The Newsletter of the Northport-East Northport Public Library

FOR ADULTS

Four-Star Library

Library Receives National Recognition for Ninth Year!

For the ninth consecutive year, The Northport-East Northport Public Library has earned a four-star rating in *Library Journal's* 2016 Index of Public Library Service, a national rating system designed to recognize and promote America's public libraries.

The four-star rating is awarded on the basis of four measures of service—patron visits, material circulation, program attendance, and Internet usage. This year, 35 libraries were awarded Star status in New York State, the highest number for any state.



Make Your Life a Blue Zone

(N) Tuesday, January 10, 11:00 a.m.

The Blue Zones are regions on the globe where people live the longest and, decade for decade, have the best health metrics. Dr. Stacey Funt, clinical professor in lifestyle medicine and health coaching at Stony Brook University Medical Center, will explore the common characteristics that these communities share, including diet, exercise, and stress management. Participants will come away with steps that they can take toward creating their own Blue Zones.

Staying Independent for Life

(EN) Wednesday, January 11, 10:00 a.m.

Falls are the leading cause of injury for older adults. Mindy Giambalvo of the Suffolk County Department of Health Services will explain how to build confidence and reduce the probability of falls. Topics include balance and strength training, vision and medication review, and how to keep the home environment safe. Registration is underway. (NENA617)

Open to all

Northport Arts Coalition presents The Feinberg Brothers

(N) Wednesday, January 11, 7:00 p.m.

The Feinberg Brothers, an authentic bluegrass band from Long Island, will entertain you with their tight, soulful harmonies and masterful fiddle, mando-



lin, and guitar playing. Brothers Rourke and Patrick, together with their father Ronnie, have toured extensively throughout the Northeast, playing festivals and country music shows, and will delight you with their unique sound.



Mort Künstler: The New Nation

(N) Friday, January 13, 2:00 p.m.

Enjoy a presentation by The Heckscher Museum of Art on the current exhibition of Mort Künstler's historic paintings. Known as America's Civil War painter, Künstler has devoted his career to the entire swath of American history, and his paintings vividly bring scenes from our iconic past to life. "The New Nation" includes some of the artist's most recent works.

Create a Circle of Life Mandala

(N) Wednesday, January 18, 7:00 p.m.



In this creative and educational workshop, participants will design an expressive circle of life mandala using watercolor, design tools, and colored pencils. Artist, teacher, and creative arts therapist Lauren Singer will guide

you in the process as you relax to meditative music and enjoy inspirational images on display. Registration begins January 3 (NENA618)

Reminder: Scarf, Hat, Mitten & Glove Collection

Drop off your donations at the display table in the lobby of either library building through **January 8**.



Inside: More Programs for Adults, Teens, and Children

FOR ADULTS

Wok 'N Roll: A Chinese New Year **Culinary Celebration**

(N) Thursday, January 19, 12:00 p.m.

Simply Creative Chef Rob Scott will be on hand to prepare a delicious banquet of orzo vegetable salad, coleslaw with roasted peanuts, and barbequed chicken in lettuce cups. Join us in celebrating the Year of the Rooster in culinary style! Nonrefundable \$5 materials fee per person due at the time of registration. Registration begins January 3. (NENA619)

Childhood Concussions

(N) Wednesday, January 25, 7:00 p.m.

Dr. Marjorie Serotoff of Northwell Health will discuss childhood concussions. What is a concussion? What tools are used to make a diagnosis? How are concussions treated? Dr. Serotoff is a board-certified pediatrician in private practice for 32 years and has been involved with concussion management since the NYS concussion law came into effect in 2011. Registration begins January 9. (NENA620)



The Longest War: **Battles Between the Sexes**

(N) Friday, January 27, 10:00 a.m.

Michael D'Innocenzo, Distinguished Professor Emeritus of History at Hofstra University, offers this first installment in a series of monthly discussions. Key themes examining the changing roles of men and women in history and globally will be explored. All attending are welcome to share their views.



Do-ing Music presents Zentripetal String Duo

(N) Friday, January 27, 7:30 p.m.



Labeled "up-and-coming" by Time Out NY and a "dynamic duo" by Classics Today, Zentripetal made its debut in 2006. Longtime collaborators, violinist Lynn Bechtold and cellist Jennifer DeVore, have been performing together

since they were students at the New England Conservatory of Music in Boston. There will be a meet and greet with refreshments after the performance.



Long Island reSound Handbell **Ensemble**

(N) Sunday, January 29, 2:00 p.m.

Founded in 2014, this handbell ensemble from Babylon Village will help ring in the new year by performing a program of popular songs. Ringing on 5 octaves of Whitechapel handbells and 3 octaves of Malmark handchimes, the group will show you what handbells can really do—they are not just for holidays anymore!

Learn to Play Canasta

(N) Mondays, January 30, February 6, 13, 10:00 a.m.

Join instructor Jacqui Palatnik for this beginner/ refresher canasta series. This exciting card game is an oldie but a goodie that was popular in the 1950s and is now making a big comeback. Plan on using your mind and having lots of fun. Come and bring a friend or make new ones! Registration begins on January 9. (NENA621)

Pretzel Nuggets and Honey Mustard

(N) Wednesday, February 1, 7:00 p.m.

Guided by the Baking Coach, you will learn how to prepare a classic snack of pretzel nuggets and honey mustard. This delicious treat is perfect to enjoy during the Big Game, or anytime! Registration begins January 17. (NENA622)

Dried Flower Heart Wreath

(EN) Saturday, February 4, 11:00 a.m.

Come design a beautiful wreath to brighten your winter into spring. Grower/designer Diana Conklin will supply lavender, herbs, hydrangea, and many other brightly colored botanicals to create your unique project. A nonrefundable \$10 materials fee due at the time of registration. Registration begins January 17. (NENA623)



AARP Smart Driver Course

(N) Tuesdays, January 17 & 24, 1:00-4:00 p.m.

Registration begins January 3 at the Northport Library only. (NENA624)

Fee: \$20 for AARP members (\$25 for non-members) payable to AARP by check or money order only at registration.

(EN) Saturday, February 11, 9:30 a.m.-4:00 p.m.

Registration begins January 28 at the East Northport Library only. (NENA625)

Fee: \$20 for AARP members (\$25 for non-members) payable to AARP by check or money order only at registration.

Defensive Driving

(EN) Tuesday, January 3, and Wednesday, January 4, 7:00-10:00 p.m.

Fee: \$36

Applications are currently available at both library buildings.

Please note: These courses promote safe driving and help participants maintain their driving skills. Check with your insurance company about the specific insurance and point reductions available to vou.

FOR ADULTS



All About the iPad and iPhone

(N) Wednesday, January 4, 7:00 p.m.

Learn all about Apple's most popular gadgets. In this class, you will get an introduction to the hardware, learn how to access the Internet and your email, understand the settings, use the apps and learn how to get new apps, and much more. Bring your iPad or iPhone or just come and listen.



Introduction to Windows 10

(EN) Tuesday, January 10, 7:00 p.m.

This hands-on class provides an understanding of the latest version of Windows. Learn how to use the desktop to work with files, folders, and applications. Use the new start menu, help, search, and much more. Prerequisite: basic computer knowledge. Registration is underway. (NENC003)



Introduction to Windows 10

(N) Monday, January 23, 10:00 a.m. See description above.

Registration begins January 9. (NENC206)



(open to Be an eBay Seller

(EN) Tuesday, January 31, 7:00 p.m.

Learn the basics of how to sell online using an eBay seller's account. Topics include setting up an account, item descriptions, attaching pictures, and the costs of selling your items.

Prerequisite: familiarity with eBay.



Introduction to Snapchat

(N) Tuesday, February 7, 7:00 p.m.

Snapchat is a mobile messaging application used to share videos and pictures which cease to exist a few seconds after being viewed. This fun app has become very popular, especially with young people. Learn how to send photos and videos, filter and draw on photos, type, add and ignore friends, and more. Bring your mobile device with the Snapchat app installed, or just come and listen.

Medicare Counseling

(EN) Wednesday, January 11, 10:00 a.m.-12:00 p.m. (NENA626)

(N) Tuesday, January 17, 9:30 a.m.-11:30 a.m. (NENA627)

A volunteer from the Health Insurance Information, Counseling and Assistance Program (HIICAP) will answer questions about Medicare and supplementary insurance. Registration begins January 3.

Career Programs

Interviewing Etiquette & Techniques

(EN) Monday, January 9, 7:30 p.m.

Join Career Counselor Casey Savin to learn tips and tricks to ace your interview and come out as the strongest candidate. Registration is underway. (NENR110)

The Job Search: How to Find Your **Dream Job**

(EN) Wednesday, February 1, 7:00 p.m.

This seminar is designed for job seekers who need updated job placement skills in order to land their dream job. Topics include resumes, references, networking, interviewing, and negotiating your dream job! Registration begins January 18. (NENR111)

Adult Winter Reading Club



January 11- March 11, 2017 open to all Northport-East Northport Public Library cardholders, 18 or older

How Do I Participate?

- · Choose a book. Any format will do-print, eBook, or audiobook.
- Fill out a "Winter Reading Club" form, which includes the book title, author, and a brief review or comment from you about the book.
- Submit your "Winter Reading Club" form at the Reference Desk or online. Each form you submit entitles vou to one raffle ticket.
- When the Winter Reading Club ends, a drawing will be held for a Grand Prize.

How Do I Get Started?

Beginning January 11, visit the Reference Desk at either library building to pick up your "Winter Reading Club" form(s), or access the forms online, and start reading. The more books you read, the more chances you have to win!

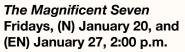
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FOR ADULTS

Friday Movies

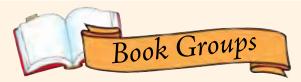
Florence Foster Jenkins Fridays, (N) January 6, and (EN) January 13, 2:00 p.m.

This is the story of Florence Foster Jenkins, a New York heiress who dreamed of becoming an opera singer despite having a terrible singing voice.
Rated PG-13. 111 min.



Seven gunmen in the Old West gradually come together to help defend a poor village against savage thieves. Rated PG-13. 133 min.

Closed captioning will be displayed.



Copies of the books are available at the Northport Library Circulation Desk.

Truth Be Told

(N) Thursday, January 5, 7:00 p.m.

Our nonfiction group will discuss
The Family: Three Journeys into the Heart of
the Twentieth Century by David Laskin.

Page Turners

(N) Thursday, January 12, 2:00 p.m.

The group will discuss *The Nightingale* by Kristin Hannah.

Novel Ideas

(N) Monday, January 30, 7:00 p.m.

The group will discuss *Etta and Otto and Russell and James* by Emma Hooper.



ASKIN



(EN) Wednesday, January 18, 5:00 p.m. New members welcome!

Cinema at the Library

(N) Tuesday, January 24, 6:30 p.m.

Join Huntington's Cinema Arts Centre co-director Dylan Skolnick to discuss *The Light Between Oceans*. This film is about a lighthouse keeper, living off the coast of Australia with his wife, who finds a baby adrift in a rowboat. They rescue and raise the child as their own.





Rated PG-13, 130 min.



Let's Talk English Conversation

(EN) Fridays, January 6 & 20, 7:00 p.m.

Meet new friends and practice your English language conversation in a relaxed and friendly environment.

Open to all

Quick Reads

(EN) Friday, January 27, 7:00 p.m.

This informal reading group is designed for intermediate English language learners. Pick up this month's reading selection at the East Northport Circulation Desk.

ESL for Adults

(EN) Thursdays, February 2, 9, 16, 23, March 2, 9, 16, 23, 7:00 p.m.

This series will continue to help you develop your English reading, writing, speaking, and listening skills. Registration begins January 9. (NENR112)



The Northport-East Northport Public Library is proud to announce a partnership with **Music and Memory**. This personalized music therapy program is designed to enhance the lives of people living with Alzheimer's disease, dementia, and other degenerative neurological diseases. For more information about this innovative program, stop by, call the Adult Reference Desk, or visit **www.nenpl.org**.

FOR TEENS

Registration for Teen Programs and Volunteer Opportunities begins January 4.

Teen Writers Workshop

Open to students in grades 8-12 (N) Friday, January 13, 7:30-8:45 p.m.

Do you love to write? Join fellow writers to discuss your ideas and get feedback on your work. New members are welcome. (NENY949)

Super Smash Saturday!



(N) Saturday, January 14, 2:00-3:30 p.m.

Join your friends in this Super Smash Brothers Wii U Competition. Prizes will be awarded to the

top three players. (NENY945)

Socrates Café

(N) Wednesday, January 18, 7:00-8:00 p.m.

Our philosophy club is a great opportunity for teens to delve into life's Big Questions in an enthusiastic atmosphere of free thinking, energetic exchange, and unique perspectives. Food for thought (refreshments) will be served. Newcomers are always welcome! (NENY950)

Escape the Teen Room

(N) Friday, January 20, 7:00-8:00 p.m.

Participate in a collaborative library clue hunting game with the Huntington Public Library and South Huntington Public Library. (NENY946)

Fun with Fondant

(N) Saturday, January 21, 1:00-2:30 p.m.

Have fun, get creative, and learn how to cover and decorate cupcakes using marshmallow fondant. (NENY947)



Fandom Friday: A Taste of Korea



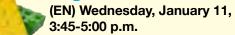
(N) Friday, January 27, 7:00-8:30 p.m.

Come join your fellow fandom friends as we try Korean snacks and explore Korean pop culture! (NENY948)

Teen Volunteer Opportunities Open to students in grades 7-12 You may choose one volunteer opportunity in

addition to Teen Advisory Board.

Lego Volunteers



Volunteers will assist children in grades 1-5 to create Lego projects. (NENY942)

Teen Advisory Board: Project Linus

(N) Thursday, January 12, 7:00-8:30 p.m.

Join us as we make no-sew blankets for Project Linus. Project Linus provides new, handmade, washable blankets to be given as gifts to seriously ill children. (NENY943)

Chess Club Volunteers

(N) Thursday, January 26, 6:45-8:00 p.m.

Earn volunteer credit while you help children learn how to play chess. A basic knowledge of the game is required. (NENY944)

SAT Preparation Workshop

(N) Thursdays, February 2, 9, 16, & March 2, 6:15-8:45 p.m.

Students in grades 10-12

Registration begins Wednesday, January 18. (March 9 will be held as a make-up date if a class needs to be cancelled due to inclement weather.)

Students in grades 10-12 can prepare for the SAT exams with teachers Barbara White and Jay Berger. A non-refundable check for \$114 payable to the Northport-East Northport Public Library must be paid to the Library within 3 days of registration. Your class placement is not complete until payment is received. (NENY951)



Can't make the SAT Workshop? Ask a Librarian about ePrep, an online SAT study program.

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FOR CHILDREN



Registration for the following Road to Reading series programs begins January 5.

(One series program per child please)

Programs for families

Signing with Your Baby

(N) Thursdays, January 19, 26, February 2, 9, 10:00 a.m.

Children 6-23 months with adult; siblings welcome Learn some basic signs with your baby to enhance communication before their language skills develop. This class will include stories, songs, and sign language. (45 min.) (NENJ115)

Sing and Play

(EN) Mondays, January 23, 30, February 6, **10:00** a.m. (NENJ116) or **11:00** a.m. (NENJ117) Children 1-3 years with adult; siblings welcome Sing songs and chant rhymes while using scarves, bells, balls, and hoops that engage children with music and physical activity to reinforce early literacy skills and foster a love of language. (30 min.)

1,2,3, Learn with Me

(N) Tuesdays, January 24, 31, February 7, 14, 10:00 a.m.

Children 1-3 years with adult; siblings welcome Child development experts will be on hand to answer your questions while your children play with age-appropriate toys. This program also includes an open-ended art activity and a circle time with stories and songs. (60 min.) (NENJ118)

Independent program

Preschool Storytime

(EN) Tuesdays, January 24, 31, February 7, 14, 1:00 p.m. (NENJ119) or 4:00 p.m. (NENJ120) Children 4-5 years; independent

Children listen to stories, sing songs and chant rhymes that increase vocabulary and letter knowledge, and participate in hands-on activities to recreate the narrative elements of the stories. (40 min.)

Sensory Fun

(N) Saturday, January 7, 10:00 a.m.

Children 3-6 years with adult: siblings welcome Participate with your child in a storytime followed by a hands-on experience designed to stimulate the senses. (45 min.) Registration is underway. (NENJ114)

Edrop PJ Storytime: **Bundle Up!**

(EN) Tuesday, January 10, 7:00 p.m. Children birth-5 years with adult: siblinas welcome

Enjoy lots of music and movement in this active family storytime about keeping warm in winter. (30 min.)



Anything Goes Legos

(EN) Wednesday, January 11, 4:00 p.m.

Children in grades 1-5

Use the Library's Legos to build your own creation that will go on display in the Children's Room. (45 min.)



Sensory Friendly Film: The Little Prince

(N) Sunday, January 15, 2:00 p.m.

Suggested for children 8 years and up with adult; siblings welcome

The lights are up, the sound is down, and kids are free to move around. Come see the 2015 animated feature based on the children's book classic written right here in Northport by Antoine de Saint-Exupéry. Rated PG. (108 min.)



Newbery Club: Mock Election

(N) Tuesday, January 17, 7:00 p.m.

Children in grades 4 and up

Members of the Newbery Club have been busy reading books published in 2016. Join us for our 11th Annual Mock Newbery Election. The ballot of books under consideration is available on the Newbery Book Club webpage at: www.nenpl.org. Come to the election prepared to defend your favorite books or just to hear about great new books. (75 min.)

Story Parade

(N) Wednesdays, January 18, 25, February 1, 8, 4:00 p.m.

Children in grades K-2

A creative, hands-on activity enhances this storytime that introduces school-age children to a wide variety of literature including fantasy, humor, and folklore. (45 min.) Registration begins January 5. (NENJ125)

FOR CHILDREN



Moms' Group at the Library

(EN) Wednesdays, January 18, 25, February 1, 8, 15, 10:00 a.m.

> Children birth-3 years with mother; siblings welcome

This is a weekly discussion for moms and their children. Part of Mom-mentum, a national association of mothers' centers and led by a trained facilitator, this program will introduce various topics and activities that celebrate and explore motherhood while your children play with toys beside you. (90 min.) Registration begins January 5. (NENJ126)



Books a Poppin'

(EN) Fridays, January 20, 27, 10:00 a.m. (N) Fridays, January 20, 27, 10:00 a.m.

Children birth-5 years with adult

Stop by for this drop-in storytime. We'll read stories, sing songs, share rhymes and fingerplays, and have fun in this interactive program for families. (30 min.)



Paws to Read

(N) Friday, January 20 Children in grades 1-5

Children will practice reading aloud to a certified therapy dog. Select a book from the Library's collection or bring a book from home. Registration begins

6:30-6:45 p.m. (NENJ129) 7:00-7:15 p.m. (NENJ131) **6:45-7:00 p.m.** (NENJ130) **7:15-7:30 p.m.** (NENJ132)



Read with Rita Meade

January 5. Choose one 15-minute session:

(N) Tuesday, January 24, 4:00 p.m.

Children 4 years and up; adults and siblings welcome

Former member of the Northport-East Northport Public Library staff, Librarian Rita Meade will read her new Simon & Schuster picture book Edward Gets Messy. The author will discuss her writing process and journey to publication. Books will be

available for purchase and autographing, and a "messy" art experience will also be provided. (60 min.)



Chess Club

(N) Thursday, January 26, 7:00 p.m.

Children in grades 3-6

Chess teaches children foresight, helps them to expand self-confidence, and sharpens their ability to focus. All skill levels are welcome, but a basic knowledge of the game is required. (45 min.)



Soccer Saturday

(N) Saturday, January 28, 11:00 a.m.

Children 4-7 years

Kids will enjoy playing active games while learning essential soccer skills. All levels of athletic abilities are welcome. (60 min.) Registration begins January 5. (NENJ135)

Parenting Program: Temper Tantrums

(N) Tuesday, January 31, 7:00 p.m.

Although temper tantrums are normal for young children, they can leave parents feeling frustrated and embarrassed. Learn about their cause, what can be done to minimize them, and the best ways to deal with them when they do occur. (90 min.) Registration begins January 5. (NENJ136)

Open for Discussion: Liar & Spy

(EN) Tuesday, February 21, 7:00 p.m.

Children in grades 4-6 with adult Parents and their children will take part in a lively discussion of Newbery Award winning author Rebecca Stead's novel Liar & Spy. Georges moves to Brooklyn and becomes spy partners with his new friend

Safer. When snooping on a mysterious neighbor gets out of hand, Georges begins to wonder what is a lie, and what is a game—and how far is too far to go for your only friend? After registering, please pick up a copy of the book in the Children's Room to add to your personal library. (75 min.) Registration begins January 5. (NENJ138)

Ongoing program

1,000 BOOKS BEFORE KINDERGARTEN



See any of our **Children's Librarians** for more information and to sign up!

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151 Laurel Avenue Northport, NY 11768 631.261.6930

185 Larkfield Road East Northport, NY 11731 631-261-2313

January 2017

Non Profit Organization U.S. Postage Paid Permit #78 East Northport, NY

LIBRARY HOURS

9 to 9 Monday thru Friday 9 to 5 Saturday 1-5 Sunday

LIBRARY TRUSTEES

Elizabeth McGrail, Chairperson Jacqueline Elsas, Vice Chairperson Andrea Gladding Margaret Hartough Georganne White Board Meeting: (N) January 19, 10:00 a.m.

LIBRARY DIRECTOR: James Olney **ASSISTANT DIRECTOR: Nancy Morcerf BRANCH LIBRARIAN:** Candace Reeder

EDITOR: Janet Naideau ©2016 All rights reserved.

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www.nenpl.org

The newsletter is available in Large Print.

Design a Bookmark Contest:

January 3 - February 6

Children in grades K-5 are invited to submit their original designs for our annual Design a Bookmark Contest. Entry guidelines and forms are available in the Children's Room. Twelve winning designs will be selected to decorate monthly bookmarks for the upcoming year. The deadline for entries is February 6. Winners will be announced in the March newsletter.

All participants are invited to a reception on Tuesday, March 28 at 7:00 p.m. to celebrate their creativity and enjoy a drawing workshop with a visiting art teacher.



The Bookmark

Spot

Stop by the Library and pick up the January bookmark by Sierra Albano. A reading list compiled by Children's Librarians is on the back.



AARP Tax-Aide (registration required)

(EN) Thursdays, 9:00 a.m.-12:00 noon (NENA628) February 2, 9, 16, 23

(N) Fridays, 9:00 a.m.-12:00 noon (NEN629) February 3, 10, 17, 24

Registration for all February appointments begins January 23.

AARP Tax-Aide is a free service for low and middle income taxpayers, with special attention to seniors. Prepared tax forms will be filed electronically. Please bring current tax records and copies of your last filed federal and state tax returns. To expedite the preparation process, please pick up an Intake/Interview Form (#13614-C) at the Reference Desk prior to your appointment. All persons listed on the tax return must be present and provide photo ID and their Social Security card.

Gallery Exhibits

Northport:

"Works—Old and New" by Jim Scovel

Northport resident Jim Scovel, a retired Newsday reporter, has been painting for 30 years. He studied with the Art League of Long Island and the Smithtown Township Arts Council, and has participated in various Long Island exhibits.

East Northport:

Landscape paintings in oils by Michelle Kollmeier

Scenes from Long Island, Pennsylvania, and abroad.