

THE LIBRARY

May 1997

LEARNING

continue the

ADVENTURE!

How long has it been since you've had an adventure?



For Prime Timers

SIGHTMOBILE (East Northport)
Friday, May 9, 10 a.m. - 2:00 p.m.

As a community service of Stahl Eye Associates, the Sightmobile — a fully-equipped ophthalmologist's examining room on wheels — will be stationed in the parking lot behind the East Northport temporary site at 86 Larkfield Road. The Sightmobile staff provides free cataract, glaucoma, and retinal screenings, as well as information on many areas of eye health. The screening procedures are done without touching the eye or using dilating drops, which cause problems to some seniors. A readout of your evaluation will be given, along with any information pertinent to your examination. This service is provided on a first-come, first-served basis.

HEALTH INSURANCE INFORMATION, COUNSELING & ASSISTANCE PROGRAM

For Seniors Only

(N) Fridays, May 9 & 23, 9:15 a.m. -12:15 p.m.

(N) Thursday, May 29, 1:00-4:00 p.m.

Do you, or does someone you love, need help through the health insurance maze? Each month, Stu Goldblatt, Tom Henry, and Carolyn Streitwieser serve our patrons as AARP-trained counselors, answering questions about Medicare, Medicaid, HMOs, and supplementary health insurance. Call 261-6930 to make an appointment in Northport.



NOVEL IDEAS

(N) Friday, May 9, 1:00 p.m.

(N) Monday, May 12, 7:00 p.m.

This month we'll discuss *Mrs. Ted Bliss* by Stanley Elkin. To join this group call Dodie Gillman at 261-6930.

BOOK & SANDWICH (W)RAP

(N) Thursday, May 1, 1:00 p.m.

(N) Tuesday, May 6, 7:00 p.m.

This month's short stories are from *Here's Your Hat What's Your Hurry* by Elizabeth McCracken. We'll discuss "Mercedes Kane," "Secretary of State," and "Here's Your Hat What's Your Hurry." Call Michelle Epstein at 261-6930.

COMMUNITY-WIDE WOMEN'S HEALTH SURVEY

The Huntington Breast Cancer Action Coalition, a not-for-profit community service organization, is conducting a Breast Health Survey of Long Island women over the age of 25. The survey takes only a few minutes to complete and copies are available at both library buildings.



If you were Oprah Winfrey, what books would you put on your recommended reading list?

Fill out one of our **Book Remark** review forms and let us know what you think. For some of our own "Oprah" picks, read on . . .

An Unknown Woman by Alice Koller is a biography about a daughter and mother coming to terms with their relationship.

Swimming in the Starry River by Paul Carey Reid is a first novel that will stay with you. This tale of a devoted father and his chronically-ill daughter will touch your heart.

Mornings on Horseback by David McCullough is the unforgettable story of the unique, seriously asthmatic little boy who grew up to be President Theodore Roosevelt.

We'll publish more of our picks and yours too in upcoming issues of our monthly newsletter.

BOOK-A-TRIP
to
Newport, Rhode Island

Departure: 6:30 a.m. from the Middleville School Parking Lot.
Return: 10:00 p.m.
Cost: \$53.00 per person (checks only; payable to Northport Public Library; non-refundable)
Itinerary: Start the day with a relaxing ferry ride from Orient Point to New London, Ct. A full-course luncheon at the waterfront Chart House Restaurant awaits our arrival in Newport. After lunch, a narrated bus journey will take us by Newport's breathtaking mansions and beautiful beaches. The day will end with a guided tour of Hammersmith Farm, Jackie Kennedy Onassis' childhood home.

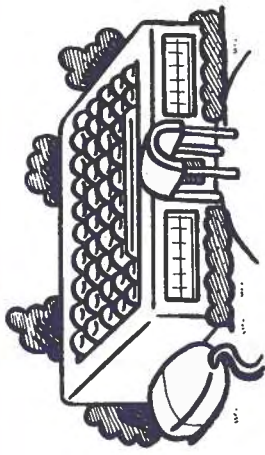
Register in person (limit 2 on first day of ticket sale) at the Northport Library beginning May 10.

THANK YOU

for passing the Library's proposed 1997/98 Budget. The budget was overwhelmingly approved by voters this year. The Library Board of Trustees believes the library offers tremendous value, a service of known high quality that touches the lives of nearly everyone in the community on a regular and frequent basis. We sincerely hope the library is adding value to your lives.

With your support, we will continue to provide outstanding library service in our two new buildings. We thank you for your vote of confidence.

Very truly yours,
The Library Board of Trustees



WEBOGRAPHY Site Seeing for Seniors

A rich community of resources and information is available on the World Wide Web and the Internet for enterprising and intrepid senior citizens.

Elderhostel is an educational adventure for older adults looking for opportunities and challenges. It offers short term academic programs hosted by educational institutions around the world. The Elderhostel site can be reached at <http://www.elderhostel.org>

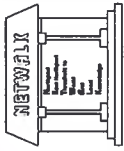
SeniorNet was launched in 1986 with the idea that senior citizens would enthusiastically embrace personal computing and the Internet. Seniors help each other out with HTML basics, share favorite sites, collaborate on books, health, finance, and more. You can try SeniorNet at <http://www.seniornet.org>

Several new titles that may be of interest to seniors have recently been added to the library's collection. They include *Genealogy Online: Researching Your Roots* by Elizabeth Crowe in which you may take advantage of newsgroups, genealogy forums, Web pages, library card catalogs, and many other locales to tap fertile information fields for researching family history. *Young@Heart* by Mary Furlong explains computer fundamentals as well as how to get connected to the world wide senior community on the Internet.

Start your adventure. Enjoy the sites!

Library patrons with NETWALK accounts may use SuffolkNet at the Northport library to access the Internet. Internet accounts are available free to holders of valid Northport-East Northport library cards.

Log On @ the Library —
NETWALK@suffolk.lib.ny.us



Come to the library and apply for your free NETWALK Internet account. The next meeting of the NETWALK Internet User Group is Wednesday, May 7, at 7:30 p.m. at the Northport Library.

Northport-East Northport Public Library

Calendar of Events

May 1997

OLDER AMERICANS MONTH

Exhibits

Northport

Case — Fabric Artwork by Judy Hartman
East Northport Floral Decorations — Linda Gruhn of the Larkfield Community Garden Club



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>And the Winners Are . . . James and the Giant Peach and If You Give A Mouse a Cookie On April 8th, the children of the library district entered a real voting booth to cast a vote for their favorite "delicious" book. A victory celebration followed.</p>					
4	5 *On My Own (EN) 10 am & 11 am *For Fours (N) 10 am & 3:30 pm Lyme Disease Support Group (N) 7 pm	6 *On My Own (N) 10 am & 11 am *For Fours (EN) 10 am & 11 am *55/ Alive Mature Driver Program (Northport Village Hall) 9:30 am *Book & Sandwich (W)rap (N) 7 pm	7 *On My Own (EN) 10 am & 11 am *On My Own (N) 12:30 pm & 1:30 pm Free Blood Pressure Check (N) 1-3 pm; (EN) 3:15-4 pm Network Internet User Group (N) 7:30 pm Great Books (N) 8 pm	8 *For Fours (N) 10 am & 3:30 pm *Book & Sandwich (W)rap (N) 1pm	9 *Health Insurance Information, Counseling & Assistance Program (N) 9:15 am - 12:15 pm by appt. Sightmobile (EN) 10 am - 2 pm *For Fours (EN) 10 am & 11 am *Novel Ideas (N) 1 pm Young Adult Book Reviewers (N) 4-5 pm Knitters' Circle (N) 7 pm	10 Ticket sales begin for Book-A-Trip to Newport, RI, on 6/11
11	12 *Book-A-Trip to the Dogwood Festival, Fairfield, CT departs 8:30 am *On My Own (EN) 10 am & 11 am *For Fours (N) 10 am & 3:30 pm *Novel Ideas (N) 7 pm	13 *55/ Alive Mature Driver Program (Northport Village Hall) 9:30 am *On My Own (N) 10 am & 11 am *For Fours (EN) 10 am & 11 am Oral History Project (N) 7:30 pm	14 *On My Own (EN) 10 am & 11 am *On My Own (N) 12:30 pm & 1:30 pm	15 *For Fours (N) 10 am & 3:30 pm Library Board of Trustees Meeting (N)	16 *For Fours (EN) 10 am & 11 am Reception for Mrs. Doris Gebel (N) 3-5 pm Knitters' Circle (N) 7 pm	17 A big THANK YOU! to all the children who sent birthday cards to the Cat in the Hat. Over 200 books have been donated to the National Center for Family Literacy because of your efforts. Bravo! Congratulations to the winners of our Cat in the Hat raffle: Christine Bell, Corey LoBello, Ryan Oertel, Christine Rao, and Travis Melillo.
18	19 *On My Own (EN) 10 am & 11 am *For Fours (N) 10 am & 3:30 pm	20 Friends of the Library (N) 7:30 pm	21 *On My Own (EN) 10 am & 11 am *On My Own (N) 12:30 pm & 1:30 pm Great Books (N) 8 pm	22	23 *Health Insurance Information, Counseling & Assistance Program (N) 9:15 am - 12:15 pm by appt. Knitters' Circle (N) 7 pm	24
25 Library Closed	26 Library Closed 	27	28	29 *Health Insurance Information, Counseling & Assistance Program (N) 1-4 pm by appt.	30 Knitters' Circle (N) 7 pm	31

Note: Italic type indicates Children's Programs.
N = Northport Library
EN = East Northport Library

Enrollment in our programs is limited, with preference given to district residents. Tickets limited to 2 per patron on the first day of registration. The Northport-East Northport Public Library encourages all residents to participate in programs and activities. Please let us know in advance if you require any special accommodations because of a disability.

*Pre-registration or tickets required for this program.
Occupancy of our meeting room is limited.

The seven R's of your Public Library

LEARNING ADVENTURE

Learning is an adventure that spans a lifetime. Adult learning can provide you with the greatest adventures. Your senior years are prime time for exploring the adventures that await you when you venture through the doors of your public library.

Recreation A good book is an adventure and it is one

of the most portable recreation "vehicles." Videos, audio books, music compact discs, and computer programs can also offer hours of education and entertainment. Bring a youngster to the library and be sure to schedule some computer time when you do. There are many "don't miss" computer programs for you to enjoy together with our youngest patrons. And if using a computer presents an adventure too challenging to contemplate — have no fear! The child will be able to show you how to make things compute.



Roots Dig up your family roots and branch out onto your family tree. We have books to help you get started and books that will help you track down those "missing links." From *How to Climb Your Family Tree: Genealogy for Beginners* to *The Genealogist's Address Book* to *Kinship: It's All Relative*, we have sources to help give your family research direction. You may obtain census reels and passenger lists from our cooperative library system and then assemble all of your data using one of our computer programs. At **PC Station**, we have two programs — the *Family Tree Maker* and *Personal Ancestral File* — that can help you fill in your family tree and give you permanent records of your family history. And if your family research takes you on the road . . .



Road Trips *Street Atlas USA* will help you map your way. Enter a city or zip code and the computer will create detailed maps for you to print and take with you when you travel. Whether you are sightseeing on Long Island or venturing to other states or countries, check in with us to check out guidebooks; train, plane, and ferry schedules; Elderhostel program guides; and pamphlets with up-to-date

information you need to plan your next trip. *Book-A-Trip* with the library. You won't want to miss our *Book-A-Trip* day trips to museums, theater, gardens, and historic sites — we handle the tickets, make the lunch reservations, and do the driving. Every day, you can travel the world at **Internet Station**. Sign up for your free library Network Internet account and cruise the information superhighway. Check out this month's Webography (page 3) for some prime Prime Time websites.

Remember



Take a trip back in time and recall favorite moments and treasured memories. Write your autobiography with *Memories?* at **PC Station**, and turn your life experiences into a legacy of love, insight, and wisdom for your children, grandchildren, and generations to come. For news and facts that happened on "this day in history," two other **PC Station** computer programs take you for that trip down memory lane. *News of the Past* and *Special Days* provide fun "remember when" facts for special birthdays or anniversaries. Just type in the date and flashback on the time line.

Relax



Catch up on magazines, the library has something for all your interests. Art, architecture, business, gardening, music, science, travel . . .

Read



Make time to read and read what you've been meaning to read when you have more spare time. That time is now. Join a book discussion group and talk about what you've read. Each month, the Novel Ideas, Book & Sandwich (W)rap, and Great Books discussion groups meet at the library. Read what readers are reading. Join one — or all — of these groups today.

Renaissance Years

Whether you are planning your retirement — *Fifty Fabulous Places to Retire in America*; keeping fit — *Keys to Fitness Over 50*; or enjoying more leisure time — *Treasury of Senior Humor*; the library has resources and entertainment sources for every prime time adventurer.

**Your LIBRARY LEARNING ADVENTURE
is about to begin . . .
visit your public library today!**

*"It is always the adventurers who accomplish great things."
— Montesquieu*

The month of May is designated
Older Americans Month
in honor of our senior adults.

HOMeward BOUND PROGRAM

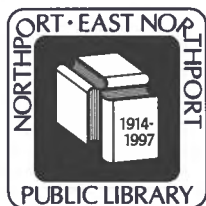
If you or someone you know cannot visit the library due to a temporary or permanent medical condition, we will be happy to provide library service to you at your home. Since 1993, more than 28 patrons have enrolled in our **Homeward Bound Program**.

This program is available to library district patrons only. Librarians choose materials based on your interests — adventure, mystery, humor, history, travel, television, poetry, religion, large print or regular, fiction or non-fiction — whatever your pleasure, we'll see that your library materials are homeward bound to you. Materials are delivered to you and picked up by the library.

This is a free and confidential service. To find out if you are eligible for the Homeward Bound Program and to receive an application, please contact Margaret Vespe, Outreach Librarian, at the East Northport Library (261-2313).



ACCESS TO YESTERDAY • HELP FOR TODAY • A PLAN FOR TOMORROW
THE LIBRARY IS A GOOD PLACE TO START.



Northport-East Northport Public Library

151 Laurel Avenue
Northport, N.Y. 11768
(516) 261-6930

Temporary Site: 86 Larkfield Road
East Northport, N.Y. 11731
(516) 261-2313

NETWALK@suffolk.lib.ny.us

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Northport, N.Y.

May 1997

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HOURS

9 to 9 Monday thru Friday

9 to 5 Saturday

1 to 5 Sunday, through June 8 (Northport only)

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A Monthly Guide to Your Library, Its Programs & Services