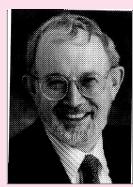
## FOR ADULTS



**David Bouchier** presents "A Short History of the Next Millennium" (N) Thursday, March 23, 7:30 p.m.

How do we imagine the future? Since the beginning of time, man has created

plans, schemes, and visions for the future. They all had one thing in common - they were wrong!

David Bouchier, author, humorist and National Public Radio commentator, takes a humorous look at predictions from the earliest time to the 20th century. Free tickets are available March 4 at both libraries.

### **Investing Made Simple**

(N) Tuesday, March 28, 7:30 p.m.

Are you overwhelmed at the prospect of handling your own finances? Do discussions about stocks and bonds sound like another language to you? Lizbeth Lindley of Edward Jones Investments will help simplify the investment process and prepare you to make sound investment decisions. All are welcome.

#### **Naturopathic Medicine**

(EN) Tuesday, March 21, 7:30 p.m.

Christopher J. Fischer, naturopathic physician, will discuss the naturophathic philosophy which incorporates herbal medicine, homeopathy, physical medicine, hydrotherapy, nutrition, and counseling in its treatment modalities. All are welcome.



to The Museum of the Moving Image & Noguchi Gardens Friday, **April 28, 2000** 

Departure: 8:30 a.m. from the Laurel Ave. School parking lot (across from Northport Library)

**Return:** 6:00 p.m.

**Cost:** \$64 per person (checks only; payable to Northport-East Northport Public Library; non-refundable)

**Itinerary:** Tour the Museum of the Moving Image in Astoria. Luncheon at Galini Restaurant will be followed by a visit to the magnificent Noguchi sculpture garden.

Register in person (limit 2 on first day of ticket sale) at the Northport Library beginning March 18.



#### (EN) Friday, March 10, 7:30 p.m.

You're in for a toe-tapping, hand-clapping good time with Banjo Bob and Crazy Henry! Join them for a lively evening of Ragtime, Dixieland, show tunes, and all your favorites from the '30s and '40s. All are welcome.

# Virtual Reference 101 (N) Monday, March 27, 7:30 p.m.

Your assignment is due tomorrow and it's 9:15 p.m.! What can you do? Why not try the Virtual Reference Collection via SuffolkWeb Internet

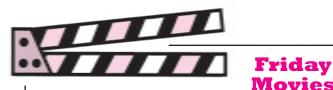
Access? This group of Internet-accessible databases has been selected by librarians to provide high quality resources in the Library and at home.

In our Virtutual Reference 101 program, reference librarians will show you how to use the Library after hours with a click of the mouse. All are welcome.

### **Computer Kindergarten** for Adults

(EN) Monday, March 13, 9:30-11:30 a.m. Register March 4 at East Northport Library. (N) Monday, March 20, 7:00-9:00 p.m. Register March 11 at Northport Library.

Instructors from Western Suffolk BOCES will conduct this user-friendly, hands-on workshop. Participants will learn how to use the mouse, the Windows desktop, save a file, and create a document. Laptop computers will be supplied. Class size is limited.





(N) Friday, March 3, 2:00 p.m.

When Ned Devine dies from shock after winning the lottery, two longtime friends devise an outrageous scheme to claim the ticket. Rated PG 91 min.

### **Cookie's Fortune**

(N) Friday, March 24, 2:00 p.m.

The mysterious death of a matriarch has a small Southern town in an uproar. Stars Glenn Close and Julianne Moore. Rated PG-13. 118 min.

## I'll Take Romance!

(N) Sunday, March 5, 2:00 p.m. Are you one of the estimated 45



million Americans who read romance novels? Did you know that romance novels account for nearly 48% of paperbacks sold each year? If romance is your fiction of choice, or if you've considered writing a romance novel yourself, join Pamela Burford, Myra Platt, and Happeth Jones, members of the Romance Writers of America, for an insider's look at this varied genre. They will discuss the many romance styles - contemporary, historical, fantasy, Regency, etc. - and share insights on the writing process. All are welcome.

### **Defensive Driving**

(EN) Monday, March 27 & Wednesday, March 29. 7:00-10:00 p.m. Fee: \$30

Applications for this six-hour course may be picked up at either Library beginning March 2.

#### **Novel Ideas**

(N) Friday, March 10, 1:00 p.m.

(N) Monday, March 13, 7:00 p.m.

*Triage* by Scott Anderson is our novel this month. Please pick up your copy of the book at the Circulation Desk.

### **Book & Sandwich (W)rap**

(EN) Thursday, March 2, 1:00 p.m. (N) Tuesday, March 7, 7:00 p.m.

This month's short stories are all by Irish women: Maeve Binshy, Jennifer Johnston, and Evelyn Conlon. To join us and reserve a copy of the stories, call Michelle Epstein or the Reference Department at 261-6930.

### Seniors ... It's Tax Time!

#### **Tax-Aide Program** for Seniors

(EN) Thursdays, 9:00 a.m.-1:00 p.m. (N) Fridays, 9:00 a.m.-1:00 p.m.

AARP counselors, trained by the IRS, will be available at both libraries through April 14. If possible, please bring last year's completed tax forms with you.

No registration is necessary for either of these services. Assistance is available on a first-come, first-served basis.



- 2 -



## FOR ADULTS

### Who Will Look After Your **Disabled Family Member?**

(N) Wednesday, March 29, 7:30 p.m.

"Who will look after our child when we are gone?" is one of the questions asked most often by parents of a son or daughter with a disability. Roslyn Brilliant, Executive Director of the non-profit voluntary organization Disabled and Alone/Life Services for the Handicapped, Inc., will explain how this organization helps families plan ahead for the care of a disabled member. She will discuss how families can create a long-term care plan, provide assets, and make use of private and government programs. All are welcome.

### Senior Advocate

(EN) Friday, March 10, 1:00-3:00 p.m. Joan Haugen of the Suffolk County Office for the Aging will provide advice and referrals to seniors. Services include counseling for benefits, home care, legal aid, ID cards, and more. No appointment necessary.

### Health Insurance Information. **Counseling & Assistance**

(EN) Thursday, March 9, 1:00-4:00 p.m. (N) Thursday, March 23, 1:00-4:00 p.m.

HIICAP-trained counselors answer questions about Medicare, supplementary insurance, and HMOs designed for Medicare recipients. Call 261-6930 (Northport) or 261-2313 (East Northport) to make an appointment.

### **55/Alive Driver Program**

(N) Monday, April 10, 9:30 a.m.-4:00 p.m. Register March 25 at the Northport Library.

AARP's Mature Driver Program is open to library card holders who are 50 years of age or older. There is a \$10 fee payable to AARP by check or money order only. Please bring your library card to registration.

## FOR YOUNG ADULTS

### **S.A.T. Preparation Workshop**

(EN) Thursdays, March 30, April 6, April 13, & May 4, 6:15-8:45 p.m.

This four-session, ten-hour course will be taught by experienced teachers and S.A.T. instructors Donald Loeffler (verbal) and Barbara White (math). Bring a calculator and some sharpened pencils and get ready for test day, May 6. Registration begins March 11 at the East Northport Library. The \$50 fee includes the S.A.T. *Course Book*. Bring check or money order only please, payable to the Northport-East Northport Public Library.

## Vanderbilt **Cup Race**

Game (N) Tuesday, March 1

7:30 p.m. Grades 2 and up Children will

Vanderbilt Cup Coursenstand Garplica of the they will be

able to take home and play. Registration begins March 7 at the Northport Library.

### **Pajama Storytime**

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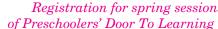
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COYE

(EN) Tuesday, March 7, 7:00 p.m. (N) Friday, March 17, 7:00 p.m.

Children, ages 3 and up, may wear their PJs to this 30-minute parent/child bedtime storvtime. No registration required.

### **Preschoolers' Door To Learning** Registration



will be held on Saturday, March 11 at 9:00 a.m., in the Community Room of the Northport Library. A program schedule is available in both libraries.

## **FOR FAMILIES**



### **Sunday Family Special:** The Hampstead Players present **The Secret Garden**

#### (N) Sunday, March 12, 2:00 p.m.

Come to the secret garden – mysterious, walled, and locked — the center of Frances Hodgson Burnett's beautiful and moving story of a lonely little girl and how she finds friends, health, and happiness in a great house on the Yorkshire moors. The Hampstead Players, the largest touring theatre company of its kind in the country, brings this children's classic to life. Children will be asked to join in the production and the whole family will be moved by the charm and magic of this timeless tale. Free tickets for this program are available March 1 at both libraries.

### Time Travel to the Motor Parkway

FOR CHILDREN

(N) Friday, March 24, 7:30-8:30 p.m. Grades 3 and up with adult

Travel back in time to the Long Island Motor Parkway without ever having to leave your seat! Join Robert Miller, parkway historian, for a slide presentation and discussion about the world's first concrete roadway designed for the automobile. Learn how and why it was built, what is left of the parkway, and the current effort to place the parkway on the National Register of Historic Places. Please register at the Northport Library beginning March 1.

### **Songs & Stories for Everyone**

Children ages birth to 36 months with parent/caregiver

(N) Tuesdays, March 8, 15 & 22, 10:00 a.m. & 11:00 a.m. (N) Saturday, March 18, 10:00 a.m. & 11:00 a.m.

Preschool children are introduced to a variety of early musical experiences in this special Preschoolers Door To Learning program with early childhood educator Dara Linthwaite. Registration begins March 4 at the Northport Library.

### HOME THE PARENT CENTER PUBLIC

#### Communicating with Adolescents (N) Wednesday, March 1,

7:30-8:30 p.m.

The middle school child is

experiencing self-exploration and new found independence, which often brings conflict into the home. Tom Fazio. Time Out Room counselor. and John Macaluso, school counselor, will share strategies to bridge the communication gap between the middle school child and the adult. Registration is now underway.

#### **Identifying Signs of Alcohol and Substance Abuse** in Adolescents

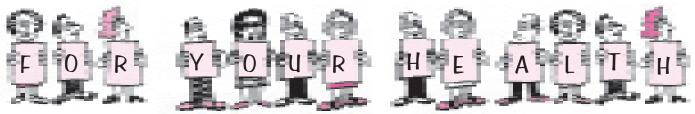
#### (N) Tuesday, April 4, 7:30-8:30 p.m.

Sherri Bennett, certified rehabilitation counselor, and Tom Fazio, Time Out Room counselor, will discuss the typical behaviors observed when middle and high school students are at risk or involved with alcohol and/or substance use. Presenters will provide ideas to empower parents to discuss these issues with their children. Please register at the Northport Library beginning March 21.





## **A Library Card is Good**



Check out the latest information on health issues at the Library The following materials are available at the Health Center in the Northport Library. Many are also available at the East Northport Library. Our Reference Librarians will be happy to help you find the information you need.

#### **Reference Books**

American Dental Directory

The Complete Drug Reference

Current Medical Diagnosis & Treat mont

Current Procedural Terminology

Diagnostic and Statistical Manual of Mental Disorders

The Essential Guide to Prescription Drugs

Harvard Medical School Family Health Guide

Health Information for International Travel

*How to Find the Best Doctors:* New York Metro Area

Johns Hopkins Family Health Book

Medical and Health Information Directory

#### **Periodicals**

American Journal of Nursing *ArthritisToday* Diabetes Self-Management Health JAMA MAMM Natural Health New England Journal of Medicine physician and sportsmedicine Prevention USA Today – Your Health

Medical Directory of New York State

The Merck Manual of Diagnosis and Therapy

Mosby's Medical, Nursing, & Allied Health Directory

The Official ABMS Directory of Board Certified Medical Specialists

Parent's Guide to Childhood *Medications* 

The Patient's Guide to Medical Tests

PDR for Herbal Medicines

Physicians' Desk Reference for Nonprescription Drugs and Dietary Supplements

Physicians' Desk Reference The Pill Book

The Pill Book Guide to Over-the-Counter Medications

The Washington Manual of Medical *Therapeutics* 

#### **Newsletters**

Consumer Reports on Health Connections Disability Resources Monthly Harvard Health Letter Johns Hopkins Medical Letter Health After 50 Mayo Clinic Health Letter Nutrition Action Health Letter Health & Nutrition Letter (Tufts Univ.

Wellness Letter (Univ. of CA, Berkeley)

#### **Websites**

Harvard Medical School Family **Health Guide Online** (http://www.health.harvard. edu/fhg) is intended to perpetually update the book format and can be used to search the latest breaking news on diseases and conditions. how to stay healthy, what to expect when you visit the doctor as well as information on drugs, diagnostic testing and types of specialists.

#### **Mayo Clinic Health Oasis** (http://www.mayohealth.org)

presents up-to-date information on a wide variety of medical topics and provides explanations on treating common and not-so-common illnesses. "Ask Mayo" offers the opportunity to question physicians and dieticians, and "Search" helps in finding specific health information.

#### Intelihealth

(http://www.intelihealth.com)

sponsored by Johns Hopkins Medical Center. combines health information with access to journal databases, organizations, and medical topics in the news. The site offers "Hospital Select," an online hospital locator and pharmaceutical searches for medications consumers want to know about.

**American Medical Association** (http://www.ama-assn.org) website includes Doctor Finder. Hospital Finder, and timely information on general health issues, medical news, and specific health conditions.

### **Voting Information**

Each April, the Library Board of Trustees calls on the community to vote on the annual operating budget for the next fiscal year and to elect a trustee. This year one trustee will be elected whose term will commence on **July 1, 2000.** 

#### You Should Know These **Important Voting Facts:**

#### Information Meeting –

Wednesday, March 22, 7:00 p.m. Northport Library Building.

Vote — Tuesday, April 11, 9:00 a.m. to 9:00 p.m. at both the East Northport & Northport Library

See April newsletter for information on where you should vote.

Who Can Vote – Anyone who is

- 1. at least 18 years of age;
- 2. a citizen of the United States;
- 3. a resident of the Northport-East Northport School District for at least 30 days;
- 4. registered to vote.

If you have not voted within four years in a general, school, or library election, re-registration is required.

Registration may be made in person prior to April 1 at the following locations: 1) any school in the district between the hours of 9:00 a.m. and 3:00 p.m., any day that school is in session; 2) the offices of the School District Clerk, 110 Elwood Road, Northport, Monday through Friday from 8:00 a.m. to 4:00 p.m.

You may register prior to March 27 at the Suffolk County Board of Elections, Yaphank Ave., Yaphank, Monday through Friday from 9:00 a.m. to 4:30 p.m.

You may register by mail using application forms available in both library buildings. Applications must be received at the Suffolk County Board of Elections no later than March 31, 2000.

Absentee Applications – Applications for absentee ballots are available in both library buildings.



March-May Pick up an exhibit schedule at the Library beginning March 1.

#### **Floral Decorations:**

Northport: Arrangement courtesy of Flower Basket.

Sun.	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Clip & Sip! Library Cafe Beverage Cou <sup>2</sup> pon With this coupon enjoy 20% off your next beverage purchased at The Library Cafe. Redeemable at either the East Northport or Northport Library.			<ul> <li>*Registration begins at Northport for Time Travel to the Motor Pkwy. on 3/24</li> <li>Tickets available for The Secret Garden on 3/12</li> <li>Blood Pressure Check</li> <li>(N) 9:30-10:30 am</li> <li>(EN) 11 am-12 noon</li> <li>*My First Storytime</li> <li>(EN) 9:30 am &amp; 10:30 am</li> <li>*On My Own (EN) 1:30 pm</li> <li>*Communicating with Adolescents (N) 7:30 pm</li> </ul>	<ul> <li>Applications available for Defensive Driving on 3/27 &amp; 3/29</li> <li>AARP Tax-Aid Program (EN) 9 am-1 pm</li> <li>*On My Own (EN) 9:30 &amp; 10:30 am</li> <li>*Parent / Child Discovery Time (N) 9:30 am &amp; 10:45 am</li> <li>*Book &amp; Sandwich (W)rap (EN) 1 pm</li> </ul>	3 AARP Tax-Aid Program (N) 9 am-1 pm *Parent/Child Workshop (EN) 9:30 am & 10:45 am *Fours & More (N) 9:30 am * Fours & More (EN) 1:30 pm Movie: Waking Ned Devine (N) 2 pm *Story Parade (N) 3:45 pm Knitters' Circle (N) 7 pm	Registration begins at Northport for Songs & Stories for Everyone Registration begins at East Northport Library for Computer Kindergarden for Adults on 3/13 Tickets available for "A Short His tory of the Next Millennium" with David Bouchier on 3/23 *Museum Day for Preschoolers (N) 9:30 am & 10:30 am
11 Take Comance N) 2 pm	6 *On My Own (N) 9:30 am & 10:30 am *For Fours (N) 1:30 pm *Story Parade (EN) 3:45 pm *Defensive Driving (N) 7 pm *Design A Bookmark Contest Reception (EN) 7:30 pm	*Book-A-Trip to Philadelphia Flower Show departs 7:30 am Registration begins at Northport for Vanderbilt Cup Race Game on 3/14 *Laptime (N) 9:30 am & 10:30 am *For Fours (EN) 9:30 & 10:30 am *Book & Sandwich (W)rap (N) 7 pm Pajama Storytime (EN) 7 pm *STEP (Systemic Training for Ef- fective Parenting) (N) 7:30 pm	8 *My First Storytime (EN) 9:30 am & 10:30 am *Songs & Stories for Everyone (N) 10 & 11 am *On My Own (EN) 1:30 pm	(EN) 9 am-1 pm         *On My Own         (EN) 9:30 & 10:30 am         *Parent / Child         Discovery Time         (N) 9:30 am & 10:45 am         *HIICAP (EN) 1-4 pm         by appt.         KETWALK Internet User	AARP Tax-Aid (N) 9 am-1 pm *Parent/Child Workshop (EN) 9:30 am & 10:45 am Fours & More (N) 9:30 am Novel Ideas (N) 1 pm Fours & More (EN) 1:30 pm enior Advocate (EN) 1-3 pm Story Parade (N) 3:45 pm A Book Chat Cafe (EN) 4:30-5:30 pm initters' Circle (N) 7 pm ireside Friday: Banjo Bob & razy Henry (EN) 7:30 pm	Registration begins at Northport Library for Preschoolers' Door to Learning Spring Session Registration begins at Northport for Computer Kindergarden for Adults on 3/20 Registration begins at East Northport for S.A.T. Preparation Workshop
2	13 *55/Alive Mature Driver Program (N) 9:30 am	14 *Laptime	15 *My First Storytime	16 AARP Tax-Aid Program	17 AARP Tax-Aid Program (N) 9 am-1 pm *Parent/Child Workshop	18
Sunday Family Special: Hampstead Players pres- nt The Secret Harden N) 2 pm	*Computer Kindergarten for Adults (EN) 9:30 am *For Fours (N) 1:30 pm *Story Parade (EN) 3:45 pm *Novel Ideas (N) 7 pm	<ul> <li>(N) 9:30 am &amp; 10:30 am</li> <li>*For Fours</li> <li>(EN) 9:30 am &amp; 10:30 am</li> <li>*Vanderbilt Cup Race Game</li> <li>(N) 7:30 pm</li> <li>*STEP (Systemic Training for Effective Parenting) (N) 7:30 pm</li> </ul>	<ul> <li>(EN) 9:30 am &amp; 10:30 am</li> <li>*Songs &amp; Stories for Everyone (N) 10 &amp; 11 am</li> <li>Library Board of Trustees Meeting (N)</li> </ul>	<ul> <li>(EN) 9 am-1 pm</li> <li>*Parent / Child Discovery Time</li> <li>(N) 9:30 &amp; 10:45 am</li> <li>*Support Group for Siblings</li> <li>(N) 3:30 pm</li> </ul>	(EN) 9:30 am & 10:45 am *Fours & More (N) 9:30 am * Fours & More (EN) 1:30 pm *Story Parade (N) 3:45 pm Knitters' Circle (N) 7 pm Pajama Storytime (N) 7 pm	Tickets go on sale at Northport Library for Book-A-Trip to Nogu- chi Gardens & Museum of the Moving Image on 4/28 *Songs and Stories for Everyone (N) 10 am & 11 am
9	20 *Songs & Stories for Everyone (EN) 10 & 11 am *Story Parade (EN) 3:45 pm *Computer Kindergarten for Adults (N) 7 pm	<ul> <li>21 Registration begins at Northport for Identify- ing Signs of Alcohol and Substance Abuse in Adolescents on 4/4</li> <li>*Laptime (N) 9:30 am &amp; 10:30 am</li> <li>Oral History Project (N) 7:30 pm</li> <li>Friends of the Library (N) 7:30 pm</li> <li>Naturopathic Medicine (EN) 7:30 pm</li> </ul>	<ul> <li>*My First Storytime (EN) 9:30 am &amp; 10:30 am</li> <li>*Songs &amp; Stories for Everyone (N) 10 &amp; 11 am</li> <li>Information Meeting (N) 7 pm</li> </ul>	AARP Tax-Aid Program (EN) 9 am-1 pm *Parent / Child Discovery Time (N) 9:30 & 10:45 am *HIICAP (N) 1-4 pm by appt. *Support Group for Siblings (N) 3:30 p.m. *David Bouchier presents "A Short History of the Next Mil- lennium" (N) 7:30 pm	(EN) 9:30 am & 10:45 am AARP Tax-Aid Program (N) 9 am-1 pm Movie: Cookie's Fortune (N) 2 pm Knitters' Circle (EN) 7 pm	25 Registration begins at North- port Library for 55/Alive Ma- ture Driver Program on 4/10
6	27 *Songs & Stories for Everyone (EN) 10 & 11 am	28	*Defensive Driving (EN), 7 nm	<b>30</b> AARP Tax-Aid Program (EN) 9 am-1 pm	31 AARP Tax-Aid Program (N) 9 am-1 pm	
	*Defensive Driving (EN) 7 pm Virtual Reference 101 (N) 7:30 pm	Investing Made Simple (N) 7:30 pm	*Defensive Driving (EN) 7 pm Who Will Look After Your Dis- abled Family Member? (N) 7:30 pm	*S.A.T. Preparation Workshop (EN) 6:15-8:45 p.m. NETWALK Basics (N) 7:30 pm	*Parent/Child Workshop (EN) 9:30 am & 10:45 am Knitters' Circle (N) 7 pm	Adults are welcome to our March 24th program on the Motor Parkway.

#### N = Northport Library **EN = East Northport Library**

- 6 - Italic type indicates Children's Programs. meeting room is limited.

\*Pre-registration or tickets required for this program. Occupancy of our

Enrollment in our programs is limited, with preference given to library card holders. Tickets limited to 2 per patron on the first day of registration.

The Northport-East Northport Public Library encourages all patrons to participate in programs and activities.

Please let us know in advance if you require any special ac--7commodations because of a disability.



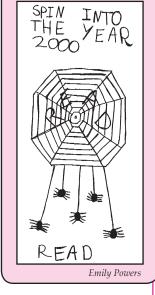
## **Design** A **Bookmark Contest ...**

### and the winners are

The Northport-East Northport Public Library is happy to announce the winners of our 4th Annual Design A Bookmark Contest. The winning designs will be reproduced in the Children's Room each month for the next year.

	<u>grade</u>	<u>bookmark</u>		<u>grade</u>	<u>bookmark</u>
<b>Emily Powers</b>	1st	March '00	Julia Eicher	5th	Sept. '00
Emily Rogers	2nd	April '00	Sarah Jordan	4th	Oct. '00
Kellyann Walley	1st	May '00	Mike Naideau	5th	Nov. '00
John Tamborski	2nd	June '00	Kelly Thomas	1st	Dec. '00
Lauren Freese	5th	July '00	Hallie Sacca	3rd	Jan. '01
Elliot Curran	Κ	Aug. '00	Blair Ingraham	2nd	Feb. '01

Talent and inspiration were evident in all 175 entries, making our judges' job extremely difficult! All of the contest entries will be displayed in the Children's Room at the East Northport Library. The winners and their families are invited to a reception on Monday, March 6, at 7:30 p.m., at the East Northport Library. Congratulations to everyone!



The

Bookmark

Spot

Stop by the Library

and pick up March's book-

mark by Emily Powers. A

reading list, compiled by our

Children's Librarians, is on

the back.



LIBRARY TRUSTEES

EDITOR: MaryEllen Moll

9 to 9 Monday thru Friday

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HOURS

9 to 5 Saturday

C. Annette Carr Elizabeth McGrail

Ruth McKay William Martin

Michael L. Glennon, Chairperson

LIBRARY DIRECTOR: Stephanie Heineman

ASSISTANT DIRECTOR: Eileen Minogue

ASSISTANT EDITOR: Michelle Epstein

1 to 5 Sunday (mid Sept. thru mid June)

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### Northport-East Northport Public Library

151 Laurel Avenue Northport, N.Y. 11768 (631) 261-6930

185 Larkfield Road East Northport, N.Y. 11731 (631) 261-2313

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### A Monthly Guide to Your Library, Its Programs & Services



## **March 2000**



Breaking news . . . a library card is good for your health!

(story on page 5)