

The Newsletter of the Northport-East Northport Public Library

# FOR ADULTS

# Scarf, Hat, Mitten, & Glove Collection

#### December 1, 2016 through January 8, 2017

Help local residents keep warm this winter by donating scarves, hats, mittens, and gloves. All sizes, children through adult, are accepted. Materials may be new, gently used, or handmade. All donations will be given to the Family Service League for distribution to area families and individuals in need. Drop off your donations at the display table in the lobby of either library building through January 8, 2017.



# Do-ing Music presents Harp Quintet

(N) Friday, December 2, 7:30 p.m.

Enjoy the glistening beauty inside Canta Libre as

each of the five ensemble members is featured in this all new program. Included will be works by Roussel, Schulhoff, Beethoven, and Sir Arnold Bax. Concert will be followed by a reception and refreshments.



# **Holiday Candy Bark**



(N) Monday, December 5, 7:00 p.m. With guidance from the Baking Coach, make your own

colorful candy bark to give as a gift this holiday season. Peppermint, white chocolate cran-

berry, and marble pretzel crunch barks will be created and packed up in a bakery box to take home. Registration is underway. (NENA606)

# Holiday Guitar Workshop

#### (EN) Monday, December 5 & 12, 7:00 pm.

Guitar virtuoso, composer, and instructor Chris Fury will demonstrate some seasonal songs as well as explain the fundamentals of guitar playing in this two-part series. Both electric and acoustic guitars are welcome, and no previous music experience is required. Registration is underway. (NENA607)

# **Medicine Collection Day**

(N & EN) Wednesday, December 7, 3:30-6:30 p.m.

The Northport Police Department and the Suffolk County Sheriff's Office will collect unused or expired prescription and over-the-counter medications. Proper disposal of these items is essential for risk reduction and environmental protection. No questions asked and no personal information is required.

Northport: Items in pill form only.

**East Northport**: Items in pill form as well as hypodermic needles and liquids. The hypodermic needles must be stored in a heavy-duty plastic container with a tightfitting, puncture-resistant lid and labeled "sharps."

This event is co-sponsored by the Northport-East Northport Drug and Alcohol Task Force.



# Winter Hiking on Long Island



(N) Wednesday, December 7, 7:00 p.m. Author and outdoor enthusiast Lee McAllister will be here to discuss the many hiking opportunities available on Long Island with a special emphasis on outdoor opportunities during the colder months. Mr. McAllister's book entitled *Hiking Long Island: A Comprehensive Guide to Parks and Trails* is currently in its fourth edition.

Inside: More Programs for Adults, Teens, and Children

# **FOR ADULTS**

**Healthy Holiday Eating** (N) Thursday, December 8, 2:00 p.m.

The holiday season presents all kinds of temptations that can make sticking to a healthy eating plan a challenge. Registered Dietician Patrick Moran of Northwell Health will present an informative and practical approach to encourage healthy eating while still enjoying all the holidays have to offer.

# An Afternoon of Beautiful Horn **Music with HORNUCOPIA**

#### (N) Sunday, December 11, 2:00 p.m.

Join HORNUCOPIA, a French horn guartet, for an

afternoon concert of music featuring an eclectic mix of classical and holiday favorites for the entire family! HORNUCOPIA is comprised of a group of four friends, all career music educators and hornists from the Huntington area. A reception will follow the performance.



# The Organic Winter Garden

#### (N) Tuesday, December 13, 7:00 p.m.

Enjoy fresh vegetables and salads right through the winter months! Organic growing consultant Renato Stafford will explain how you can extend the growing season of your organic garden. Topics covered will include the importance of soil (compost), cold-hardy vegetables, zero-energy greenhouse designs, harvesting practices, and many time saving techniques.

# NAC presents Patricia Shih: **Multicultural Holiday Concert**

#### (N) Wednesday, December 14, 7:00 p.m.



Tramontana.

Award-winning singer-songwriter Patricia Shih presents a lively holiday show for the whole family. Year-end holidays celebrated are Christmas, Chanukah, and Kwanzaa. Join Ms. Shih and her accompanist Stephen Fricker for an evening of joyous music and fun, as full audience participation is encouraged!

# **Fireside Friday: Northport Middle School Chamber Ensemble**

#### (EN) Friday, December 16, 7:00 p.m.

Enjoy festive holiday music performed by the talented members of the Northport Middle School Chamber Ensemble under the direction of Anthony



Make Your Life a Blue Zone

(N) Tuesday, January 10, 11:00 a.m.

The blue zones are regions on the globe where people live the longest and, decade for decade, have the best health metrics. Dr. Stacev Funt. clinical professor in lifestyle medicine and health coaching at Stony Brook University Medical Center, will explore the common characteristics that these communities share, including diet, exercise, and stress management. Participants will come away with steps that they can take toward creating their own blue zones.

# **Staying Independent for Life**

#### (EN) Wednesday, January 11, 10:00 a.m.

Falls are the leading cause of injury for older adults. The Suffolk County Department of Health will explain how to build confidence and reduce the probability of falls. Topics include balance and strength training, vision and medication review, and how to keep the home environment safe. Registration begins December 12. (NENA617)



# AARP Smart Driver Course

(EN) Thursdays, December 1 & 8, 9:30 a.m.-12:30 p.m.

Registration is underway at the East Northport Library only. (NENA611)

Fee: \$20 for AARP members (\$25 for non-members) payable to AARP by check or money order only at registration.

# **Defensive Driving**

(N) Saturday, December 3, 9:00 a.m.-3:30 p.m. Fee: \$36

Applications are currently available at both library buildings.

(EN) Tuesday, January 3, and Wednesday, January 4, 7:00-10:00 p.m.

Fee: \$36

Applications are available at both library buildings beginning December 13.

Please note: These courses promote safe driving and help participants maintain their driving skills. Check with your insurance company about the specific insurance and point reductions available to you.



# Introduction to Windows 10

#### (N) Thursday, December 8, 7:00 p.m.

This hands-on class provides an understanding of the latest version of Windows. Learn how to use the desktop to work with files, folders, and applications. Use the new start menu, help, search, and much more. Prerequisite: basic computer knowledge. Registration is underway. (NENC131)

# (open All About Facebook, Twitter, & YouTube

#### (N) Monday, December 12, 7:00 p.m.

Social networking online: Facebook, Twitter, & YouTube. What is it all about? Come to this lecture and demo class and find out. We will discuss social networking sites, instant messenger programs, and blogs. Learn how to post pictures and videos online and much more. Parents: help your kids use social networking safely.

# (open to all About the iPad & iPhone

#### (N) Wednesday, January 4, 7:00 p.m.

Learn all about Apple's hottest gadgets. In this class you will get an introduction to the hardware, learn how to access the Internet and your email, understand the settings, use the apps and learn how to get new apps. Also discover many tips and tricks. Bring your iPad or iPhone, or just come and listen.

# Introduction to Windows 10

(EN) Tuesday, January 10, 7:00 p.m.

This hands-on class provides an understanding of the latest version of Windows. Learn how to use the desktop to work with files, folders, and applications. Use the new start menu, help, search, and much more. Prerequisite: basic computer knowledge. Registration begins December 27. (NENC003)



Art Talk Friday, December 9, 7-9 p.m. All are welcome.

East Northport: Life As I See It Jeff Urquhart's digital photography with a coastal theme, most prints on canvas.

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# FOR ADULTS

## **Career Program**

# Interviewing Etiquette & Techniques

(EN) Monday, January 9, 7:30 p.m.

Join Career Counselor Casey Savin to learn different tips and tricks to ace your interview and come out as the strongest candidate. Registration begins December 12. (NENR110)

# **Blood Pressure Check**

open to all

Wednesday, December 7, (N) 9:30-10:30 a.m., and (EN) 11:00 a.m.- 12:00 p.m. A nurse from Visiting Nurse Service

is available to provide a free blood pressure check.



# Medicare Counseling

(EN) Wednesday, December 14, 10:00 a.m.-12:00 p.m. (NENA613) (N) Tuesday, December 20, 9:30 a.m.-11:30 a.m.

(NENA614) A volunteer HIICAP counselor will answer guestions about Medicare and supplementary insurance.

Registration begins December 1.

# To find out if the Library is closed for inclement weather:

- call the Library for a recorded message
- check the Library website at www.nenpl.org
- tune in to Cablevision News 12

# **Gallery Exhibits**

# Northport: "CHICKADEES" Creative Art Studio Student Art Exhibition A collection of bird paintings in acrylics on 12" x 12" stretched canvases.

# FOR ADULTS

# **Friday Movies**



Independence Day: Resurgence Fridays. (N) December 2 and (EN) December 9, 2:00 p.m. Two decades after the first

Independence Day invasion, Earth is faced with a new extra-Solar threat. But will mankind's new space defenses be enough? Rated PG-13, 129 min.

#### Finding Dory

#### Fridays, (N) December 16 and (EN) December 23, 2:00 p.m.

The friendly but forgetful blue tang fish begins a search for her long-lost parents, and everyone learns a few things about the real meaning of family along the way. Rated PG. 97 min.

Closed captioning will be displayed.



Copies of the books are available at the Northport Library Circulation Desk. Short stories are available at both buildings.

## **Truth Be Told**

(N) Thursday, December 1, 7:00 p.m. Our nonfiction group will discuss *Lives* in Ruins: Archaeologists and the Seductive Lure of Human Rubble by Marilyn Johnson.

## **Short Story Central**

(N) Tuesday, December 6, 7:00 p.m. We will discuss selected stories from the collection Half Wild by Robin MacArthur.

# **Page Turners**

(N) Thursday, December 15, 2:00 p.m. The group will discuss The Traitor's Wife by Alyson Pataki.

# **Novel Ideas**

(N) Monday, December 19, 7:00 p.m. The group will discuss *Empire Falls* by Richard Russo.

## Holiday Film: Elf

(N) Monday, December 19, 2:00 p.m.

Join us as we prepare for the holidays with a special screening of the modern comedy classic. Elf. starring Will Ferrell.

A young orphan child mistakenly crawls into Santa's bag and is transported back to the North Pole to be raised as an elf. Years later, Buddy learns that he is not really an elf and goes on a journey to New York City to discover his true identity. Grab some candy at the door, and don't forget your elf hat! Rated PG. 95 min.

# Mango Conversations Spanish



(N) Tuesdays, December 6 & 13, 2:00 p.m. Practice your basic Spanish conversation by using the popular Mango Languages, an online resource provided by the Library. In each weekly

meeting, participants will focus on and practice a chapter of Mango Conversations Spanish in a group setting.



## Practice Makes Perfect

(EN) Wednesday, December 7 & 21, 1:00-3:00 p.m.

Practice your English conversation skills and gain more confidence communicating in English in this friendly discussion class. Registration begins December 1. (NENA615)

# Let's Talk English Conversation

(EN) Fridays, December 2 & 16, 7:00 p.m. Meet new friends and practice your English language conversation in a relaxed and friendly environment.

## **Quick Reads**

This program will resume in January.

## Friends of the From the Northport-East Northport librarv

Visit the American Museum of Natural History for a discounted price, courtesy of The Friends of the Library. The discount vouchers are \$10 and can be redeemed for general admission and one special exhibition, film, or live animal exhibition of the visitor's choosing.

Vouchers are available, while supplies last, at the Circulation Desks at both library buildings. Please pay by cash or check payable to The Friends of the Library. (NENA616)



#### **Registration for Teen programs and Volunteer Opportunities begins December 1.**

## **Fandom Friday: Pixel Party**

(N) Friday, December 2, 7:00-8:30 p.m.

Join your fellow fandom fans in this special festive holiday workshop where you can make pixel art of your favorite characters for gifts or to keep yourself! (NENY939)



# Magic: The Gathering

(N) Saturday, December 3, 1:00-2:30 p.m. Play the fun card battle game Magic: The Gathering. Please bring your own Magic: The Gathering decks. (NENY940)

# Socrates Café

#### (N) Monday, December 12, 7:00-8:00 p.m.

Our philosophy club is a great opportunity for teens to delve into life's Big Questions in an enthusiastic atmosphere of free thinking, energetic exchange, and unique perspectives. Food for thought (refreshments) will be served. Newcomers are always welcome! (NENY941)



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WILD



#### **Teen Volunteer Opportunities** Open to students in grades 7-12 You may choose one volunteer opportunity in addition to Teen Advisory Board.

# **Teen Advisory Board: Little Shelter Gift Bags**

#### (EN) Wednesday, December 7, 7:00-8:00 p.m.

Join the Teen Services Department in creating holiday play and snack packs for Huntington's Little Shelter Animal Rescue & Adoption Center. (NENY935)



(EN) Monday, December 19, 3:45-5:00 p.m.

Assist children in grades 1-5 as they create Lego projects and earn community service credit. (NENY936)

# **Chess Club Volunteers**

#### (N) Thursday, December 29, 6:45-8:00 p.m.

Earn volunteer credit while you assist children learning to play chess. A basic knowledge of the game is required. (NENY937)

# **Noon Year's Eve Party Volunteers**

(N) Friday, December 30, 10:45 a.m.-12:15 p.m. Celebrate New Year's Eve with a countdown to noon! We'll have games, crafts, music, snacks, and more to ring in the New Year. (NENY938)

# **Speaking of Writing**

On October 17, 2016 the Teen Services Department of the Northport-East Northport Public Library welcomed two-time National Book Award finalist Eliot Schrefer to its 25th Annual Speaking of Writing Distinguished Author Visit.

More than 200 seventh graders from the district middle schools learned about Mr. Schrefer's writing process and his hands-on research, which included a trip to the Congo to study bonobos. After his presentation, the students were able to ask questions and speak with the author.

View the complete list of distinguished authors who have participated in the Speaking of Writing program inspiring thousands of middle school students over the years: www.nenpl.org/teens/speakingofwriting

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# FOR CHILDREN

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# Books a Poppin'

(N) Fridays, December 2, 9, 10:00 a.m. (EN) Fridays, December 2, 9, 10:00 a.m. Children birth-5 years with adult

We'll read stories, sing songs, share rhymes and fingerplays, and have fun in this interactive program for families. (30 min.)

# Block Party!

(N) Friday, December 2, 7:00 p.m. Children 1-4 years with adult; siblings welcome

Children learn to use their minds as well as their muscles while having fun

building with blocks and playing with other children. (45 min.)

#### **Dragons and Dreams**

#### (N) Sunday, December 4, 2:00 p.m.

Children in grades K-5; adults and siblings welcome Science meets storytelling in this spectacular dragon adventure which features interactive experiments with dry ice, fog, bubbles, and flying rockets. (45 min.) Registration is underway. (NENJ995)

#### **Dino-Sing**

(N) Monday, December 5, 10:00 a.m. Children birth-5 years with adult; siblings welcome

Enjoy a family friendly concert for little ones who love music, movement . . . and

dinosaurs! (30 min.) Registration is underway. (NENJ992)

# Edition 2 PJ Storytime: **Teddy Bear Time**

#### (EN) Tuesday, December 6, 7:00 p.m.

Children birth-5 years with adult; siblings welcome Bring your favorite cuddly teddy and join the fun as we share stories about bears, big and small, in this active family storytime with music, movement, and more! (30 min.)

#### Habitat for Humanity: **Community Awareness for Families**

#### (N) Thursday, December 8, 7:00 p.m.

Children in grades K-5; adults and siblings welcome Enjoy listening to the book *The Carpenter's Gift* by David Rubel, and learn how the Rockefeller Center Christmas tree relates to Habitat for Humanity. An organization representative will also discuss the impact Habitat has on Long Island. (45 min.) Registration is underway. (NENJ993)

# **Inclusive Family Magic**

#### (EN) Saturday, December 10, 3:00 p.m.

Children in grades K-5; adults and siblings welcome

Magic can be a great way to help develop interactive social skills. A professional magician will give close-up demonstrations that include the audience and reveal the secrets behind certain magic tricks. Materials will be provided for those who would like to

practice tricks at home. (60 min.)

Registration is underway. (NENJ994)



#### Go Global: Spain

(N) Wednesday, December 14, 4:00 p.m.

Children in grades K-3

This month we travel to Spain through stories, art, music, and more! (60 min.) Registration begins December 1. (NENJ100)

# **Coding and Robotics**

#### (N) Thursday, December 15, 4:00 p.m.

Children in grades 2-5

Kids learn to create their own computer code to program a robot's route down a racetrack. (45 min.) Registration begins December 1. (NENJ101)





Children in arades 1-5

Children will practice reading aloud to a certified therapy dog. Select a book from the Library's collection or bring a book from home. Registration begins December 1. Choose one 15-minute session:

#### 6:30-6:45 p.m. (NENJ102) 7:00-7:15 p.m. (NENJ104) 6:45-7:00 p.m. (NENJ103) 7:15-7:30 p.m. (NENJ105)

# Ongoing program

# 1.000 BOOKS BEFORE KINDERGARTEN

See any of our **Children's Librarians** for more information and to sign up!

#### **Gingerbread Houses**



(N) Saturday, December 17, 11:00 a.m. Children in grades K-5 with adult; siblinas welcome

Guy Gagliano of Swan Bakery will inspire each family to build and decorate their

own delicious gingerbread house. All materials will be provided. A non-refundable fee of \$8 (cash or check made out to the Northport-East Northport Public Library) must be brought to either library within 3 days of registration. Your REGISTRATION IS NOT COMPLETE until payment is received. Only one gingerbread house per family please. (60 min.) Registration begins December 1. (NENJ106)

# **Sensory Friendly Film**

(N) Sunday, December 18, 2:00 p.m. Children 4 years and up with adult; siblings welcome

The lights are up, the sound is down, and kids are free to move around. Come see the Pixar Short Films Collection: Volume 2. The series of animated shorts provides an audience the opportunity to move and stretch in-between segments. All are welcome to attend. Rated G. (75 min.)

# Anything Goes Legos

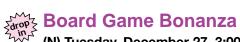
(EN) Monday, December 19, 4:00 p.m. Children in grades 1-5 Use the Library's Legos to build your own creation that will go on display in the Children's Room. (45 min.)

# Newbery Club

(N) Tuesday, December 20, 7:00 p.m.

Children in grades 4 and up Come nominate your favorite book as we set the ballot for our Mock Newbery election on January 17. Check the Newbery Book Club page on the Library's website for a list of books the Club members have been reading this year. New members are always welcome. (60 min.)





(N) Tuesday, December 27, 3:00 p.m. Children 4 years and up; adults and siblings welcome Make new friends while you play your favorite board game or learn a new one. A small group experience will also be available. (60 min.)





## Family Build It

(N) Wednesday, December 28, 4:00 p.m. Children 4 years and up with adult; siblinas welcome

Families are welcome to come and build together with materials of all sizes and textures. A small group experience will also be available. (60 min.)



# Strop Chess Club

(N) Thursday, December 29, 7:00 p.m. Children in grades 3-6

Chess teaches children foresight, helps them to expand self-confidence, and sharpens their ability to focus. All skill levels are welcome, but a basic knowledge of the game is required. (45 min.)





The Bookmark

Spot

Stop by the Library

December bookmark

reading list compiled

by Children's Librarians

by Emma Fierro. A

and pick up the

# Noon Year's Eve Party

(N) Friday, December 30, 11:00 a.m. Children 4 years and up with adult: siblings welcome



Celebrate New Year's Eve with a countdown to noon! We'll have games, crafts, music, snacks, and more to ring in the New Year. (60 min.)

# **Sensorv Fun**

(N) Saturday, January 7, 10:00 a.m. Children 3-6 years with adult; siblings welcome

Participate with your child in a storytime followed by a hands-on experience designed to stimulate the senses. (45 min.) Registration begins December 10. (NENJ114)







151 Laurel Avenue Northport, NY 11768 631•261•6930

185 Larkfield Road East Northport, NY 11731 631•261•2313

# December 2016

Non Profit Organization U.S. Postage Paid Permit #78 East Northport, NY

#### LIBRARY HOURS

9 to 9 Monday thru Friday 9 to 5 Saturday 1-5 Sunday

#### LIBRARY TRUSTEES

Elizabeth McGrail, Chairperson Jacqueline Elsas, Vice Chairperson Andrea Gladding Margaret Hartough Georganne White *Board Meeting: (N) December 15, 10:00 a.m.* 

#### LIBRARY DIRECTOR: James Olney ASSISTANT DIRECTOR: Nancy Morcerf BRANCH LIBRARIAN: Candace Reeder

**EDITOR:** Janet Naideau ©2016 All rights reserved.

#### \* \* \* ECRWSS \* \* \* **RESIDENTIAL CUSTOMER** EAST NORTHPORT, NY 11731



The newsletter is available in Large Print.



The Northport-East Northport Public Library is proud to announce a partnership with **Music and Memory**. This personalized music therapy program—an iPod with customized playlist—is designed to enhance the lives of people living with Alzheimer's disease, dementia, and other degenerative neurological diseases. The program can help to relieve boredom, empower choice, enable memory, and provide avenues for genuine communication with family, friends, and caregivers through music-triggered memories.

How to participate:

- Stop by the Adult Reference Desk in either building or visit **www.nenpl.org** to obtain the Music and Memory application and Playlist Questionnaire. This program is available to Northport-East Northport Public Library cardholders only.
- A Reference Librarian will customize your playlist and load the music onto an iPod. The iPod will be checked out to your Northport-East Northport Public Library card.
- This is an ongoing program. You and the Reference Librarian will continue to work together to update your playlist.

For more information about this innovative program, stop by or call the Adult Reference Desk or visit **www.nenpl.org**.