

FOR ADULTS

ALL ADULT PROGRAMS WILL BE VIRTUAL FOR THE MONTH OF NOVEMBER and offered through Zoom unless otherwise indicated. Please register on the library website, www.nenpl.org, using your library card barcode and password. Registration and a valid email address are required to receive log in information. Log in information will be emailed to registrants before the start of the program. If you have questions or need assistance with registration, please contact the Library at (631) 261-6930 or (631) 261-2313.

#### **Chair Dance**—**Fitness**

Tuesdays, November 3, 10, 17, 24, 10:00 a.m.

This fun, spirited class is designed for anyone, 18 years and older, who wants to dance and exercise from the safety of a chair. You will move to exciting rhythms and World Music and get a full body workout. Have a water bottle on hand and get ready to boogie! *Note: Participant accepts any potential injury associated with this class by proceeding through the Zoom link or entering using Meeting ID. As with all exercise programs, please check with your healthcare provider before registering. Registration is underway. Space is limited. NENA949* 

### 10 Warning Signs of Alzheimer's Disease

## alzheimer's R association

#### Thursday, November 5, 3:00 p.m.

Alzheimer's and other dementias cause memory, thinking, and behavior problems that interfere with daily living. Join us to learn: how to recognize common signs of the disease; how to approach someone about memory concerns; the importance of early detection and benefits of a diagnosis; possible tests and assessments for the diagnostic process; and Alzheimer's Association resources. Registration is underway. **NENA959** 

### Medicare Counseling (by phone)

Tuesday, November 17 NENA957 Wednesday, November 18 NENA958 10:00, 10:30, 11:00, or 11:30 a.m.

A volunteer from the Health Insurance Information Counseling Assistance Program (HIICAP) will answer your questions about Medicare and supplementary insurance in a one-on-one phone consultation. Registration begins November 2.

## Falls Prevention: Leaves Fall, People Shouldn't!

Tuesday, November 10, 3:00 p.m.

Fall injuries are more common than strokes and can result in health problems that are just as serious. Falls are the number one reason older adults lose their independence. Join Lori Ginsberg, RN, MA, from Northwell Health for this comprehensive talk on steps you can take to improve balance and strength and help prevent falls. Registration begins November 2. **NENA960** This program brought to you courtesy of your Town of Huntington Public Libraries.

## Do-ing Music Classical Music Series: *Canta Libre* Chamber Ensemble

#### Friday, November 13, 7:00 p.m.

Join *Canta Libre* Chamber Ensemble in a concert of live and new virtually-recorded music, featuring the beautiful artwork that inspired each piece. This exciting concert will showcase performances from locals up and down the eastern seaboard and will be hosted by the brilliant musician, technological genius, and charming emcee Brian Hevron-Smith. Registration begins November 2. **NENA961** 



#### The 2020 Elections:

## The Most Important of Our Lifetime?

#### Monday, November 16, 1:00 p.m.

Join Michael D'Innocenzo, Distinguished Professor Emeritus of History at Hofstra University, for a virtual post-election discussion, including Q & A. All views are welcome. Registration begins November 2. **NENA962** 

## FOR ADULTS

## Wild Long Island

#### Wednesday, November 18, 7:00 p.m.

Through beautiful photography and video clips, Chris the "Fish Guy" will explore the fascinating wildlife that can be found on the land, in the air, and in the waters of Long Island. Registration begins November 2. **NENA963** 

## Cinema at the Library: The Trial

#### Thursday, November 19, 6:30 p.m.

Join Cinema Arts Centre co-director Dylan Skolnick to discuss the classic film *The Trial*. In the film, an unassuming office worker, played by Anthony Perkins, is arrested and stands trial, but he is never aware of his charges. Orson Welles claims that it is "the best film I have ever made." Before the discussion you may view the film using Kanopy (*The Trial* is only available through streaming.) Please visit the Downloads page on the library website for instructions:<u>www.nenpl.org/ downloads/index.php</u>. Registration begins November 5. **NENR285** 

## **Diagnosing Hazard Trees**

#### Monday, November 23, 7:00 p.m.

Participants will learn how to scout and judge hazard trees on their properties, understand conditions and practices that can lead to hazard trees, and become informed about integrated pest management and best practices that can prevent trees from having problems that require their removal. Registration begins November 2. **NENA964** 

> Language Learning & Literacy

## **Pronunciation Practice!**

## Mondays, November 9, 16, 23, 30, December 7, 14, 5:00 p.m.

Develop your English pronunciation skills with a certified Speech Language Pathologist and Accent Modification Trainer. You will learn how to use Standard American English sounds and strategies that will help you to get your point across. Come practice with members of your community so that communication becomes smooth and easy. Registration begins October 26. **NENR280** 

## **Dynamic English**

## Thursdays, November 5, 12, 19, December 3, 17, 7:00 p.m.

Develop your English vocabulary, grammar, reading, and pronunciation with this friendly English conversation group. Registration begins October 26. **NENR281** 





## Book Groups

## Short Story Central

**Tuesday, November 3, 7:00 p.m.** We will be discussing selections from *The High Places* by Fiona McFarlane. Stories are available for pick up at the Northport building Circulation Desk. Registration is underway. **NENR272** 

## Page Turners: Book Discussion

Thursday, November 12, 2:00 p.m. Join Page Turners leader Donna Diamond to discuss *Daughter of Moloka'i* by Alan Brennert. Print copies of the book will be available for pickup at the Northport building Circulation Desk, or you may reserve a copy of the ebook or audiobook on the library Downloads page: <u>www.nenpl.org/</u> <u>downloads/index.php</u>. Registration begins November 2. **NENA965** 

## **Novel Ideas: Book Discussion**

Monday, November 30, 7:00 p.m.



Join Librarian Candace Reeder to discuss *The Dutch House* by Ann Patchett. Print copies of the book will be available for pickup at the Northport building Circulation Desk, or you may reserve a copy of the ebook or audiobook on the library Downloads page: <u>www.nenpl.org/downloads/index.php</u>. Registration begins November 2. **NENA966** 

## Let's Learn English

## Fridays, November 6, 13, 20, December 4, 11, 18,

**2:00 p.m.** In this fun, interactive beginners' program you will learn Basic English vocabulary, pronunciation, conversation, and reading and writing skills in collaboration with Literacy Suffolk. New students can apply through Literacy Suffolk and be matched with a personal tutor to help you on your English language journey.

Registration is underway. Call 631-261-2313 ext 210 to register.

## **Everyday Spanish**

#### Tuesdays, November 10, 17, 24, December 1, 8, 15, 22, 4:00 p.m.

Spanish conversation with a focus on building listening skills, improving comprehension, and mastering key vocabulary to help you start conversing in Spanish immediately. Please note: this is not a traditional leveled Spanish language class. Registration begins October 26. **NENR282** 

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## FOR ADULTS

## **Adult Mental Health First Aid**

#### Thursday, November 19, 5:00–9:00 p.m.

Mental Health First Aid teaches you how to identify, understand, and respond to signs of mental illness and substance use disorders. This training is available for adults (18 years and older) to learn how to provide initial help and support to someone who may be experiencing a mental health-related crisis.

First Aiders will receive log in details approximately one week prior for a 2-hour, self-paced class (to be completed before November 19). Then participants will attend a 4-hour, instructor-led Zoom session on November 19. You must complete both parts to receive a certificate. Registration begins October 26. **NENR279** 

This program is led by Central Nassau Guidance & Counseling Services and cosponsored by the Northport East Northport Community Drug and Alcohol Task Force.

## **Career Classes**



Monday, November 9, 7:00 p.m.

**Online Job Search** 

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Former personnel and recruiting managers Stephanie Ragolia and Libby Yoskowitz will teach you how to build a resume and write a cover letter for your online job search. This presentation is ideal for recent college graduates as well as mid-level and more seasoned professionals who are planning a career move. Registration begins October 26. **NENR275** 

# SCORE //

## SCORE Small Business Workshops

SCORE (Service Corps of Retired Executives) Workshops are for existing as well as new businesses. Registration begins November 18 for all workshops listed below.

## **Creating a Marketing Plan**

#### Wednesday, December 2, 7:00 p.m.

Learn how to develop a marketing plan, perform market research, track results, and more. **NENR277** 

## Creating an Email Strategy

#### Monday, December 7, 7:00 p.m.

Learn what email marketing is and what it can do for your business by creating and customizing contact lists, templates, content, and more. **NENR283** 

## Creating a Social Media Strategy

Thursday, December 17, 7:00 p.m.

Discuss social media networking, which platforms to use, the benefits for marketing, how to create content, and more. **NENR284** 

## **Computer Classes**

via 🛞 GoToMeeting

## How to Buy Technology

#### Wednesday, November 4, 7:00 p.m.

Laptops, iPads, smartphones, smart watches, printers, tablets—which ones should you buy? Learn about the considerations before buying, components of an informed purchase, finding product evaluations, and shopping online for bargains. Registration is underway. **NENC372** 

## **Create Holiday Greeting Cards**

#### Thursday, November 12, 2:00 p.m.

Learn how to copy a photo from your digital camera or smartphone, edit the photo, and create a greeting card with speciality fonts, graphics, WordArt, and more. For intermediate computer users. Registration is underway. **NENC374** 

# Introduction to the iCloud for iPad and iPhone

#### Tuesday, November 17, 7:00 p.m.

Learn how to save, share, sync, and access your files and pictures on your iPad, iPhone, and computer using iCloud. For intermediate computer users. Registration is underway. **NENC375** 

## **All About Streaming Services**

#### Tuesday, December 1, 7:00 p.m.

There are ways to access TV and movies other than using a cable provider. In this class you will learn about Internet-based streaming and the services available from various providers, including the Library. Registration is underway. **NENC386** 

## Email Newsletters from the Library!

Get the scoop on the latest bestseller lists, new books, reading recommendations, computers and technology, and other topics. You can request books or audiobooks directly from the email newsletters with just a click. The Library sends emails throughout the month on many subjects of interest. Select the email alerts that interest you. Visit <u>www.nenpl.org/</u> <u>newsletters</u> and sign up today!



## FOR TEENS

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at (631) 261-6930 or (631) 261-2313.

## **Apple Brownies**

#### Tuesday, November 10, 7:00-8:00 p.m.

Make a pan of delicious apple brownies. Be sure to have vanilla ice cream on hand for when they come out of the oven! Upon registration, participants will receive a supply list. Registration is underway. **NENY758** 

## Registration for the following Teen Programs begins November 2.

## **Teen Sign Language Basics**

Mondays, November 9, 16, 23, 30, 7:00–7:45 p.m. A certified signing instructor will teach the basics of American Sign Language from introductory signs to finger spelling. No previous experience necessary. NENY764

## Return of the Campfire Stories Marathon!

#### Friday, November 13, 7:00-9:00 p.m.



Cozy up to your screens with a cup of cocoa, because it is the Return of the Campfire Stories Marathon! 'Tis the season for spooky stories and a laugh or two, told and experienced by you! Share something scary, funny, or heartwarming with teens from

area libraries. NENY766

## **Pizza Made Easy**



#### Tuesday, November 17, 4:00-5:00 p.m.

Gather up your cooking supplies and let the Baking Coach demonstrate how to make pizza! Upon registration, participants will receive a supply list. **NENY767** 

## **Socrates Café**

#### *Open to students in grades 7–12* Wednesday, November 18, 7:00–8:00 p.m.

Our philosophy club is a great opportunity to delve into life's big questions in an enthusiastic atmosphere of free thinking, energetic exchange, and unique perspectives. **NENY769** 

## **Teen Writers Group**



Open to students in grades 8–12 Friday, November 20, 7:00–8:30 p.m. Do you love to write? Join fellow

writers to discuss your ideas and get feedback on your work. New members are always welcome. **NENY768** 



## Take and Make: Coloring Sheet

Pick up colored pencils and an oversized coloring sheet in either Teen Center upon registration. (Please indicate which library building when you register.) **NENY770** 

> Registration for the following Teen Volunteer Opportunities begins November 2. Open to students in grades 7–12



## Teen Advisory Board: 🧏

### **Conservation and Citizen Science**

Wednesday, November 4, 7:00–8:00 p.m.

Join the Center for Environmental Education and Discovery to virtually meet animal ambassadors and explore the nature of science and making connections. **NENY765** 

## **Letters to Active Military Members**

Join libraries countywide as we honor our military service organizations and write letters to deployed personnel. Pick up your letter kits in either Teen Center upon registration (please indicate which library building when your register). Registrants will receive an email indicating where they should send their letters. Three letters equal one hour of community service. Take a photo of your letters upon completion and email the photo to the Library at: **teenvolunteer@ nenpl.org**. A maximum of two hours can be earned for this opportunity. All submissions are due by November 30. **NENY771** 

## **Shopping Tote for Veterans**

Pick up a patriotic shopping tote in either of the Teen Centers (please indicate which library building when you register), decorate it, and then gift it to your favorite veteran. Take a photo of the tote bag upon completion and email the photo to the Library at: **teenvolunteer@ nenpl.org**. One hour of volunteer time will be awarded. All submissions are due by November 30. **NENY772** 



## FOR CHILDREN

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Registration for the following Road to Reading programs is underway. Individual registration is required for each session of the series programs.

## **Babies Boogie/Toddlers Tango**

Choose one or more of the following sessions: November 4–17 NENJ132 November 18–December 1 NENJ138 December 2–15 NENJ139 Children 6 months–4 years with adult;

siblings welcome

Clap your hands and stomp your feet in this high energy music and movement program for your little ones. *Registrants will be emailed a link to watch the video at the time of their choosing. The link will only be active during the dates listed above.* (30 min.)

## **Signing Stories**

Choose one or more of the following sessions: Thursday, November 5, 9:15 a.m. NENJ140 Thursday, November 12, 9:15 a.m. NENJ141 Thursday, November 19, 9:15 a.m. NENJ142 Children birth–5 years with adult; siblings welcome

Children will get an introduction to sign language in this fun and interactive program that will help enhance their developing communication skills. **Registrants will be emailed a link to the Zoom meeting.** (30 min.)

## **Tots in Action**

Choose one or more of the following sessions: Friday, November 6, 10:00 a.m. NENJ143 Friday, November 13, 10:00 a.m. NENJ144 Friday, November 20, 10:00 a.m. NENJ145 Friday, November 27, 10:00 a.m. NENJ146 Children 18 months–3 years with adult; siblings welcome

Instructors from Amazing Athletes of Long Island break down complex motor skills into fun activities tailored to the developmental needs of toddlers. **Registrants will be emailed a link to the Zoom meeting as well as a materials supply list.** (30 min.)

### **Time for Tots**

Choose one or more of the following sessions: Tuesday, November 10, 10:00 a.m. NENJ147 Tuesday, November 17, 10:00 a.m. NENJ148 Tuesday, November 24, 10:00 a.m. NENJ149 Children 2–5 years with adult; siblings welcome

This fun and fast-paced preschool program includes music, movement, and storytelling. Children will participate in various activities to develop fine motor skills using items found at home. *Registrants will be emailed a link to the Zoom meeting.* (30 min.)

## **Sing and Play**

Choose one or more of the following sessions: Monday, November 16, 11:00 a.m. NENJ150 Monday, November 23, 11:00 a.m. NENJ151 Monday, November 30, 11:00 a.m. NENJ152 Children birth–5 years with adult; siblings welcome

Sing and dance along to a variety of music with Molly Mouse. *Registrants will be emailed a link to the Zoom meeting.* (30 min.)

## Mr. Jon & Friends: Songs and Silliness



Available November 2–30 Children 3–7 years

Join Parent's Choice award-winning recording artist Jon Lewis as he and fellow bandmates make music for kids and their families that inspires fun, laughter, and dancing. *Registrants will be emailed a link to watch the video at the time of their choosing. The link will be active November 2-30 for multiple viewings.* (45 min.) Registration is underway. NENJ153

## **Welcome Home Cookies**

Available November 2-30 Children in grades K-5 A

Follow along with the Baking Coach and learn how to make easy and delicious sugar cookies for all occasions. *Registrants will be emailed a list of ingredients and a link to watch the video at the time of their choosing. The link will be active November 2-30 for multiple viewings.* (20 min.) Registration is underway. NENJ158





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## FOR CHILDREN

## **Snuggles & Cuddles Storytime**

**Tuesday, November 10, 7:00 p.m.** *Children birth–5 years with adult; siblings welcome* 



Get wrapped up in a warm blanket and enjoy storytime from home as we read,

sing, and dance to some of our most favorite classics. *Registrants will be emailed a link to the Zoom meeting.* (30 min.) Registration is underway. NENJ154

## Anything Goes LEGOs: To Go!

**Kits available to registrants Monday, November 16** *Children in grades K-5* 



Pick up a bag of LEGOs to keep and build using our suggested designs or your imagination. Be sure to tag us on Instagram @nenpl and share your cool creations. *Please include your preference for pick up location (Northport or East Northport building) with your* 

registration. Registration is underway. NENJ156

## **Birds of Prey**

**Wednesday, November 18, 4:00 p.m.** *Children in grades K-5* 

An educator from Quogue Wildlife Refuge will introduce participants to their resident raptors and share how they came to live at the Refuge. Learn about the adaptations that allow these animals to be such incredible hunters. *Registrants will be emailed a link to the Zoom meeting.* (50 min.) Registration is underway. NENJ157

## Paws to Read

#### **Thursday, November 19, 6:30 p.m.** *Children in grades 1–5 with adult*

Grab a book and Zoom with a certified therapy dog! Kids can practice their reading in a safe and nonjudgmental environment. Children must be accompanied by an adult. Please select a 10-minute time slot when registering. **Registrants will be emailed a link to the Zoom meeting.** (10 min.) Registration is underway. **NENJ181** 

## **Adventures in Art**

**Videos will continue to be available this month.** *Children in grades K-5* 

Museum educator Tami Wood will help children explore different pieces of famous artwork and inspire the whole family to create their own masterpieces at home. **Registrants will be emailed a link to watch the video at the time of their choosing.** (30 min.) Registration is underway. Choose one or more of the following sessions:

#### **Family Fun**

Travel back in time to meet the Hatch family in the famous portrait by Eastman Johnson. Look for clues to discover their story, then create your own family portrait. **NENJ100** 

#### Through Van Gogh's Window

Discover the story of Van Gogh's iconic landscape *Starry Night*, then create your own window view. NENJ101

#### Inside with Van Gogh

Explore the hidden details in Van Gogh's bedroom and create your own art inspired by your discoveries. NENJ102

#### Selfie Time

Create a self-portrait inspired by the secrets hidden inside Adélaïde Labille-Guiard's famous painting. **NENJ103** 





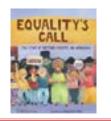


## **Elect to Read a Good Book!**

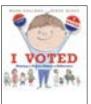
Ask a Librarian for a "vote" sticker when you come in and select from many new fiction and nonfiction titles about the voting process, presidential elections, and the 19th Amendment to the Constitution.











## FOR CHILDREN

November 2020 Bookmark by Sean Triolo





## Happy Narwhaliday!

Observe this new November 18th holiday and celebrate undersea pals Narwhal and Jelly, the characters from the popular graphic novel series by Ben Clanton. Come pick up your special occasion packet which includes: a narwhal tattoo, coloring and puzzle sheets, crafts, jokes, snack ideas, song lyrics, and so much more! Event kits are available in either building beginning November 1.



# Need help on a day you're learning from home?

#### Get FREE online tutoring with your library card!



Live online tutoring is available every day from 10:00 a.m. to 11:00 p.m.

Get help with homework

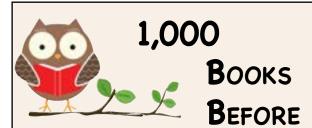
- Submit a question
- Interact with a live tutor

#### Follow these steps. It's so easy to login!



- 1. Visit nenpl.org
- 2. Go to the Children's page
- 3. Click on: Homework Help
- 4. Click on: Live Study Help
- 5. Enter your library card number

For further assistance, give us a call NORTHPORT PUBLIC LIBRARY 631-261-2313



## KINDERGARTEN!

The Northport-East Northport Public Library participates in an exciting and ongoing program that is part of a national initiative: **1,000 Books Before Kindergarten**. The goal of this program is to encourage parents and caregivers to read and share books with their infants, toddlers, and preschoolers. Sharing books with children is enjoyable and promotes a lifelong love of reading.

**1,000 Books Before Kindergarten** is available to all Northport-East Northport Public Library cardholders with children birth through five years (not yet in kindergarten). Please contact the Library for more information, or visit the Early Literacy page on the library website.



Be a very hungry reader. READ your way through every day!





151 Laurel Avenue Northport, NY 11768 631•261•6930

185 Larkfield Road East Northport, NY 11731 631•261•2313 November 2020

Non Profit Organization U.S. Postage Paid Permit #78 East Northport, NY

website: <u>www.nenpl.org</u> contact: library@nenpl.org

> \* \* \* ECRWSS \* \* \* RESIDENTIAL CUSTOMER EAST NORTHPORT, NY 11731

LIBRARY HOURS 9 to 9 Monday thru Friday 9 to 5 Saturday 1-5 Sunday

#### LIBRARY TRUSTEES

Margaret Hartough, Chairperson Georganne White, Vice Chairperson Elizabeth McGrail Jacqueline Elsas Judith Bensimon *Board Meeting: (N) November 19, 10:00 a.m.* 

LIBRARY DIRECTOR: James Olney ASSISTANT DIRECTOR: Nancy Morcerf BRANCH LIBRARIAN: Candace Reeder

**EDITOR:** Janet Naideau ©2020 All rights reserved.



## November is National Alzheimer's Disease Awareness Month



The Library offers this personalized music therapy program designed to enhance the lives of people living with Alzheimer's disease, dementia, and other degenerative neurological conditions. For more information, call the Reference Desk or visit our website at www.nenpl.org

## *Gallery Exhibits* Northport and East Northport



The Library is once again honoring veterans with our special art gallery exhibit showcasing photographs of service members, their military-inspired tattoos, and the unique stories behind them.