

The Newsletter of the Northport-East Northport Public Library

# FOR ADULTS

## **Poetry Readers**

Open to all

### (EN) Thursdays, March 2, 9, 16, 23, 2:30 p.m.

Come join local resident Bob Little and share the visions of life detailed by some of the most eminent and some of the lesser known poets in the English language. Be surprised, sometimes shocked, but always enlightened by what is found.

# open St. Patrick's Day Jazz

(N) Sunday, March 5, 2:00 p.m.

An enjoyable afternoon of St. Patrick's Day music will be presented by composer/pianist Paul Joseph and his jazz quartet. You will hear inspiring instrumental jazz versions of Irish favorites such as "Danny Boy," "When Irish Eyes are Smiling," and many others. Rounding out this dynamic group are drummer Mike Corn, bassist Edgar Mills, and violinist Susan Mitchell.

# How My Family and I Got Out of Debt

### (EN) Tuesday, March 7, 7:00 p.m.

Brian Brandow, personal finance blogger, will share his family's story. Learn how he survived a job loss after 20 years with a company, paid off over \$100,000 of debt, and reorganized his family's finances. This motivational and educational presentation will provide helpful tips for getting your own finances in order.

## **NAC presents John Corr**

### (N) Wednesday, March 8, 7:00 p.m.

The music of Ireland is as varied as the instruments employed in its performance. John Corr will delight us with a concert of Irish songs, jigs, reels, and ballads accompanied by guitar, 5-string banjo, tin whistle, and wood flute. Members of the audience are encouraged to lend their voices to the renditions!

# (N) Tuesday, March 14, 3:00 p.m.

Jamie Saragossi, Outreach Librarian from Stony Brook University Health Sciences Library, will help you evaluate and navigate the vast number of websites that provide health information. She will present resources that are reliable and will save you time when trying to educate yourself about a diagnosis, medication, or new developments in the field of medicine.

## That's So Vegan!

### (N) Tuesday, March 14, 6:00 p.m.

For anyone interested in veganism, an emerging lifestyle and hot topic (which is often misunderstood), this class is for you. Join longtime vegan couple, chef Jo-Ann Tiranno and journalist Jerry Cimisi for an evening of exploring, discovering, and tasting. Registration begins March 1. (NENA638)

# Exploring Long Island's Underwater World

### (N) Wednesday, March 22, 7:00 p.m.

Wildlife photographer, naturalist, and writer Chris Paparo will take you on a visual journey through the waters surrounding our shores. This multimedia presentation features images and video clips of local sea life including fish, mollusks, crustaceans, and more.

# Judy Chicago's "The Dinner Party"

### (N) Friday, March 24, 2:00 p.m.

Professor Thomas Germano presents a visual lecture on an art installation that is widely regarded as the first epic feminist work of art. "The Dinner Party," which is on permanent exhibition at the Brooklyn Museum, features 39 elaborate place settings representing famous women throughout history.

# **Fireside Friday:** East Northport Middle School

### (EN) Friday, March 24, 7:00 p.m.

Enjoy a musical showcase featuring woodwind, brass, and string chamber ensembles as well as a chorale group, led by music instructors Don Sherman, James Guarnieri, Bill Ayasse, Jonathan Preddice, Marie Michalopoulos, and Dana Warren.

# Asteroids: Danger and Salvation

# (N) Saturday, March 25, 2:00 p.m.

NASA Solar System Ambassador and lecturer Benjamin Parris will be here with a fascinating look at asteroids. Discover what space rocks on the move can tell us about how we came to be, how we may cease to be, and how we can thrive by taming these natural resources in the sky.

# FOR ADULTS

# **Township Theatre Group's Touring Company presents** "Here's an Idea!"

#### (N) Sunday, March 26, 2:00 p.m.

Light bulbs are symbols of bright ideas because they can illuminate solutions to problems. But light bulbs can suddenly pop, leaving us in the dark. Performed by members of Long Island's oldest community theater company, the characters in this collection of short comic plays are enlightened in unexpected ways.

# (open to all the Longest War: **Battles Between the Sexes**

(N) Monday, March 27, 10:00 a.m.

Michael D'Innocenzo, Distinguished Professor Emeritus of History at Hofstra University, offers this third installment in a series of monthly discussions. Key themes examining the changing roles of men and women in history and globally will be explored. All attending are welcome to share their views.

# (open Job Fair

### (N) Wednesday, March 29, 10:00 a.m.-1:00 p.m.

Calling all job seekers! More than 20 companies from different industries will be available to discuss job opportunities. Bring your resume and dress for success. Sponsored by the Suffolk County One-Stop Employment Center.



#### Copies of the books are available at the Northport Library Circulation Desk.

## Truth Be Told

(N) Thursday, March 2, 7:00 p.m. Our nonfiction group will discuss Valiant Ambition: George Washington, Benedict Arnold, and the Fate of the American *Revolution* by Nathaniel Philbrick.

# **Page Turners**

### (N) Thursday, March 23, 2:00 p.m.

The group will discuss American Heiress: The Wild Saga of the Kidnapping, Crimes and Trial of Patty Hearst by Jeffrey Toobin.

## Novel Ideas

(N) Monday, March 27, 7:00 p.m. The group will discuss *My* Name Is Lucy Barton by Elizabeth Strout.

# Short Story Central

(N) Tuesday, April 11, 7:00 p.m. Reading selections are available at the Circulation Desks in both buildings.

# **Memoir Writing Class**

# (EN) Mondays, April 3, 10, 17, 24, May 1, 8, 2:00 p.m.

JoAnn Proscia, MFA in Creative Writing and Literature from Stony Brook Southampton, will guide the group as you read and discuss written memories about your lives as well as enjoy excerpts from wellknown memoirs. All levels of writers are welcome. Registration begins March 15. (NENA639)

## **On-Your-Own Train Trip to** New York Citv

(N) Saturday, April 8, 9:18 a.m. Departure from Northport Station. Round Trip \$12 per person



## Take in the sights and sounds of New York City! Meet a Library staff member at the station house at 8:55 a.m. (transfer at Huntington). Your return ticket is good on any Northport-bound train that leaves Penn

Station before midnight. Register in person at either library building beginning March 18. Tickets are limited. A non-refundable \$12 fee (cash or check pavable to The Friends of the Library) is due at the time of registration. (NENA640)

### **Next Chapter Book Club** (N) Wednesdays, March 1, 8, 15, 22,

April 5, 12, 19, 26, 7:00-8:00 p.m.

The Next Chapter Book Club provides a rewarding learning program for adults (18 years and older) with developmental disabilities meeting in a relaxed, community setting while forming friendships through reading and talking about books. Members will be supported by a trained literacy specialist from Literacy Nassau. Registration is underway. (NENR113)

# (Defined to all Let's Talk: **English Conversation**



### (EN) Fridays, March 3 & 17, 7:00 p.m.

Meet new friends and practice your English language conversation in a relaxed and friendly environment.

# open Quick Reads

(EN) Friday, March 31, 7:00 p.m.

This informal reading group is designed for intermediate English language learners. Pick up this month's reading selection at the East Northport Circulation Desk.

# **ESL for Adults**

### (EN) Thursdays, April 6, 13, 20, 27,

May 4, 11, 18, 25, 7:00 p.m.

This spring, continue to develop your English reading, writing, speaking, and listening skills. Registration begins March 13. (NENR114)

# **Computer Classes**

# Introduction to Windows 10

### (N) Monday, March 6, 7:00 p.m.

This hands-on class provides an understanding of the latest version of Windows. Learn how to use the desktop to work with files, folders, and applications. Use the new start menu, help, search, and much more. Prerequisite: basic computer knowledge. Registration is underway. (NENC131)

# **Organize Your** Windows 10 Computer

### (N) Thursday, March 16, 7:00 p.m.

This class provides an understanding of the Windows 10 file management structure including drives, folders, and files. Understand the Windows Desktop, create shortcuts, work with backgrounds, the Recycle Bin, and more. Prerequisite: basic computer knowledge. Registration begins March 1. (NENC210)

# iPad & iPhone: Photos & Photography

Open to all

### (EN) Monday, March 27, 7:00 p.m.

Learn how to capture and share photos using your iPad and iPhone. Apple-certified trainer John Budacovich will demonstrate how to compose a shot, edit using the Photos app, and share your photos. Learn how to organize and store photos on your device. Bring your device or just come and listen.

# SeniorNet: **The Cloud Demystified**

### (N) Thursday, March 30, 2:00 p.m.

Dropbox. Apple iCloud. Google Drive. Microsoft OneDrive. Until recently, most programs and files existed solely on your home computer. Cloud computing allows storage and access to files through the Internet. Join us to learn about the Cloud, what it might mean to you, and which companies are offering cloud services.

# Introduction to Microsoft Excel

### (N) Wednesday, April 5, 7:00 p.m.

Learn the basics of the world's most popular spreadsheet program including creating, editing, and formatting worksheets, formulas, and much more. Prerequisite: basic computer knowledge. Registration begins March 22. (NENC083)

# **Blood Pressure Check**

Wednesday, March 1 (N) 9:30-10:30 a.m., and (EN) 11:00 a.m.-12:00 p.m.



A nurse from Visiting Nurse Service is available to provide a free blood pressure check.

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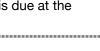
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# FOR ADULTS





# **Friday Movies**

Inferno Fridays, (N) March 3, and (EN) March 10, 2:00 p.m. Rated PG-13, 121 min.

Jack Reacher: Never Go Back Fridays, (N) March 17, and (EN) March 24, 2:00 p.m. Rated PG-13. 117 minutes.

Closed captioning will be displayed.

## **Cinema at the Library**

(N) Wednesday, March 15, 6:30 p.m. Join Cinema Arts Centre co-director Dylan Skolnick to discuss Manchester by the Sea. This Academy Award nominated film is about an uncle who is asked to take care of his teenage nephew after the boy's father dies. Rated R. 137 min.



# **AARP Smart Driver Course**

(N) Mondays, March 13 & 20, 6:00-9:00 p.m. Registration is underway at the Northport Library only. (NENA633)

Fee: \$20 for AARP members (\$25 for nonmembers) payable to AARP by check or money order only at registration.

# **Defensive Driving**

(EN) Saturday, March 18, 9:00 a.m.-3:30 p.m. Fee: \$36

Applications are available at both library buildings beginning March 4.

(N) Saturday, April 8, 9:00 a.m.-3:30 p.m. Fee: \$36

Applications are available at both library buildings beginning March 25.

Please note: These courses promote safe driving and help participants maintain their driving skills. Check with your insurance company about the specific premium and point reductions available to vou.

## **Medicare Counseling**

(EN) Wednesday, March 8, 10:00 a.m.-12:00 p.m. (NENA641)

(N) Tuesday, March 21, 9:30 a.m.-11:30 a.m. (NENA642)

A volunteer from the Health Insurance Information, Counseling, and Assistance Program (HIICAP) will answer questions about Medicare and supplementary insurance. Registration begins March 1.

# **Annual Library Vote**

# Tuesday, April 4, 2017 9:00 a.m.-9:00 p.m.

The Library's annual vote will be for two purposes: to vote on the Library budget for 2017/2018 and to elect one trustee whose term will commence on July 1, 2017 as a result of the expiration of the term of office presently held by Andrea Gladding.

Important Voting Facts:

Public Information Meeting -Tuesday, March 21, 7:30 p.m. Northport Library Museum Cove Who Can Vote - Anyone who is

- 1. at least 18 years of age;
- 2. a citizen of the United States;
- 3. a resident of the Northport-East Northport School District for at least 30 days;
- 4. registered to vote.

If you have not voted within four years in a general, school, or library election, registration is required. You need to register prior to March 24 in person or by mail with the Suffolk County Board of Elections in Yaphank. Applications are available in both library buildings. Registration for only library and school district elections may be made in person prior to March 24 at the office of the School District Clerk, 158 Laurel Avenue, Northport, Monday through Friday from 8:00 a.m. to 4:00 p.m. any day that school is in session.

Absentee Ballot Applications are available in both library buildings.



# **Connecting People and Ideas**

Most Americans view public libraries as an important part of their community. The library is where people of all ages and interests explore the skills and knowledge needed to flourish in a rapidly changing world. The majority of those surveyed by the Pew Research Center's September 9, 2016 Report stated that libraries have the resources they need and the guidance to help them decide what information is trustworthy. Eighty percent of those surveyed reported that public libraries should offer programs to teach people digital skills and help patrons learn how to use new creative technologies.

In 2015-16, the Northport-East Northport Public Library answered 199,468 reference questions and 24,285 patrons attended library-sponsored programs. The Northport-East Northport Public Library is clearly the place to be whether you are learning about local matters, social issues, cultural affairs or leisure activities, working with friends or colleagues, or developing and expanding your education. The Northport-East Northport Public Library remains true to its core mission to inform, educate and culturally enrich residents of all ages.

This budget proposal reflects the Library Board's long-standing commitment to provide exceptional Library service to the community. Administration has carefully and thoroughly evaluated each component of the operating budget to effectively allocate resources in support of the Library's mission. This budget proposal ensures the continuation of our standard of excellence while complying with the property tax levy limit set by New York State.

### Library Board of Trustees

Elizabeth McGrail, Chairperson Jacqueline Elsas Andrea Gladding Margaret Hartough Georganne White



# Library Activities 2016

**24,675** people in the community have Library cards

458,928 visits were made to the Library

5.814 visits were made to the Library Courtyard

The Library has

119.344 books for adults

97,779 books for children 54,448 DVDs, compact discs, audiobooks, Plavawavs: and more than 689 newspaper and magazine subscriptions

Our programs entertained, educated, and enriched 11.478 adults 2,118 teens 10,689 children

**199,468** reference questions were answered: 98.586 asked by children 100,882 asked by adults

417,484 items were checked out by patrons

66,182 items were interlibrary loaned for patrons

46,272 items were downloaded by patrons

**168,029** patrons used the Library's Internet access

25,367 patrons used the Library's computer software

81.139 items were purchased from the Library Café

343,301 visits were made to the Library website.

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# **Proposed Library Operating Budget** 2017/2018

	APPROVED BUDGET 2016/2017	PROPOSED BUDGET <u>2017/2018</u>
IBRARY MATERIALS & PROGRAMS		
Books, Periodicals & Electronic Resources	376,100	398,400
DVDs, CDs, Audio Books	114,300	113,200
Adult, Young Adult & Children's Programming	115,300	118,200
IBRARY OPERATIONS		
Computer Hardware & Software	131,700	145,600
<b>Online Public Access Catalog &amp; Circulation Control</b>	58,200	54,800
Telecommunications	40,000	40,000
Equipment	111,500	84,400
Office & Library Supplies	41,700	47,200
Café Supplies, NYS Sales Tax	74,800	75,700
Printing & Postage	64,200	64,100
Professional Development & Training	21,000	23,000
Professional Fees	61,800	68,500
SCLS Plan of Service Participation	72,800	74,000
	12,000	1,000
IBRARY BUILDINGS & MAINTENANCE		
Fuels & Utilities	157,400	122,700
Facilities Repairs & Improvements	98,500	65,800
Maintenance Supplies	24,600	22,400
Building & Equipment Service Contracts	203,200	210,600
Insurance	150,200	163,400
Insurance	100,200	100,400
MPLOYEE SALARIES		
Sunday & Holiday	188,400	181,400
Professional	2,627,800	2,639,000
Clerical/Technical, Café & Library Pages	2,142,600	2,114,900
Custodial & Security	492,700	507,800
	,	001,000
MANDATED & EMPLOYEE BENEFITS		
Social Security	412,700	412,700
Retirement, Deferred Compensation	883,800	857,200
Health Insurance, Disability & Group Life	952,900	1,055,700
CAPITAL & TECHNOLOGICAL IMPROVEMENTS	<u>175,000</u>	<u>275,000</u>
OTAL EXPENDITURES	9,793,200	9,935,700
ANTICIPATED REVENUE		
Fines & Fees	62,700	49,100
Interest, Library System Grant	12,000	15,000
Café	90,000	80,000
Unrestricted Fund Appropriation	<u>0</u>	<u>0</u>
TOTAL REVENUE	164,700	144,100
TOTAL TO BE RAISED BY TAXATION	9,628,500	9,791,600*

\*This amount is less than the property tax levy limit set by New York State for our Library.

# FOR TEENS

**Registration for Teen Programs and Volunteer Opportunities begins** March 1.

## **T-Shirt Tote Workshop**

### (EN) Monday, March 6, 7:00-8:00 p.m.

Bring one or two large colorful t-shirts to cut and make into a tote bag using no-sew techniques. (NENY964)

### **Teen Writers Workshop**

Open to students in grades 8-12 (N) Friday, March 10, 7:30-8:45 p.m.

Do you love to write? Join fellow writers to discuss your ideas and get feedback on your work. New members are welcome. (NENY965)

### **Fandom Friday: Character Collectibles**

#### (N) Friday, March 17, 7:00-8:30 p.m.

Come join your fellow fandom friends as we celebrate collectibles. Bring in your favorite character collectibles for show and tell and trade! (NENY966)

### Super Smash Saturday

### (N) Saturday, March 18, 2:00-3:30 p.m.

Join your friends in this Super Smash Brothers Wii U Competition. Prizes will be awarded to the top three players. (NENY967)

### Socrates Café

#### (N) Wednesday, March 22, 7:00-8:00 p.m.

Our philosophy club is a great opportunity for teens to delve into life's Big Questions in an enthusiastic atmosphere of free thinking, energetic exchange, and unique perspectives. Food for thought (refreshments) will be served. Newcomers are always welcome! (NENY968)

# **SAT Preparation Workshop**

#### (N) Thursdays, April 6, 20, 27, & May 4, 6:15-8:45 p.m. Students in grades 10-12

Registration begins Wednesday, March 15. Students in grades 10-12 can prepare for the SAT exams with teachers Barbara White and Jay Berger. A non-refundable check for \$114 payable to the Northport-East Northport Public Library must be paid within 3 days of registration. Your class placement is not complete until payment is received. (NENY974)

**Teen Volunteer Opportunities Open to students in grades 7-12** You may choose one volunteer opportunity in addition to Teen Advisory Board.

# **Parachute Play Volunteers**

(EN) Saturday, March 11, 9:45-11:00 a.m. Earn volunteer hours while you assist at this music and movement children's program. (NENY969)

# **Teen Advisory Board: Relay for Life**

(EN) Tuesday, March 14, 7:00-8:00 p.m. Join us as a local Relay for Life

representative talks about the upcoming June event at Northport High School. (NENY970)

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## Crafty Teens

(N) Saturday, March 18, 10:45 a.m.-12:15 p.m.

Assist children with a craft while you earn volunteer credit. (NENY971)

### **Design a Bookmark Volunteers**

(N) Tuesday, March 28, 6:45-8:15 p.m.

Assist Librarians at a reception for our Design a Bookmark Contest participants. (NENY972)

# Chess Club Volunteers

#### (N) Thursday, March 30, 6:45-8:00 p.m.

Earn volunteer credit while you help children learn how to play chess. A basic knowledge of the game is required. (NENY973)

# **FOR CHILDREN**

# Books a Poppin'

(N) Fridays, March 3, 10, 17, 24, 31, 10:00 a.m. (EN) Fridays, March 3, 10, 17, 24, 31, 10:00 a.m. Children birth-5 years with adult

Stop by for this drop-in storytime. We'll read stories, sing songs, share rhymes and fingerplays, and have fun in this interactive program for families. (30 min.)

### **Parachute Play**

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(EN) Saturday, March 11, 10:00 a.m.

Children 4-5 years; independent Have fun singing songs and making the parachute wave and soar. (40 min.) Registration begins March 2. (NENJ170)

# FOR CHILDREN

**Registration for the following Road to Reading Series Programs** begins March 2. (One series program per child please)

# **Mother Goose Rhyme Time**

(N) Mondays, March 13, 20, 27, 10:00 a.m.

Children birth-23 months with adult; no siblings Enjoy rhymes and songs with your young child in this program focusing on nursery rhymes. (30 min.) (NENJ184)

# 1, 2, 3, Learn with Me

### (EN) Wednesdays, March 15, 22, 29, April 5, 10:00 a.m.

Children 1-3 years with adult; siblings welcome Child development experts will be on hand to

answer your questions while your children play with age-appropriate toys. This program also includes an open-ended art activity and a circle time with stories and songs. (60 min.) (NENJ164)

## Sing and Play

### (EN) Mondays, March 20, 27, April 3,

10:00 a.m. (NENJ165) or 11:00 a.m. (NENJ166) Children 1-3 years with adult; siblings welcome Sing songs and chant rhymes while using

scarves, bells, balls, and hoops that engage children with music and physical activity to reinforce early literacy skills and foster a love of language. (30 min.)

# **Dance with Me**

(N) Thursdays, March 23, 30, April 6, 10:00 a.m.

Children 18-35 months with adult: siblinas welcome

Enjoy creative movement dance activities, free play, and a story using props, nursery rhymes, and your own imagination in this fun and exciting class. (45 min.) (NENJ167)

# **Turtle Dance Music**

### (N) Sunday, March 12, 2:00 p.m.

Children in grades K-5; adults and siblings welcome Families will enjoy this shared theater experience that features music, comedy, and bubbles! (60 min.) Registration is underway. (NENJ162)

# Faron 2 PJ Storytime: Crazy Colors!

### (EN) Tuesday, March 14, 7:00 p.m.

Children birth-5 years with adult; siblings welcome In this interactive storytime for families, we'll share stories and songs about colors, along with fun movement activities. (30 min.)



# **First Time French**

### (N) Thursday, March 16, 4:00 p.m.

Children 3-5 years with adult; siblings welcome Have fun learning French words while singing songs, chanting rhymes, and listening to bilingual stories. (40 min.) Registration begins March 2. (NENJ172)

# March Craft Madness

### (N) Saturday, March 18, 11:00 a.m.

Children 4 years and up; adults and siblings welcome

Enjoy crafts galore in a room full of various art projects to create and take. A small group experience will be available. (60 min.)

# Go Global: Canada

(N) Tuesday, March 21, 4:00 p.m. Children in grades K-3

The **Bookmark** 

Spot

Stop by the Library

March bookmark by

A reading list compiled

by Children's Librarians

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A Goal Bash

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is on the back.

Learn all about our neighbors to the north through games, stories, music, and art! (60 min.) Registration begins March 2. (NENJ175)

## **Paws to Read**

(N) Friday, March 24, 6:30, 6:45, 7:00, or 7:15 p.m. Children in grades 1-5

Children will practice reading aloud to a certified therapy dog. Select a book from the Library's collection or bring a book from home. Choose one 15-minute session. Registration begins March 2. (NENJ176)

### Soccer Saturday

#### (N) Saturday, March 25, 11:00 a.m. Children 4-7 years

Kids will enjoy playing active games while learning soccer skills. All levels of athletic ability are welcome. (60 min.) Registration begins March 2. (NENJ177)

# Design a Bookmark **Contest Reception**

### (N) Tuesday, March 28, 7:00 p.m.

Contest entrants with adult; siblings welcome Every child who entered our annual Bookmark Contest this year is invited with their family for an evening of refreshments and photo ops. All bookmark entries will be on display as we celebrate the creativity of our designers. An art instructor will be leading the children in a drawing activity. (60 min.)

Turn the page for more Children's Programs



151 Laurel Avenue Northport, NY 11768 631•261•6930

185 Larkfield Road East Northport, NY 11731 631•261•2313

# March 2017

Non Profit Organization U.S. Postage Paid Permit #78 East Northport, NY

#### LIBRARY HOURS

9 to 9 Monday thru Friday 9 to 5 Saturday 1-5 Sunday

#### LIBRARY TRUSTEES

Elizabeth McGrail, Chairperson Jacqueline Elsas, Vice Chairperson Andrea Gladding Margaret Hartough Georganne White Board Meeting: (N) March 21, 5:30 p.m.

#### LIBRARY DIRECTOR: James Olney ASSISTANT DIRECTOR: Nancy Morcerf BRANCH LIBRARIAN: Candace Reeder

**EDITOR:** Janet Naideau ©2017 All rights reserved.

# **FOR CHILDREN**



### Block Party

### (N) Friday, March 17, 7:00 p.m.

Children 1-4 years with adult; siblings welcome Children learn to use their minds as well as their muscles while having fun building with a variety of blocks and playing with other children. (45 min.)

# drop Z Chess Club

(N) Thursday, March 30, 7:00 p.m. Children in grades 3-6

Chess teaches children foresight, helps them to expand self-confidence, and sharpens their ability to focus. All skill levels are welcome, but a basic knowledge of the game is required. (45 min.)

## **Robot Bowling**

(N) Tuesday, April 4, 4:00 p.m.

Children in grades 2-5

Kids learn to create their own computer codes to program Ozobots down an alley and knock down mini bowling pins. (60 min.) Registration begins March 22. (NENJ182)

# Parenting Program: Mindfulness and More for Parents

### (N) Wednesday, March 29, 7:00 p.m.

Mindfulness is the capacity to be fully present and to appreciate life moment-to-moment. A pair of healthcare professionals will provide easy to implement techniques for parents who want to get the most enjoyment from the time they spend with their children. (60 min.) Registration begins March 2. (NENJ179) \* \* \* ECRWSS \* \* \* **RESIDENTIAL CUSTOMER** EAST NORTHPORT, NY 11731



### www.nenpl.org

The newsletter is available in Large Print.

# AARP Tax-Aide (Registration required)

AARP Tax-Aide is a free service for low and middle income taxpayers, with special attention to seniors. Prepared tax forms will be filed electronically. Please bring current tax records and copies of your last filed federal and state tax returns. To expedite the preparation process, please pick up an *Intake/Interview Form (#13614-C)* at the Reference Desk prior to your appointment. All persons listed on the tax return must be present and provide photo ID and their Social Security card.

Registration for all March appointments is underway:

(EN) Thursdays, 9:00 a.m.-12:00 noon (NENA636) March 2, 9, 16, 23, 30

(N) Fridays, 9:00 a.m.-12:00 noon (NEN637) March 3, 10, 17, 24, 31

Registration for all April appointments begins March 15:

(EN) Thursdays, 9:00 a.m.-12:00 noon (NENA643) April 6, 13

(N) Fridays, 9:00 a.m.-12:00 noon (NENA644) April 7,14

### Gallery Exhibits Northport & East Northport:

Annual Art Exhibit by Students of the Northport-East Northport School District



Next meeting: (EN) Wednesday, March 15, 5:00 p.m. All are welcome.