The Newsletter of the Northport-East Northport Public Library

FOR ADULTS

On-Your-Own Train Trip to New York City

Saturday, October 22, 9:18 a.m. departure from Northport Station, Round Trip: \$10 per person

Take in the sights and sounds of New York City with reduced-rate group tickets on the Long Island Rail Road. You will meet a Library staff member at the station house at 8:55 a.m. (transfer at Huntington). Your return ticket is good on any Northport-bound train that leaves Penn Station before midnight. **Register in person at either Library building beginning October 1**. Tickets are limited. A non-refundable \$10 fee (cash or check payable to The Friends of the Library) is due at the time of registration. (NENA601)

Learn to Be . . . Tobacco Free

(EN) Mondays, October 3, 17, 24, 31, November 7, 28, 6:00 p.m.



This multi-session program is offered by the Suffolk County Office of Health Education and is based on the CDC's Clinical Practice Guidelines for treating nicotine dependence. The emphasis is on *preparing* to quit. Those who use all forms of tobacco (including cigars, pipes, and chew tobacco) are welcome. Registration is underway. (NENA594)



NAC presents Rick La Ban & Acoustically Correct



(N) Wednesday, October 5, 7:00 p.m.

Using vocal harmony, 6- and 12-string guitars, harmonicas, and percussion, this two-man band creates a dramatic musical experience. This performance is a tribute to the Traveling Wilburys and will showcase hit songs by the group and its famous members: George Harrison, Bob Dylan, Roy Orbison, Jeff Lynne, and Tom Petty.



Poetry Readers

(EN) Thursdays, October 6, 13, 20, 27, November 3, 10, 2:30 p.m.

"Only the poet can look beyond the detail and see the whole picture," said Helen Hayes. Come join us as we share and discuss the visions of life detailed by some of the most eminent and some of the least known poets in the English language. Be surprised, sometimes shocked, but always enlightened by what's found.



Current Events in Perspective

(N) Fridays, October 7, 21, 28, November 4, 18, 10:00 a.m.

Join Michael D'Innocenzo, Distinguished Professor



Emeritus of History at Hofstra University, to explore significant national and international developments. All attending are welcome to share their views.



Fireside Friday: The Great Italian Songbook



(EN) Friday, October 7, 7:30 p.m.

Relax by the Café at the East Northport Library and enjoy some of the most famous melodies of all time. Singer and guitarist Dave Anthony Setteducati and friends will perform the wonderful music of Italy, sung in the original Italian.



The Three Stooges

(N) Sunday, October 9, 2:00 p.m.

Spend an entertaining afternoon learning about the history and legacy of The Three Stooges. Professor of Comedy, Larry Wolff, will provide insight about the trio, music from their films, movie memorabilia, and a showing of some of their best short subject appearances (including Shemp!) from the Columbia vaults. Get ready for an afternoon of slap happy fun!

Inside: More Programs for Adults, Teens, and Children

FOR ADULTS



Physics is Phunny: Big Bang Theory Show and Tell

(N) Thursday, October 13, 7:00 p.m.

Physics is fascinating, fun, and can also be funny. Veteran physics teacher Albert Palazzo explains some of the basic concepts of physics using simple demos with lab props and toys. No math or science background required, and questions and discussion are greatly encouraged!



Herbal Products: How Safe and Effective Are They?

(EN) Tuesday, October 18, 7:00 p.m.

Some people swear by herbal products. And while many have been shown to be beneficial, you also need to weigh the safety concerns and interactions with prescription medications before taking them. Join Edmund M. Hayes, Interim Dean of the School of Pharmacy and Pharmaceutical Sciences, and Assistant Director of Pharmacy at Stony Brook Medicine, as he explains the pros and cons to help you make educated choices.



An Intimate Afternoon with Sheri Miller

(N) Sunday, October 23, 2:00 p.m.

Ms. Miller will perform a mix of well-interpreted classics from Johnny Cash, Patsy Cline, Judy Garland, The Beatles, and others, along with her own original pieces. Feel free to sing alona!



Managing Neck and Back Pain





Peter Lom, physical therapist at Sports Therapy and Rehabilitation Services (STARS), a part of Northwell Health Rehabilitation Network, will review the common causes and treatment of neck and back pain. He will also discuss ways to prevent neck and back pain as well as some exercises that may be helpful.

Foods to Travel By: Sweet Selections

(N) Tuesday, October 25, 7:00 p.m.

Savvy Sightseer Jeanne Schnupp will prepare a selection of international desserts from her illustrated cookbook. You will sample traditional treats from Italy. the Netherlands, and Germany, as well as enjoy a visual tour of the countries via her stunning photo display. Registration begins October 4. (NENA602)

Open to all Senior Options & Resources in the Town of Huntington

(N) Wednesday, October 26, 3:00 p.m. or (EN) Thursday, October 27, 9:30 a.m.

Melissa-Robyn Levitan from the Town of Huntington Outreach Services will describe the extensive resources available to seniors including the Nutrition Center. Adult Day Care Program, residential repair, transportation, and much more.

Narcan Training

(N) Wednesday, October 26, 7:00 p.m.

Pederson-Krag Center will conduct Narcan training for all interested adults. This program is cosponsored by the Northport-East Northport Drug and Alcohol Taskforce. Registration begins October 3. (NENR109)



(open to all) Mediumship—What Is It?

(N) Thursday, October 27, 7:00 p.m.

Join Winter Brook, psychic medium, as she explains the various ways mediums use to connect with those who have passed over into the World of Spirit. She will discuss how our loved ones try to reach out to us during everyday life, and how we can recognize signs without using mediumistic abilities. This program is for entertainment purposes only.

Because You Celebrate with Food

(N) Friday, November 4, 7:00 pm.



Simply Creative Chef Rob Scott returns with an enticing menu for holidays or anytime. Learn to prepare gourmet turkey cocktail meatballs with cranberry orange glaze, spinach and cheese brownies, and skewered tortellini with pistachio nutmeg sauce. Nonrefundable \$5 materials fee per person due at the

time of registration. Registration begins October 14 in person only at Northport Library. (NENA603)

(open | Fireside Friday: Gemini Journey

(EN) Friday, November 4, 7:30 p.m.

Violin/cello duo Diane Block and Terry Batts will enlighten, engage and entertain you with a wide array of musical genres. From tango to Broadway to The Beatles, enjoy sparkling and colorful song arrangements as well as commentary tinged with humor and personal experience.



FOR ADULTS

October is Computer Learning Month

Introduction to Windows 10 (N) Monday, October 3, 7:00 p.m.

This hands-on class provides an understanding of the latest version of Windows. Learn how to use the

desktop to work with files, folders, and applications. Use the new start menu, help, search, and much more. Prerequisite: basic computer knowledge. Registration is underway. (NENC206)



Introduction to Microsoft Access

(EN) Wednesday, October 12, 7:00 p.m.

Learn the basics of database design and management including planning and defining a database, understanding fields, records, tables, queries, and more. For intermediate and advanced computer users. Registration begins October 1. (NENC183)



(open to all) SeniorNet: Internet Security

(EN) Thursday, October 13, 2:00 p.m.

Protecting your computer from cyber-attacks includes properly setting up your web browsers. Join us to learn how to secure your computer from attacks via the Internet. Discussion includes anti-virus software, firewalls, malware, phishing, private browsing, and security settings for MS Edge, MS Internet Explorer, Firefox, and Google Chrome.



Intermediate Microsoft Access

(N) Tuesday, October 18, 7:00 p.m.

Learn more about the popular database program Microsoft Access. Topics include working with tables, forms, queries, filters, and searches. Prerequisite: Introduction to Microsoft Access. Registration begins October 4. (NENC204)



(open to all) SeniorNet: Windows 10

(N) Thursday, October 27, 2:00 p.m.

Join us to see a demonstration of Microsoft's newest operating system. Windows 10 runs on desktop and tablet computers, laptops, and smartphones. Learn about key features, the new start menu, help and search functions, and more.



Introduction to Mac iPhoto

(N) Wednesday, November 2, 7:00 p.m.

Become an instant graphic artist! Work with images and pictures. Learn how to alter images including sizing, shaping, and coloring. Re-touch, filter, and add effects to create works of art, or just use the editing tools to turn your digital photos into magnificent ones. Prerequisite: comfort with a Mac computer. Registration begins October 19. (NENC205).

Career Programs

Personal Branding

(EN) Wednesday, October 5 (NENR104), 7:30 p.m. Registration is underway.

Wednesdays October 19 (NENR105) & October 26 (NENR106), 7:30 p.m.

Registration begins October 3.

Join Marketing & Branding Career Counselor Manny Velasquez-Paredes to learn how to build a powerful professional/personal brand to help you differentiate yourself in the Global Market. These workshops will take you on the path of self-discovery to climb the



How to Get a Civil Service Job

professional ladder. Register for one or all three classes.

(N) Tuesday, October 25, 10:00 a.m.

A Suffolk County Department of Civil Service representative will discuss Civil Service employment opportunities in the County, towns, schools, libraries, and villages.

Gallery Exhibit

Northport Library Scott Farrell

"The Photographic Landscape" features representational and abstract photographs of landscapes printed on photographic and fine art papers.

Blood Pressure Check

Wednesday, October 5,

(N) 9:30-10:30 a.m. and (EN) 11:00 a.m.- 12:00 p.m.

A nurse from Visiting Nurse Service is available to provide a free blood pressure check. No registration required.



Medicare Counseling

(EN) Wednesday, October 12, 10:00 a.m.-12:00 p.m. (NENA599)

(N) Tuesday, October 18, 9:30-11:30 a.m. (NENA600)

A volunteer HIICAP counselor will answer questions about Medicare and supplementary insurance. Registration begins October 1.

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FOR ADULTS

Friday Movies

Love & Friendship Fridays. (N) October 7 and (EN) October 14, 2:00 p.m.

The beautiful widow Susan Vernon has come to the estate of her in-laws to wait out colorful rumors about her dalliances circulating through polite

society. Whilst there, she decides to secure a husband for herself and her rather reluctant debutante daughter Frederica, Rated PG, 93 min.



Financial TV host Lee Gates and is producer Patty are put in an extreme situation when an irate investor takes over their studio. Rated R. 99 min.

Closed captioning will be displayed.

Book Groups

Short Story Central

(N) Tuesday, October 4, 7:00 p.m.

Selected stories from the collection Cities I've Never Lived In by Sara Majka are available for pickup in both Library buildings.

Bill

Bryson

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DEAD WARE

Truth Be Told

(N) Thursday, October 6, 7:00 p.m.

Our nonfiction group will discuss At Home: A Short History of Private Life by Bill Bryson.

Page Turners

(N) Thursday, October 13, 2:00 p.m.

The group will discuss Dead Wake: The Last Crossing of the Lusitania by Erik Larson.

Novel Ideas

(N) Monday, October 31, 7:00 p.m.

The group will discuss We Are Not Ourselves by Matthew Thomas.



Practice Makes Perfect (EN) Mondays, October 3, 17, 10:00 a.m.

Practice your English conversation skills and gain more confidence communicating in English in this friendly drop-in class.

ESL for Adults

(EN) Thursdays, October 6, 13, 27, November 3, 7:00 p.m.

This series will continue to help you develop your English reading, writing, speaking, and listening skills. Registration is underway. (NENA591)

Let's Talk: English Conversation (EN) Friday, October 14, 7:00 p.m.

Meet new friends and practice your English language conversation in a relaxed and friendly environment.

Open Quick Reads

(EN) Friday, October 28, 7:00 p.m.

This informal reading group is designed for intermediate English language learners. Pick up this month's reading selections at the Circulation Desk.

Mango Conversations Spanish

(N) Tuesdays, October 4, 11, 18, 2:00 p.m. Want to learn Spanish? Start learning

basic Spanish conversation by using the popular Mango Languages learning software that the Library provides. In each weekly meeting, participants will focus on and practice a chapter of Mango Conversations Spanish in a group setting.

AARP Smart Driver Course

(EN) Wednesdays, October 5 & 12, 1:00-4:00 p.m.

Registration begins October 1 at the East Northport Library only. (NENA604) Fee: \$20 for AARP members (\$25 for non-members) payable to AARP by check or money order only at registration.

Defensive Driving

(N) Mondays, October 17 & 24, 7:00-10:00 p.m. Fee: \$36

Applications are available at both Library buildings beginning October 1.

Please note: These courses promote safe driving and help participants maintain their driving skills. Check with your insurance company about the specific insurance and point reduction available to you.

FOR TEENS

Registration for Teen programs and Volunteer Opportunities begins October 5.

Teen Writers Workshop

(N) Friday, October 7, 7:30-8:45 p.m.

Open to students in grades 8-12

Do you love to write? Join fellow writers and discuss your ideas and get feedback on your work. New members are encouraged and welcome to attend. (NENY907)

Fandom Friday: Cosplay

(N) Friday, October 14, 7:00-8:30 p.m.

Come join your fellow Fandom Fans as we enjoy all things cosplay! Learn how to make cosplay accessories. (NENY911)

Magic: The Gathering

(N) Saturday, October 15, 1:00-2:30 p.m.

Play the fun card battle game Magic: The Gathering. Please bring your own Magic: The Gathering decks. (NENY912)



Socrates Café

(N) Monday, October 17, 7:00-8:00 p.m.

Share your thoughts on various topics and thought-provoking questions guaranteed to blow your mind. Food for thought (refreshments) will be served. (NENY913)

Cupcake Wars: Halloween Edition

(N) Saturday, October 22, 1:00-2:30 p.m.

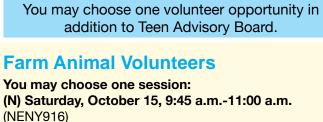
Teens will get creative and decorate spooky Halloween cupcakes in an "Iron Chef" type competition. (NENY914)



Guitar Jam Group

(N) Friday, October 28, 7:00-8:30 p.m.

Are you learning how to play the acoustic guitar? Join fellow teen guitar players and share skills, songs, and stories. Please bring your own instrument. (NENY915)



Teen Volunteer Opportunities

Open to students in grades 7-12

(N) Saturday, October 15, 11:00 a.m.-12:15 p.m. (NENY917)

Volunteers will assist children as they are introduced to a variety of farm animals.

Teen Advisory Board: Suffolk County Police Department Canine Unit

(N) Thursday, October 20, 7:00-8:00 p.m.

Meet an officer from the SCPD Canine Section, along with one of the specially-trained police dogs. Learn about the dog's training and job duties such as track and search and specialities like bomb-sniffing, narcotics, and cadaver searches. You will receive volunteer credit for attending this program. (NENY918).



Newbery Club Teen Volunteers

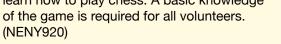
(N) Tuesday, October 25, 7:00-8:00 p.m. Love to read? Debut children's author Lauren Wolk will be visiting our Library's Newbery Club to discuss her novel, Wolf Hollow, a powerful and complex comingof-age story set in a rural Pennsylvania community in the 1940s. Twelve-year-old

Annabelle must learn to stand up for what's right in the face of a manipulative and violent new bully who targets people Annabelle cares about, including a homeless WWI veteran. Pick up your copy of the book in the Children's Room and come prepared with questions for the author. You will receive two hours of community service for participating. (NENY919)

Chess Club Volunteers

(N) Thursday, October 27, 6:45-8:00 p.m.

Earn volunteer credit while you help children learn how to play chess. A basic knowledge



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FOR CHILDREN

Independent program

Preschool Storvtime

(EN) Tuesdays, October 11, 18, 25, November 1, 10:00 a.m., (NENJ937) or 1:00 p.m. (NENJ938)

Children 4-5 years; independent

Children listen to stories, sing songs and rhymes that increase vocabulary and letter knowledge, and participate in hands-on activities to reinforce the elements of the stories. (40 min.) Registration is underway.



Registration for the following series programs begins Thursday, October 6. (One series program per child please)

Programs for families

Sing & Play

(EN) Mondays, October 17, 24, 31, 10:00 a.m. (NENJ948) or 11:00 a.m. (NENJ949)

Children 1-3 years with adult; siblings welcome Sing songs and rhymes while using scarves, bells, balls, and hoops that engage children in musical and physical activity to reinforce early literacy skills and

foster a love of language. (30 min.)

1. 2. 3. Learn with Me

(N) Thursdays, October 27, November 3, 10, 17, 10:00 a.m.

Children 1-3 years with adult; siblings welcome Child development experts will be on hand to answer your questions while your children play with age-appropriate toys. This program also includes an open-ended art activity and a circle time with stories and songs. (60 min.) (NENJ951)

Program for children and accompanying adult; no siblings please

Mother Goose Rhyme Time

(EN) Thursdays, October 27, November 3, 10 10:00 a.m.

Children birth-23 months with adult; no siblings

Enjoy rhymes and songs with your young child in this program focusing on nursery rhymes. The natural rhythm of the language encourages an awareness of the sounds that are the building blocks of words and are so important for language development and early literacy. (30 min.) (NENJ950)

Books a Poppin'

(N) Fridays, October 7, 14, 21, 28, 10:00 a.m. (EN) Fridays, October 7, 14, 21, 28, 10:00 a.m.

Children birth-5 years with adult

Stop by for this drop-in storytime. We'll read stories, sing songs, share rhymes and fingerplays, and have fun in this interactive program for families. (30 min.)



Sensory Friendly Film

(N) Saturday, October 8, 2:00 p.m.

Children with adult; siblings welcome

All are welcome to attend our sensory friendly film. The lights are up, the sound is down, and kids are free to move around. Come see Mickey and the Beanstalk, a 69-minute movie compiled of short films, which allows the audience the opportunity to move and stretch in between each film.

Go Global: China

(N) Thursday, October 13, 4:00 p.m. Children in grades K-3

Travel to the Far East and learn about China through stories, games, music, and art! Registration begins October 6. (60 min.) (NENJ956)





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Meet the Farm Animals

(N) Saturday, October 15, 10:00 a.m.

Children ages 4 and up; adults and siblings welcome

Come to the Library Courtyard to pet goats, ducks, chickens, rabbits, and piglets from the Suffolk County Farm and Education Center. This event will be held weather permitting. (2 hrs.)



Moms' Group at the Library

(EN) Wednesdays, October 19, 26, November 2, 9, 16, 10:00 a.m.

Children birth-3 years with mother; siblings welcome This is a weekly discussion for moms and their

children. Part of Mom-mentum, a national association of mothers' centers and led by a trained facilitator, this program will introduce various topics and activities that celebrate and explore motherhood while your children play with toys beside you. (90 min.) Registration begins October 6. (NENJ952)

FOR CHILDREN

PJ Storytime "Friendly Farm Animals"

(EN) Tuesday, October 18, 7:00 p.m.

Children with adult: siblings welcome

Join the fun as we share stories about favorite farm critters in this interactive family storytime filled with rhymes, music, and lots of movement! (30 min.)

Paws to Read

(N) Wednesday, October 19 Children in grades 1-5

Children will practice reading aloud to a certified therapy dog. Select a book from the Library's collection or bring a book from home. Registration begins October 6. Choose one 15-minute session:

6:30-6:45 p.m. (NENJ959) **7:00-7:15 p.m.** (NENJ961) 6:45-7:00 p.m. (NENJ960) 7:15-7:30 p.m. (NENJ962)

Block Party!

(N) Friday, October 21, 7:00 p.m.

Children 1-4 years with adult; siblings welcome Children learn to use their minds as well as their



muscles while having fun plaving with blocks and other children. (45 min.)

Newbery Club Author Visit

(N) Tuesday, October 25, 7:00 p.m. Children in grades 4 and up

Meet Lauren Wolk, author of the remarkable Newbery contender Wolf Hollow. Ms. Wolk will discuss her writing process and the inspiration for her riveting novel. Read the book and come with questions for the author. New members are always welcome. (60 min.)



Mindfulness and More

(N) Wednesdays, October 26, November 2, 9, 16, 4:00 p.m.

Children in grades K-5

In this new series, students will play team-building games, learn fun stress-reduction routines, and create calming crafts to support their life-school balance. (60 min.) Registration begins October 6. (NENJ965)



Chess Club

(N) Thursday, October 27, 7:00 p.m.

Children in grades 3-6

The game of chess is thought to have originated in India about 1,500 years ago. Evolving into more than just a game of leisurely enjoyment, chess teaches children foresight, helps them to expand self-confidence, and sharpens their ability to focus. All skill levels are welcome, but a basic knowledge of the game is required. Join us for a night of cerebral calisthenics! (45 min.)



Halloween Movie & Craft (EN) Friday October

(EN) Friday, October 28, 7:00 p.m.

Suggested for ages 6 and up; adults and siblings



Enjoy watching the live action comedy Casper and create a ghostly Halloween craft. Rated PG. (100 min.)

Chocolate Haunted House

(N) Saturday, October 29, 2:00 p.m.

Children in grades K-5 with adult and siblings

Kids and adults will have fun creating this delicious Halloween centerpiece. One house per family. (90 min.) Registration begins October 8. (NENJ968)



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Halloween Parade

(N) Monday, October 31, 10:00 a.m.

Children with adult

Join us for a special Halloween storytime featuring spooky tales and songs. We'll finish with a parade and special treat at the Library Café. Don't forget to wear your costume! (45 min.)

Global Rhythms

(N) Saturday, November 5, 10:00 a.m.

Children ages 5 and up; with adults and siblinas

This multicultural, interactive musical journey around the world is fun for the entire family. (60 min.) Registration begins October 13. (NENJ970)



Ava Marion. A reading list compiled by Children's Librarians is on the back.





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185 Larkfield Road East Northport, NY 11731 631•261•2313

October 2016

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LIBRARY HOURS

9 to 9 Monday thru Friday 9 to 5 Saturday 1-5 Sunday

LIBRARY TRUSTEES

Elizabeth McGrail, Chairperson Jacqueline Elsas, Vice Chairperson Andrea Gladding Margaret Hartough Georganne White Board Meeting: (N) October 20, 10:00 a.m.

LIBRARY DIRECTOR: James Olney
ASSISTANT DIRECTOR: Nancy Morcerf
BRANCH LIBRARIAN: Candace Reeder

EDITOR: Janet Naideau ©2016 All rights reserved.

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www.nenpl.org

The newsletter is available in Large Print.



We are really excited about Halloween! In support of Operation Gratitude, we will be collecting sweet treats to send to the troops. Please bring individually wrapped Halloween candy to the Library from *November 1-8*. Look for the large bins in the lobby at each Library building. We will then package and ship the candy to troops serving overseas.

Do include donations of individually-packaged toothbrushes, dental floss, and toothpaste as well. We want to keep the smiles on the troops' faces all shiny, bright, and healthy!



www.operationgratitude.com

Honoring Veterans

The Library is proud to support our community's veterans and their families. We thank you for your service!

Stop by either Library building and pick up a

U.S. Military
Coupon Booklet

A Discount Booklet for Our Military Patrons





Congratulations to . . .

Mellissa Hinton, the winner of the Library's 2016 Adult Summer Reading Club. She received a Kindle Fire!

