that lived during that time period. See a real skeleton of an American mastodon found in upstate New York. *Registrants will be emailed a link to the Zoom meeting.* (45 min.) Registration is underway. NENJ195

Take 'n Make Puzzle Kit

Kits available to registrants beginning Tuesday, January 19

Children 5 years and up

National Puzzle Day is January 29! Celebrate by making your very own puzzle and decorating a storage box for it. *Please include your preference for pickup location (Northport or East Northport building) with your registration.* Registration is underway. NENJ196

Paws to Read

Thursday, January 21, 6:30 p.m. *Children in grades 1–5 with adult*



Grab a book and Zoom with a certified therapy dog. Readers can practice their skills in a safe and nonjudgmental environment. Children must be accompanied by an adult. Please select a 10-minute time slot when registering. *Registrants will be emailed a link to the Zoom meeting.* (10 min.) Registration is underway. NENJ197

Take 'n Make Simple Sew Snowman

Kits available to registrants beginning Monday, January 25

Children in grades K-5

Have fun creating this 4" x 5" friendly snowman banner. The kit contains felt pieces with pre-punched holes for easy stitching,



buttons, embroidery floss, a safety sewing needle, and instructions. *Please include your preference for pickup location (Northport or East Northport building) with your registration.* Registration is underway. NENJ199



The Children's Librarians have recorded a special reading of the classic story, *The Mitten*. Celebrate the season with us by viewing the video on the library's YouTube channel:

www.youtube.com/nenplibrary

FOR CHILDREN

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Design a Bookmark Contest

January 2 - February 8

Children in grades K-5 are invited to submit their original designs for our Annual Design a Bookmark Contest. Entry guidelines and forms are available in the Children's Room. Twelve winning designs will be selected to decorate monthly bookmarks for the upcoming year. The deadline for entries is February 8. Winners will be announced in the April Newsletter.



Library Winter Bingo on **READsquared**

January 11 through February 28 Children birth–grade 5

Warm up your winter with some fun family activities! Complete the tasks on our Winter Bingo Board and earn a prize when you get five in a row. Prizes will be awarded for up to five bingos-fill the entire card and receive a bonus prize!

To participate, create a READsquared account at nenplny12.readsquared.com or download the READsquared app. Visit the Children's page on the library website for more information.



Stop by the Children's Room in either building any day during your birthday month to pick up your birthday bag craft and decoration kit. It's fun for kids of all ages and a special way to celebrate your birthday with the Library. Be sure to tag us @nenpl or #nenplbirthday to show off your completed crafts for everyone to see.

January 2021 Bookmark by Hunter Tedesco 0 Hop on our colorful hopscotch rug to reach a Children's Librarian for a great book recommendation!

CELEBRATE MARTIN LUTHER KING IR. DAY JANUARY 18



Check out one of these suggested titles and learn more about Martin Luther King Jr. and the Civil Rights Movement.





LIBRARY HOURS 9 to 9 Monday thru Friday

LIBRARY TRUSTEES

Elizabeth McGrail Jacqueline Elsas Judith Bensimon

Margaret Hartough, Chairperson Georganne White, Vice Chairperson

9 to 5 Saturday **Closed Sundays**

151 Laurel Avenue Northport, NY 11768 631.261.6930

185 Larkfield Road East Northport, NY 11731 631.261.2313



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website: www.nenpl.org contact: library@nenpl.org

* * * ECRWSS * * * **RESIDENTIAL CUSTOMER** EAST NORTHPORT, NY 11731



LIBRARY DIRECTOR: James Olney ASSISTANT DIRECTOR: Nancy Morcerf BRANCH LIBRARIAN: Candace Reeder

Board Meeting: (N) January 21, 10:00 a.m.

EDITOR: Janet Naideau ©2021 All rights reserved.

Adult Winter Reading Club January 11 - March 12, 2021

How do I Participate?

- · Choose a book. Any format will do-print, ebook, or audiobook.
- · Fill out a "Winter Reading Club" form, which includes the
- book title, author, and a brief review or comment from you about the book.
- Submit your "Winter Reading Club" form in person at the library or online.
- · Each form you submit entitles you to one raffle ticket.
- When the Winter Reading Club ends, a drawing will be held for a Grand Prize.

How do I Get Started?

Beginning January 11, visit the Reference Desk at either library building to pick up your "Winter Reading Club" form(s), or access the forms online, and start reading. The more books you read, the more chances you have to win!

Free Federal and State Income Tax Preparation

Read a Book!

AARP Tax-Aide is a free tax preparation service helping low and mi income taxpayers, with special attention to those 60 years and service is administered by the AARP Foundation.

Winter Reading

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Join the

This year your documents will be scanned at and given back to you. Your return will be AX-AIDE ed return will either be emailed to consultation needed to preyour approval, the ca

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CANCE - completat the Library. Any andled by phone. Upon med with the IRS and NYS.

Intake/Interview & Quality Review Sheet avance of the scanning appointment. Additiona detailed listing of what documents to bring to the

anned. All scanning appointments and pickups will be at the ouilding only.

Registration for all February scanning appointments begins January 15. Fridays, February 5, 12, 19, 26, 9:00, 9:30, 10:00, 10:30, 11:00, 11:30 a.m., 12:00, 12:30 p.m. **NENA993** 20

Gallery Exhibits

Northport: "A Touch of Whimsy" by Marilyn Barker



Ms. Barker's love of color and whimsv is reflected in her artwork. She has displayed at local libraries and is a member of The Firefly Gallery in Northport Village.

East Northport: "Charcoal Art: A Detailed Perspective" by Steve Walker

Charcoal pencils with a splash of chalk for pastel color. Inspired mostly by LI landmarks, architecture, structures, and scenes.



open to all Northport-East Northport

Public Library cardholders,

18 or older