Fitness Fusion
(N) Saturdays, January 5, 12, 26, 10:00 a.m.
This three-part series led by healing arts specialist Dorothy Mandrakos combines elements of QiGong, yoga, and meditation. Please bring a mat and water bottle. Registration is underway. (NENA785) Space is limited. (As with all exercise programs, please check with a physician before registering.)

Finding Reliable Information on Social Media
(N) Monday, January 7, 7:00 p.m.
As more and more people consume news and share information on social media, we must learn how to find facts in a sea of fake news, advertising, and propaganda. Have you ever wondered why a story appeared in your Facebook feed? Should you share it with your friends? In this presentation, Jonathan Anzalone, assistant director of Stony Brook University’s Center for News Literacy, will provide tips on how to find reliable information on social media.

What You Can Do to Prevent Falls
(N) Tuesday, January 8, 1:00 p.m.
Maura Calio, RN, MA, Community Health Educator at St. Francis Hospital’s DeMatteis Center, will discuss ways to prevent the one thing that many seniors fear the most: falling. Gain valuable information including how to hazard-proof your home, review your medications, and many other practical tips.

Northport Arts Coalition presents
A Marimba and Piano Concert
(N) Wednesday, January 9, 7:00 p.m.
Stephen Paysen on marimba and George Fisher on piano will present a recital featuring original and transcribed pieces for the two instruments, as well as selected Chopin preludes for piano. The musicians have been performing classical and contemporary music together for the past 40 years.

The Vendettas
(N) Sunday, January 13, 2:00 p.m.
Celebrate the new year with a rockin’ concert! The Vendettas perform a high energy show of 50s rock and roll and rockabilly. Hear songs you love from artists of the early days of rock and roll including Elvis, Eddie Cochran, and Johnny Cash in this family-friendly show.

Motivational Speaker:
Paul Scancarelli
(N) Monday, January 14, 7:00 p.m.
Paul Scancarelli, founder of the Northport Buddy Club, will discuss how he challenged himself, created a not-for-profit organization, and made a positive impact on his community. Mr. Scancarelli will encourage audience members to reflect on their own lives and find areas where they can overcome obstacles and perceived limitations in order to effect positive change.

Cinema at the Library: Colette
(N) Wednesday, January 16, 6:30 p.m.
Join Cinema Arts Center Co-Director Dylan Skolnick to view and discuss Colette. Colette is forced by her husband to write novels under his name. Upon their success, she fights to make her talents known, challenging gender norms. Rated R. 112 minutes.

Brain Fitness Workshop
(N) Thursday, January 17, 2:00 p.m.
The Long Island Alzheimer’s Foundation Brain Fitness Workshops are designed for those individuals of any age who want to maintain and enhance their cognitive abilities. The activities such as word retrieval, music trivia, and recall of famous people and places, sharpen logical thinking while exercising the area of the brain that controls memory and visual clues. Registration begins January 3. (NENR182)
FOR ADULTS

Understanding Social Security
(N) Thursday, January 17, 7:00 p.m.
For many, Social Security is a large part of your overall retirement plan. Foundation for Personal Financial Education Financial Advisor Craig Ferrantino will explain how Social Security works, how much you receive is calculated, and what strategies are available to maximize your benefits. Bring your questions.

Ovarian Cancer Awareness
(N) Friday, January 18, 10:00 a.m.
Dr. Anze Urh, specialist in gynecologic oncology and minimally invasive surgery at Northwell Health, will discuss causes, symptoms, and treatment options for ovarian cancer.

Making the Shift from Overeating to Mindful Eating
(N) Tuesday, January 22, 2:00 p.m.
Shifting from mindless to mindful eating can lead to serious weight loss and tremendous improvements in your overall health. Learn how to break the autopilot eating cycle with certified health coach and personal trainer Lisa Zimmerman.

Galapagos: Darwin’s Enchanted Islands
(N) Tuesday, January 22, 7:00 p.m.
In 1835, Charles Darwin reached the Galapagos Archipelago, a cluster of islands straddling the equator 600 miles off the west coast of South America. Today, the islands are a mixture of Ecuadorian National Parks, scientific research stations, bustling towns, and a thriving tourist industry. Eco-Photo Explorers offers this exciting program, which includes travel logistics and diving, details will be discussed along with descriptions of the magnificent wildlife found in the Galapagos.

Northport Arts Coalition’s Do-in-G Music presents Francisco Roldán
(N) Friday, January 25, 7:30 p.m.
Virtuoso guitarist Francisco Roldán will present a diverse, rhythmic, and melodious program with music from Spain, Germany, Puerto Rico, Paraguay, and Italy. Included will be selections from the sublime works of Bach, great Spanish music from Segovia, elegant Giuliani, and gorgeous Latin flavors of Barrios. The performance will include a special guest appearance.

Senior Options & Resources in the Town of Huntington
(N) Tuesday, January 29, 2:00 p.m.
Melissa-Robyn Levitan from the Town of Huntington Outreach Services will describe the extensive resources available to seniors including the Nutrition Center, Adult Day Care Program, residential repair, transportation, and much more.

“Images of America: Northport”
(N) Wednesday, January 30, 7:00 p.m.
Local authors Teresa Reid, Northport Historical Society’s collection consultant and exhibit curator, and Robert Hughes, Town of Huntington Historian, will be discussing their 2018 book, Images of America: Northport. Copies of the book will be available for purchase and signing.

All Singing! All Dancing! The Great Age of Hollywood Musicals
(N) Thursday, January 31, 1:00 p.m.
Before the movies learned to talk, they learned to sing, and within a few short years of the early talkie revolution, the Hollywood studios cranked out elaborate musicals for a music-mad public. Join film historian Max Alvarez as he shares first-hand accounts and behind-the-scenes secrets of the great era of Hollywood musicals, the 1930s through the 1950s, in a dazzling multimedia presentation.

Fireside Friday: Rorie Kelly
(EN) Friday, February 1, 7:00 p.m.
Are you ready to become the hero of your island? Rorie Kelly’s magic will take you on a journey, getting you in touch with your greatest strengths as well as your shadow. Get ready for a ride that will have you singing along, laughing, and broadening your perspective of what is possible in life!

Sailor’s Valentine
(N) Tuesday, February 12, 4:00 p.m.
In the 19th century, mariners who visited the Caribbean brought back souvenirs for loved ones called “Sailor’s Valentines”—mosaics created with beautiful miniature shells. An educator from The Whaling Museum & Education Center will guide you as you design your own sailor’s valentine. Registration begins January 29. (NENB793)

Defensive Driving
(EN) Tuesday, February 5 & 12, 7:00-10:00 p.m.
Applications will be available in both library buildings. Fee: $36

AARP Smart Driver Course
(EN) Saturday, January 26, 11:00 a.m.-4:00 p.m.
Fee: $20 for AARP members ($25 for nonmembers) payable to AARP by check or money order only.

Blood Pressure Check
Wednesday, January 2, 9:30-10:30 a.m.
A number of Visiting Nurse Service is available to provide a free blood pressure check.

FOR ADULTS

Career Workshops
How to Become a U.S. Customs & Border Protection Officer
(EN) Monday, January 14, 6:30 p.m.
Recruiters from the Department of Homeland Security will explain the process and requirements to become a U.S. Customs & Border Protection Officer. Registration begins December 28. (NENR183)

Invoking & Negotiating Successfully
(EN) Monday, February 4, 6:30 p.m.
This seminar provides job seekers with skills for interviewing and negotiating successfully to secure a position you love and to earn a wage that accurately reflects your market value. Topics will include gathering background information, answering and adjusting interview questions, handling difficult issues and questions, and following up. Registration begins January 14. (NENR181)

FOR ADULTS

Computer Classes
SeniorNet: Dazzling iPad Apps
(EN) Tuesday, January 8, 7:00 p.m.
Would you like to buy or sell items on the popular classified advertising website Craigslist.org? This lecture will cover the basics of account creation, checking reliability of sellers and buyers, online safety, and more. Registration is underway. (NENC289)

MicroSoft Office Tips and Tricks
(N) Wednesday, February 6, 7:00 p.m.
Review the most popular Microsoft Office functions in Word, Excel, and PowerPoint in this class. Topics include margin settings, tabs and indents, autocorrect, shortcuts, autofill, sorting, zoom, printing, navigating, quick select, and more. A general knowledge of Office programs is required for this class. Registration is underway. (NENC289)

Medicare Counseling
(EN) Wednesday, January 9, 10:00, 10:30, 11:00, or 11:30 a.m.
(N) Tuesday, January 15, 9:30, 10:00, 10:30, or 11:00 a.m.
A volunteer from the Health Insurance Information, Counseling, and Assistance Program (HI-CAP) will answer questions, one-on-one, about Medicare and supplementary insurance by appointment. Registration begins January 2.

FOR ADULTS

Ebooks and Audiobooks Online
(N) Tuesday, January 29, 7:00 p.m.
Learn how to download and use ebooks and audiobooks from the Library’s website. Demonstrations will include using username and password creation, maneuvering the website, finding and downloading the item, and more. Registration is underway. (NENC289)

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Microsoft Office Tips and Tricks
(N) Wednesday, February 6, 7:00 p.m.
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Everyday Spanish
(EN) Tuesdays, January 8, 15, 22, 29, February 5, 12, 19, 26, 30:30 p.m.
This Spanish conversation course will focus on mastering key vocabulary words to help you start conversing in Spanish immediately. Great for both beginning and intermediate Spanish language learners. Registration begins December 26. (NENR176)

Dynamic English
(EN) Wednesdays, January 9, 23, 30, February 6, 13, 7:00 p.m.
Develop your English vocabulary, grammar, reading, and pronunciation with this friendly conversation group. Registration is preferred, but drop-ins are welcome. Registration begins January 2. (NENR162)

Destinos Tolentinos
(EN) Thursdays, January 10, 17, 24, 31, February 7, 14, 21, 28, 2:30 p.m.
Picking up from last fall’s program, we will continue to follow Raquel Rodriguez’s search for Rosario, Don Fernando’s long lost love. This Spanish soap opera immerses you in an entertaining story while viewing everyday situations with native speakers. It also introduces the cultures, accents, and dialects of Mexico, Spain, Argentina, and Puerto Rico. Registration begins December 26. (NENR176)

Let’s Play: ESL Game Night
(EN) Mondays, January 14, 28, 7:00 p.m.
Looking to practice and improve your English language skills? Join in a fun-filled evening playing games and making new friends. Registration is preferred, but drop-ins are welcome. Registration begins January 2. (NENR163)

FOR TEENS

AARP Tax-Aide is a free tax counseling and preparation service helping low- and middle-income taxpayers, with special attention to those ages 60 and older. This service is administered by the AARP Foundation in cooperation with the IRS. Electronic filing (e-Filing) is included. Please bring your current tax records and copies of your last filed federal and state tax returns, a photo ID, and a Social Security Card or another form of Social Security verification. If filing jointly, both must be present.

To expedite the preparation process, please pick up an Intake/Interview Form (#13814-C) at the Reference Desk prior to your appointment. (AARP Tax-Aide volunteers cannot prepare returns that include rental property, military income, alternative minimum tax, or those with many stock transactions.)

Registration for all February appointments begins January 15.
(EN) Thursdays, February 7, 14, 21, 28, 9:00, 10:00, 11:00 a.m., or 12:00 p.m. [NENR676]
(FN) Fridays, February 8, 15, 22, 9:00, 10:00, 11:00 a.m., or 12:00 p.m. [NENR678]

Soccerts Café
(EN) Wednesday, January 30, 7:00-8:00 p.m.
Our philosophy is that there is a great opportunity for teens to delve into life’s big questions in an enthusiastic atmosphere of free thinking, energetic exchange, and unique perspectives. Food for thought (refreshments) will be served.

Pom-Pom Coaster Volunteers
(EN) Saturday, January 26, 1:00-3:00 p.m.
Drop in and make pompom coasters and mug cozies that we will donate to Atria Senior Living, or you may take them home for someone you love. Earn one hour of volunteer time.

Family Build It Volunteers
(EN) Saturday, February 2, 10:45 a.m.-12:15 p.m.
Assist children and their families as they create imaginative structures with assorted building materials.

SAT Preparation Workshop
Students in grades 10-12
(EN) Thursdays, January 24, 31, February 7, 14, 21, 28, 6:15-8:45 p.m.
Registration begins January 3. (March 7 will be held as a "make-up" day if a class needs to be cancelled due to inclement weather)
Students can prepare for the SAT exams with teachers Jason Bernstein and Jay Berger. A non-refundable check for $114 payable to the Northport-East Northport Public Library must be paid within 3 days of registration. Payment includes the workbook for the SAT exam. Your registration is not complete until payment is received. [NENY427]
FOR CHILDREN
Registration for the following Road to Reading series programs begins January 3. (One series program per child please)

Programs for families
Time for Tots
(N) Tuesdays, January 22, 29, February 5, 10:00 a.m.
Children 2-5 years with adult; siblings welcome
You and your child will enjoy fun and educational activities designed to encourage early reading, math, and social readiness skills, and also create a craft. (60 min.) (NENJ594)

Baby Signing Time
(N) Thursdays, January 24, 31, February 7, 10:00 a.m.
Children birth-23 months with adult; siblings welcome
Learn some basic signs with your baby using stories and songs, and enhance their communication with you before their language skills develop. (45 min.) (NENJ599)

Preschool Storytime
(EN) Mondays, January 28, 4:00 p.m.
Children 4-5 years; independent
Meet Your Local Police Officers
(EN) Mondays, January 28, 11:00 a.m.
Children 4 years and up with adult; siblings welcome
Sing songs and rhymes while using scarves, balls, and hoops that engage children in musical and physical activity to reinforce early literacy skills and foster a love of language. (30 min.)

Sing and Play
(EN) Mondays, January 28, 4:00 p.m.
Children 4-5 years; independent
Children 2-4 years with adult; siblings welcome
Children 1-3 years with adult; siblings welcome
Children birth-23 months with adult; siblings welcome
This is a weekly discussion for moms and their children. Led by a trained facilitator, this program will provide a unique variety of building materials. (45 min.) (NENJ599)

Books that Talk!
Vox Books are the world’s first audio books that live in print books. The permanently attached VOX reader transforms ordinary picture books into an all-in-one read-along. There is no need for computers, tablets, or CDs. Children simply push a button to listen and read. Kids will love this new way to experience picture books! Check one out today.

Moms’ Group
(EN) Wednesdays, January 16, 23, 30, February 6, 13, 10:00 a.m.
Children birth-3 years with mother; siblings welcome
This is a weekly discussion for moms and their children. Led by a trained facilitator, this program will introduce various topics and activities that celebrate and explore motherhood while your child plays with toys beside you. (90 min.) Due to the unique nature of this program, we will not be able to accommodate drop-ins. Registration begins January 3. (NENJ599)

Anything Goes LEGOos
(EN) Monday, January 7, 4:00 p.m.
Children in grades 1-5
Use the Library’s LEGOos to design your own creation or have fun building with friends. All finished projects will go on display in the Children’s Room. (45 min.)

Pajama Storytime
(EN) Tuesday, January 8, 7:00 p.m.
Children birth-5 years with adult; siblings welcome
Get your body moving in this evening family storytime. Enjoy action rhymes and songs as well as stories! (30 min.)

Meet Your Local Police Officers
(EN) Wednesday, January 9, 4:00 p.m.
Children 4 and up with adult; siblings welcome
Celebrate National Law Enforcement Day with Suffolk County Police Officers. They will be in full uniform to talk about their duties and show children some of the equipment they use in their jobs. (45 min.)

Babies Boogie
(EN) Monday, January 14, 10:00 a.m.
Children 6-23 months with adult; siblings welcome
You little musician will be singing and moving to songs from around the world and keeping the beat with props and musical instruments. (45 min.) Registration begins January 3. (NENJ604)

Rhyme Race 500 Breakout
(EN) Wednesday, January 23, 4:00 p.m.
Children in grades K-2
Children will work together to solve a series of interconnected puzzles in this fast-paced game where they have to unlock the box, retrieve the keys, and win the race! (45 min.) Registration begins January 3. (NENJ613)

Chess Club
(EN) Tuesday, January 15, 7:00 p.m.
Children in grades 4 and up
Chess teaches children foresight, helps to expand self-confidence, and sharpens their ability to focus. All skill levels are welcome, but a basic knowledge of the game is required. (45 min.)

Books a Poppin’
(N & EN) Fridays, January 18, 25, 10:00 a.m.
Children birth-5 years with adult; siblings welcome
Stop by for this drop-in storyline. We will read stories, sing songs, share rhymes and fingerplays, and have fun in this interactive program. (30 min.)

Paws to Read
(EN) Friday, January 18, 6:30, 6:45, 7:00, or 7:15 p.m.
Children in grades 1-5
Dogs are great listeners and provide a calming environment for kids to read aloud. Fetch a good book and sign up for a 15-minute reading session with a certified therapy dog. Registration begins January 3. (NENJ613)

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(EN) Friday, January 18, 6:30, 6:45, 7:00, or 7:15 p.m.
Children in grades 1-5
Dogs are great listeners and provide a calming environment for kids to read aloud. Fetch a good book and sign up for a 15-minute reading session with a certified therapy dog. Registration begins January 3. (NENJ613)

Chinese New Year Celebration
(EN) Tuesday, February 5, 4:00 p.m.
Children in grades 1-5
Ring in the Year of the Pig with an educator from the Cold Spring Harbor Whaling & Education Center. Make a traditional Chinese lantern and learn how to write Chinese calligraphy characters. (45 min.) Registration begins January 15. (NENJ613)

Comments
**Gallery Exhibits:**

**Northport Gallery**

*Morning Glory*
by Gloryvette Rodriguez

Meditative art and divine feminine expression in acrylic & oil paint.

**East Northport Gallery**

*Long Island in HDR*
by Rob Cuni

High Dynamic Range photography on canvas.

Each month throughout the year, the galleries in the Northport and East Northport library buildings feature painting, photography, and other creative works by area artisans. Inquiries about displaying your work are welcome. Please contact Kathryn Heaviside in Community Services, x 319.

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**Adult Winter Reading Club**

**How do I Get Started?**

- Choose a book. Any format will do—print, ebook, or audiobook.
- Fill out a “Winter Reading Club” form, which includes the book title, author, and a brief review or comment from you about the book.
- Submit your “Winter Reading Club” form at the Reference Desk or online. Each form you submit entitles you to one raffle ticket.
- When the Winter Reading Club ends, a drawing will be held for a Grand Prize.

**How do I Participate?**

Beginning January 7, visit the Reference Desk at either library building to pick up your “Winter Reading Club” form(s), or access the forms online, and start reading. The more books you read, the more chances you have to win!