# **FOR ADULTS**

Zinperson Z Most adult programs will be offered virtually through Zoom; however, select ones will be held in person at the Library. Please note the icon next to each program to determine the format. Masks are required for all individuals attending programs at the Library. You may register on the library website, www.nenpl.org, or contact the Library at (631) 261-6930 or (631) 261-2313 for assistance.

### Dance, Balance, and Stretch



Tuesdays, January 4, 11, 18, 25, February 1, 10:00 a.m.

Start the New Year off with some pep in your step! This energizing class may help you stay fit, flexible, and steady on your feet. Learn exciting global dances followed by balance exercises and relaxing stretches. Wear low tread sneakers and have a water bottle, two lightweight scarves, and a sturdy chair nearby. Note: Participant accepts responsibility for any potential injury associated with this class by proceeding through the Zoom link. As with all exercise programs, please check with your healthcare provider before registering. Registration is underway. **NENA139** 

#### **Earth Art**



#### Wednesday, January 5, 7:00 p.m.

Art historian and professor Thomas Germano will explore *Earth Art*, the largely American and British art movement that uses the natural landscape to create site-specific structures, art forms, and sculptures. While the roots of Earth Art—also known as land art, environmental art, or Earthworks—can be traced back to antiquity, there was a return to the medium in the late 1960s when a greater consciousness to preserve the Earth gained momentum. Registration is underway. **NENA140** 

# The Post-Acute COVID Tune-Up



Thursday, January 6, 11:00 a.m.

Stephanie Schiff is a Clinical Registered Dietitian and Certified Diabetes Care and Education Specialist at Huntington Hospital, and has been on the frontline since the start of the pandemic. She will be talking about

how to get back on track to good health and fitness through nutrition, exercise, and stress reduction. Registration is underway. **NENA165** 

### **Winter Seed Sowing**



Monday, January 10, 2:00 p.m.

Winter is the time to start seeding, but not indoors. Join a Master Gardener from Cornell Cooperative Extension of Suffolk County and learn how to successfully start seeds outside during the cold months. It is easier to do than using the windowsill or with lamps in the basement, and no greenhouse is needed. Registration is underway. **NENA153** 

### **Black and White Cookies**

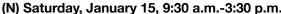


Thursday, January 13, 12:00 p.m.



Join The Baking Coach and learn how to make the batter, form the cookies, and finish them with chocolate and vanilla glaze. Recipe will be emailed to registrants before the program. Registration is underway. **NENA154** 

### **Defensive Driving Class**



A representative from Empire Safety
Council will conduct a 6-hour defensive
driving class. Payment of \$30 is required at
registration, by check, payable to "Empire
Safety Council." *In-person registration at the Northport building only begins January 3*. This
program is limited to Northport-East Northport Public
Library cardholders. **NENA155** 

Note: These courses promote safe driving and help participants maintain their driving skills. Check with your insurance company about the specific premium and point reductions available to you.

# To find out if the Library is closed due to inclement weather:

Call either library building for a recorded message:

(N) 631-261-6930 · (EN) 631-261-2313

or check the library website: www.nenpl.org

# **FOR ADULTS**

# WALK Walk Safe LI: SAFE Staying Safe on Our Streets

### Wednesday, January 19, 2:00 p.m.

The New York Coalition for Transportation Safety in partnership with the Long Island Health Collaborative will present an awareness-raising workshop about New York State traffic/pedestrian laws and practices aimed at protecting you on Long Island's roadways. Learn how to safely move about your neighborhoods and streets while walking or biking. Registration is underway. NENA156

### 5 Basic Principles for Getting (and Staying!) Organized



Wednesday, January 19, 7:00 p.m.

Marie and Annmarie from Organize Me! of NY, LLC will teach simple organizing concepts and provide solutions to common clutter challenges. No matter what your level of organization may be, you will feel empowered to start implementing these principles right away. Registration is underway. NENA159

### Modern Shanghai



Thursday, January 20, 2:00 p.m.

Take a virtual trip to Shanghai, China with traveler and lecturer Sheila Taub. In the past 30 years, Shanghai has experienced an amazing amount of building including residential high rises, upscale shopping malls, and the longest metro in the world. Traditional Chinese-style buildings remain. You will experience both in this entertaining and informative program. Registration is underway. **NENA160** 

### **Natural Headache and Migraine Relief**



Tuesday, January 25, 3:00 p.m.

Join Dr. Shaden Ghattas, PT, and learn how physical therapy may help relieve or reduce your headaches and migraines. Registration is underway. **NENA161** This program is co-sponsored by the public libraries in the Town of Huntington.

# **Funeral Preplanning**





(N) Saturday, January 29, 2:30 p.m.

New York State Licensed Funeral Director and New York State Funeral Director Association (NYSFDA) Board Member Mark Nolan will discuss how to preplan and prefund a funeral for yourself or a loved one, important documents to gather, types of accounts, and other important details to consider. Registration is underway. NENA162

# Film and Television Programs

### Casablanca

### (N) Monday, January 10, 2:00 p.m.

Join film historian Larry Wolff for behind the scenes stories of the writing, filming, and international cast in this classic film set against a background of Nazis, blackmail, and deft touches of humor. A memorabilia display is included. Registration begins December 20. NENR346

### The Queen of Comedy: Lucille Ball



Lecturer Marc Courtade will celebrate the life and career of Lucille Ball, who rose from humble origins to become one of the most powerful women in Hollywood, including the first woman to run a major studio. She entertained us and remains one of the finest comediennes ever known. Registration begins December 20. NENR347

### New Hollywood— **American New Wave Cinema** of the 1970s



#### Thursday, January 20, 7:00 p.m.

Considered the "Last Golden Age of American Cinema" or "The American New Wave," the 1970s brought some of the most momentous films and filmmakers of all time. Historian Grea Blank will explore directors and their films, including Francis Ford Coppola's The Godfather, Steven Spielberg's Jaws, and George Lucas' Star Wars. Registration is underway. NENA152 This program is co-sponsored by the public libraries in the Town of Huntington.

# Cinema at the Library: The French Dispatch

(N) Wednesday, January 26, 6:30 p.m. Join Cinema Arts Centre co-director

Dylan Skolnick to view and discuss The French Dispatch. The plot follows three very different storylines as the French outpost of the fictional Evening Sun newspaper creates its final issue. Rated R. 108 min. Registration begins January 3. NENR348



# m Visit the LIBRARY CAFE!

Enjoy coffee, tea, ICE CREAM, BAKED GOODS, SNACKS, AND MORE.

# **FOR ADULTS**

### **Medicare Counseling**

Wednesday, January 12, by phone

10:00 a.m. NENA166 10:30 a.m. NENA167 11:00 a.m. NENA168

11:30 a.m. NENA169

(N) Tuesday, January 18, in-person

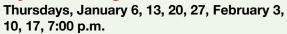
10:00 a.m. NENA170 10:30 a.m. NENA171 11:00 a.m. NENA172 11:30 a.m. NENA173



A volunteer from the Health Insurance Information Counseling and Assistance Program (HIICAP) of the Retired Senior Volunteer Program of Suffolk County (RSVP) will answer your questions about Medicare and supplementary insurance in a one-on-one phone or in-person consultation. Registration begins January 4.

# Language Learning & Literacy

### Dynamic English



Develop your English vocabulary, grammar, reading, and pronunciation with this friendly English conversation group. Registration begins January 3. NENR342

#### **Pronunciation Practice**

Mondays, January 10, 24, 31, February 7, 14, 28, 6:00 p.m.

Improve your English pronunciation skills with a certified Speech Language Pathologist and Accent Modification Trainer. You will learn how to use Standard American English sounds and strategies that will help you to get your point across. Registration begins January 3. NENR341

### Quick Reads

#### Tuesday, January 25, 7:00 p.m.

This informal reading group is designed for intermediate English language learners and for those who would like to develop their literacy skills. Open to all. The reading selection will be emailed one week after registration. Registration begins January 3. NENR343

### **Everyday Spanish**

Tuesdays, January 11, 18, 25, February 1, 8, 15, 4:00 p.m.

Spanish conversation with a focus on building listening skills, improving comprehension, and mastering key vocabulary to help you start conversing in Spanish immediately. Please note: this is not a traditional leveled Spanish language class. Registration begins January 3. NENR344

### **Computer and Technology Classes**

Registration is underway for all sessions.

# SeniorNet:

# Introduction to the Google Cloud

Wednesday, January 5, 2:00 p.m.

Learn how to create a free Google Drive account with 15 GB of storage, automatic backup, and easy file sharing. NENC500

### Introduction to Microsoft Windows 11

Thursday, January 13, 7:00 p.m.

This class provides an overview of the new Windows 11 operating system. If you have not downloaded the upgrade yet, we will provide an overview of the process. NENC501

# **Introduction to Google Docs**

Tuesday, January 18, 6:30 p.m.

Learn the basics of Google Docs. Prerequisite: you must have a Google account and password before the class begins. If you need an account, you may call a Reference Librarian for assistance. NENC502

### Introduction to the iPad and iPhone

Thursday, January 20, 7:00 p.m.

Learn all about your device's hardware, settings, operating system, and more. NENC503

### **Introduction to Android Devices**

Thursday, January 27, 7:00 p.m.

Learn all about your device's hardware, settings, internet usage, and more. NENC504

# **All About Streaming Services**

Thursday, February 3, 7:00 p.m.

There are ways to access TV and movies other than using a cable provider. In this class you will learn about Internet-based streaming and the services available from various providers, including the Library. **NENC505** 

# Book Groups

# **Page Turners**

(N) Thursday, January 13, 2:00 p.m.

Join Page Turners leader Donna Diamond to discuss The Four Winds by Kristin Hannah. Registration is underway.

### **NENA157**

### **Novel Ideas**

(N) Monday, January 24, 7:00 p.m.

Join Librarian Candace Reeder to discuss Monogamy by Sue Miller. Registration is underway. NENA158







# **FOR TEENS**



Most teen programs will be offered virtually through Zoom; however, select ones will be held in person at the Library. Please note the icon next to each program to determine the format. All teen programs, Take and Make Kits, and volunteer opportunities are limited to Northport-East Northport Public Library cardholders only. You may register on the library website, www.nenpl.org, using your library card barcode and password, or contact the Library at (631) 261-6930 or (631) 261-2313 for assistance.

# Registration for the following Teen Programs begins January 4.

### **Clay Class: Chill Cactus**

Saturday, January 15, 2:00-2:30 p.m.

Kick back, relax, and make something cool out of air dry clay. This month we will make a Chill Cactus! Pick up your participation packet at the Teen Center by January 14. **NENY938** 

### **Nintendo Night: RPGs**

Friday, January 21, 7:00-8:00 p.m.

Join your fellow gaming fans in this celebration of all things Nintendo. We will discuss the history of Nintendo games, participate in a quiz and fan art contest, and make a cool craft. This month we will be discussing the RPG genre. Pick up your participation packet at the Teen Center by January 20. **NENY939** 

# Snack Around the World: Great Britain

Friday, January 28, 7:00-8:00 p.m.

Discover the culinary delights of different countries in this discussion club. We will sample two different international snacks and discuss our favorite international media. Pick up your participation packet at the Teen Center by January 27. **NENY940** Note: Snack foods may contain potential food allergens. Please review ingredients with a parent or guardian before eating this food.

# Take and Make Kits

Registration and pickup begin January 4. Kits are to be picked up at the Teen Center. All materials are provided. *Please note: Your registration will be canceled if your kit is not picked up by January 28.* 

#### **Ceramic Wall Planter**

Brighten up your space using gold paint and faux flowers. **NENY945** 

### **Daisy and Sunflower Sunglasses**

Celebrate National Daisy Day and make the ultimate style statement with these customizable flower power sunglasses. **NENY946** 

### Waterless Snow Globe

Create your own mini winter wonderland. **NENY947** 



Registration for the following Teen Volunteer Opportunities begins January 4.

Open to students in grades 7-12.

You may choose two Volunteer Opportunities this month.

### "Crafter-noon" Volunteers



(EN) Saturday, January 22, 2:45–4:15 p.m.
Assist children with making a variety of crafts.
NENY948

# Teen Advisory Board: Dog Biscuits



Monday, January 31, 7:00-8:00 p.m.

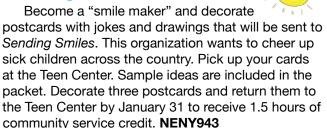
Whip up a batch of dog treats for local shelter pups. Zoom attendance is mandatory to receive two hours of community service credit. Please drop treats off at the Teen Center by February 2. The recipe will be emailed upon registration. **NENY941** 

### **Bookmark Volunteers**



Design and make bookmarks for our local senior center book clubs. Packets are available at the Teen Center. Paper, die cuts, and instructions are included in the packet. Create three bookmarks and return them to the Teen Center by January 31 to receive 1.5 hours of community service credit. **NENY942** 

# **Sending Smiles**



# Valentine's Day Ragged Heart Wreath

Make a wreath using strips of fabric. Packet includes all materials and directions, and may be picked up at the Teen Center. Wreaths will be donated to senior living residents. Return your completed wreath to the Teen Center by January 31 to receive three hours of community service credit. **NENY944** 



# **FOR CHILDREN**

Children's and family programs will be offered in a variety of formats - virtually through Zoom, in person, as prerecorded videos, and as kits. Please note the icon next to each program to determine the format. Masks are required for all children two years and up and adults attending programs at the Library. You may register for programs on the library website, www.nenpl.org, or contact the Library at







Registration for many of the following single and series Road to Reading Programs is underway. (One series program per child, please.)

### Mother Goose Rhyme Time

(EN) Wednesdays, January 12, 19, 26, 10:00 a.m. Children birth-23 months with adult; no siblings, please

Enjoy rhymes and songs with your young child in this program focusing on nursery rhymes. (30 min.) NENJ454

# Moms' Group

Wednesdays, January 19, 26, February 2, 9, 16, 10:00 a.m.

Children birth-3 years with mother; siblings welcome This weekly discussion for moms, led by a trained facilitator, will introduce various topics and activities that celebrate and explore motherhood. *Registrants* will be emailed a link to the Zoom meeting. (60 min.) NENJ457

# **Books a Poppin'**

(EN) Fridays, January 14, 21, 28, 10:00 a.m.

Children birth-5 years with adult; siblings welcome We will read stories, sing songs, share rhymes and fingerplays, and have fun in this interactive storytime. (30 min.) NENJ456

# New Year—Unique You! **Pajama Storytime**

(EN) Tuesday, January 18, 7:00 p.m.

Children birth-5 years with adult; siblings welcome Ring in the New Year with stories and music that celebrate what makes each of us special and amazing. (30 min.) NENJ460

# **Baby Signing Time**

(N) Wednesdays, February 2, 9, 16, 10:00 a.m.

Children 6-23 months with adult; siblings welcome Learn some basic signs with your baby to enhance their developing communication skills. (45min.) Registration begins January 19. NENJ458

# Sing & Play

(EN) Mondays, January 10, 24, 31, 10:00 a.m. NENJ451 or 11:00 a.m. NENJ452

Children 1-3 years with adult; siblings welcome Have fun with Molly Mouse. Sing songs and rhymes while using scarves, bells, balls, and more. (30 min.)

### 1, 2, 3, Learn with Me

(N) Thursdays, January 13, 20, 27, February 3, 10:00 a.m.

Children 1-3 years with adult; siblings welcome Child development experts are on hand to answer your questions while your children play with age appropriate toys. You will also enjoy an open-ended art activity and a circle time with stories and songs. (60 min.) NENJ450

### **Beat the Winter Blues**

Monday, January 10, 11:00 a.m.

Children 2-5 years with adult; siblings welcome This unique and interactive program, featuring stories accompanied by a bass guitarist, will encourage your preschooler to explore reading through music and motion. Registrants will be emailed a link

#### **Time for Tots**

(N) Tuesdays, January 11, 18, 25, 10:00 a.m.

Children 2-5 years with adult; siblings welcome You and your child will enjoy fun and educational

activities designed to encourage early reading, math, and school readiness skills. (60 min.) NENJ453

# **Preschool Storytime**

(EN) Thursdays, January 13, 20, 27, February 3, 1:30 p.m.

Children 4-5 years, not yet in kindergarten; independent

Children listen to stories, sing songs and rhymes, and participate in hands-on activities that increase vocabulary and letter knowledge. (40 min.) NENJ455

















# FOR CHILDREN



### Mr. Jon & Friends Holiday Concert

**Video available now through Saturday, January 15** *Children 3–7 years* 

Join Parents' Choice award-winning recording artist Jon Lewis for some holiday music that inspires fun, laughter, and dancing. *Registrants will be emailed a link to watch the video.* (45 min.) Registration is underway. **NENJ425** 

### **Cake Decorating Series**

Videos available now through Monday, January 31

Children in grades K-5

Learn how to make awesome looking cakes for your family and friends with this four-video series: 1) Buttercream Basics, 2) Piping, 3) Fondant, 4) Layer Cakes and Trim. **Registrants will be emailed a recipe** 

for each session as well as a link to watch the videos. (30 min.) Registration is underway. NENJ422



### Mini Hot Chocolate Cookie Cups

Video available Monday, December 27-Monday, January 31

Children in grades K-5



Have fun making and eating these delicious treats that look like mini mugs of hot chocolate. **Registrants will be emailed a recipe as well as a link to watch the video.** (30 min.) Registration is underway. **NENJ459** 

### **Oodles of Obstacles**



### (N) Tuesday, January 4, 10:00 a.m.

Children 2–5 years with adult; siblings welcome
Preschoolers will have a blast navigating through
a room filled with fun obstacles that will exercise
their muscles and minds. (45 min.) Registration is
underway. NENJ448

# Turtle Dance Music: Happy New Year!



Children birth–6 years with adult; siblings welcome Join Mr. Matt as he shares songs, stories, and movement activities to help ring in the New Year. (30 min.) Registration is underway. NENJ442

# Take Home Craft: Penguin Snowglobe



Kit available Saturday, January 8 Children 3 years and up

Make an adorable winter scene inside a paper plate snow globe. No registration required.





(N) Tuesday, January 18, 7:00 p.m.

Children in grades 4 and up

Members of the Newbery Club have been busy reading books published in 2021. Join us for our 15th Annual Mock Newbery Election. The ballot of books under consideration is available on the Newbery Club webpage. Come to the election prepared to defend your favorite books or just to hear about great new books. (60 min.) Registration is underway. NENJ465

### Paws to Read

(N) Thursday, January 20,

6:30 p.m. NENJ461

6:45 p.m. NENJ462

7:00 p.m. NENJ463 7:15 p.m. NENJ464

Children in grades 1-5



Dogs are great listeners and provide a calming environment for kids to read aloud. Fetch a good book and sign up for a 15-minute reading session with a certified therapy dog. Registration is underway.











Children 4 years and up; adults and siblings welcome

Enjoy a room full of fun winter craft projects to make and take home. (60 min.) No registration required.



# FOR CHILDREN



# Design a Bookmark Contest

January 3 - February 7

Children in grades K-5 are invited to submit their original designs for our Annual Design a Bookmark Contest. Entry guidelines and forms are available in the Children's Room. Twelve winning designs will be selected to decorate monthly bookmarks for the upcoming year. The deadline for entries is Monday, February 7. Winners will be announced in the April Library Newsletter.



# Books BEFORE

# KINDERGARTEN!

The Northport-East Northport Public Library participates in an exciting and ongoing program that is part of a national initiative: 1,000 Books Before Kindergarten. The goal of this program is to encourage parents and caregivers to read and share books with their infants, toddlers, and preschoolers. Sharing books with children is enjoyable and promotes a lifelong love of reading.

1,000 Books Before Kindergarten is available to all Northport-East Northport Public Library cardholders with children birth through five years (not yet in kindergarten). Please contact the Library for more information, or visit the Early Literacy page on the library website.



Stop by the Children's Room in either building any day during your birthday month to pick up your birthday bag craft and decoration kit. It's fun for kids of all ages and a special way to celebrate your birthday with the Library. Be sure to tag us @nenpl or #nenplbirthday to show off your completed crafts for evervone to see.

### The Bookmark Spot

Stop by the Library and pick up the January bookmark by Morgan Kluhsmeier. A reading list compiled by Children's Librarians is on the back.







The Children's Librarians have recorded a special reading of a twist on a classic story: The Library Gingerbread Man by Dotti Enderle. Celebrate the season with us by viewing the video on the library's YouTube channel: www.youtube.com/ user/nenplibrary





# **SHORT STORIES** FOR LONG WINTER NIGHTS

The Children's Room display this month highlights our Short Story Collection. These anthologies provide an introduction to prominent authors or genres in a brief format. Come in for some great mystery, scary, hero, or princess stories.















151 Laurel Avenue Northport, NY 11768 631•261•6930

185 Larkfield Road East Northport, NY 11731 631•261•2313

# January 2022



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website: <a href="www.nenpl.org">www.nenpl.org</a> contact: library@nenpl.org

#### LIBRARY HOURS

9 to 9 Monday thru Friday 9 to 5 Saturday 1-5 Sunday

#### **LIBRARY TRUSTEES**

Margaret Hartough, Chairperson Carolyn McQuade, Vice Chairperson Georganne White Jacqueline Elsas Judith Bensimon Board Meeting: (N) January 20, 10:00 a.m.

LIBRARY DIRECTOR: James Olney ASSISTANT DIRECTOR: Nancy Morcerf BRANCH LIBRARIAN: Candace Reeder

**EDITOR:** Janet Naideau ©2022 All rights reserved.

# \* \* \* ECRWSS \* \* \* **RESIDENTIAL CUSTOMER**EAST NORTHPORT, NY 11731



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Wednesday, January 19, 5:00 p.m.
All are welcome!

Please contact the Library to register: 631-261-6930 ext. 318

# **Opioid Overdose Prevention Training** (Narcan)

#### (N) Thursday, January 20, 7:00 p.m.

CN Guidance & Counseling Services will conduct training for all interested adults (16 years and older) on how to recognize the signs of an opioid overdose and administer Naloxone (Narcan). Registration begins December 27. **NENR345** 

# Northport-East Northport Public Library presents the Adult Winter Reading Club 2022

# January 10-March 11

open to all Northport-East Northport Public Library cardholders, 18 or older

# **Medicine Collection at the Library**

#### (N & EN) Tuesday, January 25, 3:30-6:30 p.m.

The Northport Police Department and the Suffolk County Sheriff's Office will collect unused or expired prescription and over-the-counter medications. Proper disposal of these items is essential for risk reduction and environmental protection. No questions asked and no personal information is required.

Only medications in pill form will be accepted and must be placed in a plastic bag before arrival. Contact the Library for information on ways to safely dispose of medical sharps.

These events are co-sponsored by the Northport-East Northport Community Drug and Alcohol Task Force.



# Gallery Exhibits



### **Northport:**

### **Photographs** by Jason Zimmermann

These works were captured in Port Jefferson using a drone camera. Jason's goals in photography have always been to capture images in unique and experimental ways.

# **East Northport:**

### Mail Matters by E. Beth Thomas

Mail Matters is a photographic series of mailboxes and letters aimed at raising community awareness of and gratitude for the vital service provided to us by our mail carriers and Post Office employees. This exhibit is made possible with funds from the Decentralization Program, a regrant program of the NYS Council on the Arts, with the support of Governor Kathy Hochul and the NYS Legislature, and is administered by the Huntington Arts Council, Inc.