

May is Older Americans Month



"Time Together with Time to Spare"

(N) Sunday, May 2, 2:00 p.m.

The unforgettable melodies of "West Side Story," along with favorites from the Great American Songbook, are featured in this lively cabaret show featuring singer Yvette Malavet-Blum, accompanied by Bob Boucher on piano and guitar and Brian Wishin on percussion. Yvette began her singing career at Manhattan's Triad Theater. She has appeared at theater clubs throughout Manhattan and Queens, debuting her first solo show at the popular club Don't Tell Mama. She has performed at Danny's Skylight Room and Rose's Turn in Manhattan. On Long Island Yvette has performed at the Vanderbilt Mansion, at Brookhaven National Laboratory, and at private functions and clubs. Registration is underway at either library building or online. Please note: ticket holders will be seated until 2:00 p.m., all others will be seated as space permits. (NENA171)

Hearing Screening

(N) Friday, May 7, 2:00-4:00 p.m.

The Huntington Hearing and Speech Center will provide free hearing screenings at the Northport Library. Screenings will be done on a first-come, first-served basis. No registration is required.

Medicare Update

(N) Wednesday, May 12, 2:00 p.m.

A representative from the Suffolk County Office for the Aging will provide information on Medicare (Parts A, B, C, and D) and highlight some of the changes that begin in 2010. Information about programs that can help save money on Medicare costs will also be presented. Resources, contacts, and reference material will be distributed. Registration begins May 1 at either library building or online. (NENA174)

Healthy Living for Seniors

(N) Thursday, May 20, 3:00 p.m.

Make the most of your prime years! Dr. Robert S. Newman, a Certified Clinical Nutritionist and Doctor of Chiropractic, will explore specific lifestyle practices to help you develop a healthy, high-vitality life. He will discuss diet, specific supplements, exercise, stress reduction, and the most current research in the study of gerontology. No registration required.



AARP Driver Safety Program

AARP's program is a refresher course designed especially for motorists age 50 and older. There is a \$14 fee (\$12 for AARP members) payable to AARP by **check or money order only** at registration. Be sure to bring your New York State driver's license to class.

(N) Monday, May 24 & Friday, June 4, 7:00-11:00 p.m. Register May 7 at Northport Library. (NENA175)

(N) Monday, June 7, 9:30 a.m.-4:30 p.m. Register May 22 at Northport Library. (NENA176)



Retirement Resources Directory

Are you retired or thinking about retirement? Want to explore your options? Interested in developing new skills? Concerned about your financial future? Considering relocation?

If you've answered yes to any of these questions, **The Retirement Resources Directory** can help you in your research process. Compiled by Suffolk Libraries' Career and Resource Exchange (CARE), this comprehensive directory lists contact information on jobs and careers, continuing education, elderlaw, senior services organizations, and more. A *Retirement Resources Directory* can be picked up at the Reference Desk or may be accessed online at <http://scla.net/rasd/retirement.pdf>.

Silver Star Coupon Booklet

Attention seniors! Use your Library card and save money! If you are age 65 or older, the Northport-East Northport Library has something special for you! The Library has compiled this year's Silver Star Coupon Booklet in recognition of you, our nation's fastest growing population. The booklet provides discount coupons for the Library Cafe, photocopies, bus trips, overdue fines, and other Library services. Just come to the Circulation Desk at either library building—with your Library card and proof of age—and pick up your Silver Star Coupon Booklet.

If you don't already have a Library card, this would be the perfect time to obtain one. As a resident of the Northport-East Northport district, you are entitled to and can apply for your new Library card at any time. Visit the Circulation Desk in either the Northport or East Northport building, present two forms of identification with your name, current address, and proof of age (for example: a driver's license, utility or tax bill), and we will mail your new Library card to you. It's that simple.

*limit of one coupon booklet per patron per year (NENA178)



Beethoven: The Man & The Music, Part 2

(N) Thursday, May 13, 7:30 p.m.

In this fascinating multi-media presentation, Beethoven expert and York College professor Dr. Stuart Bailin will continue his fascinating discussion of the life and music of Ludwig van Beethoven. Dr. Bailin will explore Beethoven's complicated and obsessive relationships, his "immortal Beloved," the political climate in Vienna during his life, and more. Dr. Bailin's passion for Beethoven's life and music have inspired and enlightened audiences throughout the New York area. No registration required.

Defensive Driving

(N) Mondays, June 21 & 28, 7:00-10:00 p.m. Fee: \$36 Applications for this point/insurance reduction safety course are available May 15 at both library buildings.

Cutting: A Discussion About a Teenage Epidemic

(EN) Tuesday, May 18, 7:30 p.m.

An act of self-harming behavior, cutting is a way some teenagers try to cope with the pain of strong emotions, intense pressure, or upsetting relationship problems. It may be used as a way to express sorrow, rejection, or desperation. Karin Sabbeth is a Licensed Clinical Social Worker who has worked with suicidal and self-harming adolescents. She will explore the epidemic of cutting among teens and discuss treatment modalities that replace self-harming behavior with more effective coping skills. No registration is required.



Book-A-Trip to The Michener Art Museum, in Doylestown, PA

Thursday, June 24, 2010

Departure: 7:00 a.m. from the William J. Brosnan building parking lot (across from Northport Library)

Return: 7:30 p.m.

Cost: \$88 per person (checks only, non-refundable, payable to Northport-East Northport Public Library)

Itinerary: Join us for a guided tour of the James A. Michener Art Museum in beautiful Bucks County. Named for the Pulitzer Prize-winning writer, the museum is housed in the former Bucks County prison. Featured among its collections are works from New Hope's early 20th century Impressionist art colony. Following lunch at the Lambertville Station Restaurant on the banks of the Delaware River, we will have time to shop in Peddler's Village.

Registration: Register in person beginning Saturday, May 8, 9:00 a.m. at the Northport Library. Ticket limit: 2 per patron on first day of sale. N-EN Library card required. (NENA179)

New York, New York: The World in a City

(N) Thursday, May 6, 7:30 p.m.

New York's five boroughs are a "melting pot" of many nationalities—Russian, Chinese, Indonesian, Japanese, Lebanese, Greek, Moroccan, and Italian, among many others. Pat Sommerstad will introduce the amazing variety of ethnic neighborhoods for you to discover less than 60 miles away, with a particular emphasis on the best food destinations. Detailed itineraries for visiting four "countries" within the five boroughs will be provided, along with all the information you'll need to experience the food and culture of each. Registration is now underway at either library building or online. (NENA177)



How to Write Business Letters That Succeed

(N) Tuesday, May 11, 7:00 p.m.

When your writing succeeds, you succeed. Whether you need a compelling cover letter for a job application or want to introduce yourself to a prospective employer, ask for an appointment, obtain a business referral, or say thank you, letters are often make-or-break opportunities. Learn how to write 2010-style business letters that work, while sharpening your overall writing and communication skills for both print and electronic media. Workshop leader Natalie Canavor is a journalist, business writer, and co-author of *The Truth About the New Rules of Business Writing*, just published by Pearson/FT Press. No registration required.



Current Events in Perspective

(N) Wednesday, May 26, 7:30 p.m.

Join Michael Libresco-D'Innocenzo, professor of history at Hofstra University, to explore significant national and international developments. All attending the program are welcome to share their views.

Short Story Central

(N) Tuesday, May 4, 7:00 p.m.

Selections from *Love Stories in this Town* by Amanda Eyre Ward will be the focus of our discussion this month. Please pick up your copies of the stories at the Circulation Desk in either library building.

Novel Ideas

(N) Monday, May 10, 7:00 p.m.

This month we take a look at *Run* by Ann Patchett. Please pick up your copy of the book at the Northport Library Circulation Desk.

Page Turners

(N) Thursday, May 13, 2:00 p.m.

The Help by Kathryn Stockett will be the topic of this month's discussion. Copies of the book will be available at the Northport Library Circulation Desk.

The 5 Ps of Successful Home Improvement

(N) Wednesday, May 5, 7:30 p.m.

Whether you're a do-it-yourselfer looking to complete some small projects or a homeowner gearing up for a major renovation, you need some basic information to get the job done. Join Gary Dymski, former Home Work columnist at *Newsday*. From new, innovative products to the most up-to-date technology, he will guide homeowners through the right steps. The result is that you'll be sure to approach your next project with more confidence. No registration required.



Northport Arts Coalition presents A Showcase Cameo Special

(N) Wednesday, May 12, 7:00 p.m.

The Northport Arts Coalition, in cooperation with the Library, presents a showcase of the talented musicians who will be performing in this year's "Happenings on Main Street." Join them for an evening of jazz, folk, bluegrass, and popular music. No registration required.



Internet Basics

(EN) Thursday, May 6, 7:30 p.m.

Learn the fundamentals of Internet access at this monthly program. No registration required.

Digital Photography 102

(N) Tuesday, May 18, 6:30-8:30 p.m.

Registration begins May 3 at either library or online. This class is the sequel to the Digital 101 class. The class will cover color settings, white balance, exposure control, depth of field, and techniques to get the best photos out of your camera. (NENC020)

Intermediate Microsoft Word 2007

(EN) Thursday, May 13, 7:00-9:00 p.m.

Registration begins May 3 at either library or online. This class will cover formatting, working with columns and tables, and more. (NENC069)

Advanced Microsoft Word 2007

(EN) Thursday, May 20, 7:00-9:00 p.m.

Registration begins May 5 at either library or online. Learn more advanced word processing features including mail merge, AutoText, AutoCorrect, and more. (NENC070)

Intermediate Microsoft Excel 2007

(EN) Thursday, May 27, 7:00-9:00 p.m.

Registration begins May 13 at either library or online. Topics will include working with functions, ranges, columns and rows, and more. (NENC071)



Friday Movies for Adults

Avatar

(EN) Friday, May 7, 10:00 a.m.
(N) Friday, May 14, 1:30 p.m.

James Cameron's science fiction epic received Oscars for visual effects and cinematography. Rated PG-13. 162 min.

Invictus

(EN) Friday, May 21, 10:00 a.m.
(N) Friday, May 28, 1:30 p.m.

Matt Damon and Morgan Freeman star in this story about Nelson Mandela's attempt to bring his people together through the universal language of sport. Rated PG-13. 133 min.

Kayaking on Long Island

(N) Wednesday, June 2, 7:30 p.m.

With more than 1,600 miles of coastline including ocean, bays, and rivers, Long Island is an ideal place for kayaking. It is a tranquil, fun activity that provides excellent upper body and aerobic exercise. Nick DeNezzo, president of the Long Island Kayak Club, will talk about the many different types of kayaks and which one is right for you. He will cover basic strokes and rescues, how to choose equipment, and where to kayak. No registration required.

Computer Fourth Grade

(EN) Tuesday, May 11, 7:00-9:00 p.m.

Registration begins May 1 at either library or online. This hands-on class provides an overview of Windows file management. (NENC012)

Computer Fifth Grade

(N) Thursday, May 20, 7:00-9:00 p.m.

Registration begins May 6 at either library or online. Enhance your skills using the Windows desktop in this workshop for more advanced users. (NENC013)

Computer Sixth Grade

(EN) Tuesday, May 25, 7:00-9:00 p.m.

Registration begins May 10 at either library or online. Learn about the control panel, installing programs, and using the Help feature. (NENC061)

Intermediate PowerPoint

(EN) Thursday, June 3, 7:00-9:00 p.m.

Registration begins May 20 at either library or online. This workshop will cover slide animation and graphics, transitions, formatting, and more. (NENC022)

Introduction to Photoshop Elements

(EN) Tuesday, June 8, 6:30-8:30 p.m.

Registration begins May 27 at either library or online. This basic workshop will give you an overview of the workspace, tools, options bar, and palettes. (NENC051)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>2</p> <p>***Time Together with Time to Spare*** (N) 2 pm</p>	<p>3</p> <p>Registration begins for Intermediate Microsoft Word on 5/13 and Digital Photography 102 on 5/18</p> <p>*AARP Driver Safety Program (N) 9:30 am</p> <p>*Songs & Stories (EN) 10 & 11 am</p>	<p>4</p> <p>Registration begins for Children's Series Programs</p> <p>Registration begins for Teen Writer's Club on 5/21, Boy Scout Computer Merit Badge, and Teen Volunteer Opportunities</p> <p>*New Moms (EN) 10 am</p> <p>*Kindergarten Reading Fun (EN) 1 pm</p> <p>*Teen Volunteer Opportunity: Bingo Board (EN) 4 pm</p> <p>Short Story Central (N) 7 pm</p> <p>*Getting Your Child Ready for Kindergarten (EN) 7:30 pm</p>	<p>5</p> <p>Registration begins for Advanced Microsoft Word on 5/20</p> <p>*Kindergarten Reading Fun (N) 9:30 am & 1 pm</p> <p>Blood Pressure Check (N) 9:30-10:30 am (EN) 11 am-12 noon</p> <p>*Story Parade (N) 4 pm</p> <p>*Boating Safety Course (EN) 7 pm</p> <p>The 5 Ps of Successful Home Improvement (N) 7:30 pm</p>	<p>6</p> <p>Registration begins for Computer Fifth Grade on 5/20</p> <p>*Story Parade (EN) 4 pm</p> <p>Newbery Book Club (N) 7 pm</p> <p>Internet Basics (EN) 7:30 pm</p> <p>*New York, New York: The World in a City (N) 7:30 pm</p>	<p>7</p> <p>Registration begins at Northport for AARP Driver Safety Program on 5/24 & 6/4</p> <p>*Tales for Toddlers (EN) 9:30 & 10:30 am</p> <p>Movie: Avatar (EN) 10 am</p> <p>Tales at Ten (N) 10 am</p> <p>Hearing Screening (N) 2 pm</p> <p>*VII Night for Teens (N) 7 pm</p>	<p>8</p> <p>Registration begins for Saturday Storytime on 5/22</p> <p>Registration begins at Northport for Book-A-Trip to The Michener Museum on 6/24</p> <p>*Fairy Houses (N) 10 am</p>
<p>9</p>	<p>10</p> <p>Registration begins for Computer Sixth Grade on 5/25</p> <p>Registration begins for Toddlers Tango on 5/20</p> <p>*Tapprot Writers Group (EN) 1:30 pm</p> <p>Children's Book Week Drop-in Storytime (N) 2 pm</p> <p>Can't Get Enough of the Greek Myths? (EN) 7 pm</p> <p>Novel Ideas (N) 7 pm</p>	<p>11</p> <p>*Stories in Motion (N) 9:30 & 10:30 am</p> <p>*New Moms (EN) 10 am</p> <p>*Kindergarten Reading Fun (EN) 1 pm</p> <p>Wild About Books! (N) 4 pm</p> <p>*Teen Volunteer Opportunity: Bingo Board (EN) 4 pm</p> <p>Pajama Storytime (EN) 7 pm</p> <p>*Computer Fourth Grade (EN) 7 pm</p> <p>How to Write Business Letters That Succeed (N) 7 pm</p>	<p>12</p> <p>*Rock-a-Bye Readers (EN) 9:30 am</p> <p>*Kindergarten Reading Fun (N) 9:30 am & 1 pm</p> <p>*Medicare Update (N) 2 pm</p> <p>*Boating Safety Course (EN) 7 pm</p> <p>Northport Arts Coalition presents A Showcase Cameo Special (N) 7 pm</p>	<p>13</p> <p>Page Turners Book Discussion (N) 2 pm</p> <p>*Intermediate Microsoft Word 2007 (EN) 7 pm</p> <p>*Boy Scout Computer Merit Badge (N) 7 pm</p> <p>Beethoven: The Man & The Music, Part 2 (N) 7:30 pm</p>	<p>14</p> <p>*Tales for Toddlers (EN) 9:30 & 10:30 am</p> <p>Tales at Ten (N) 10 am</p> <p>Movie: Avatar (N) 1:30 pm</p> <p>Pajama Storytime (N) 7 pm</p>	<p>15</p> <p>Applications available for Defensive Driving on 6/21 & 6/28</p> <p>Book to Movie Matinee: Hoot (N) 2 pm</p>
<p>16</p>	<p>17</p> <p>*Book-A-Trip to Newportport departs 6:45 am</p> <p>*Tapprot Writers Group (EN) 1:30 pm</p> <p>*Defensive Driving (EN) 7 pm</p> <p>Northport High School Fashion Show: Sparkle, Shimmer, Shine (N) 7 pm</p>	<p>18</p> <p>*Stories in Motion (N) 9:30 & 10:30 am</p> <p>*New Moms (EN) 10 am</p> <p>*Kindergarten Reading Fun (EN) 1 pm</p> <p>*Teen Volunteer Opportunity: Helping Hands (EN) 4 pm</p> <p>*Digital Photography 102 (N) 6:30 pm</p> <p>Cutting: A Discussion About a Teenage Epidemic (EN) 7:30 pm</p>	<p>19</p> <p>*Rock-a-Bye Readers (EN) 9:30 am</p> <p>*Kindergarten Reading Fun (N) 9:30 am & 1 pm</p>	<p>20</p> <p>Registration begins for Intermediate PowerPoint on 6/3</p> <p>*Toddlers Tango (EN) 10 am</p> <p>Library Board of Trustees Meeting (N)</p> <p>Healthy Living for Seniors (N) 3 pm</p> <p>*Teen Volunteer Opportunity: Chess Club (N) 6:45 pm</p> <p>*Computer Fifth Grade (N) 7 pm</p> <p>*Advanced Microsoft Word 2007 (EN) 7 pm</p> <p>Chess Club (N) 7 pm</p>	<p>21</p> <p>Tales at Ten (N) 10 am</p> <p>Movie: Invictus (EN) 10 am</p> <p>*Teen Writer's Club (N) 4 pm</p>	<p>22</p> <p>Registration begins at Northport for AARP Driver Safety Program on 6/7</p> <p>*Saturday Storytime (N) 10 am</p>
<p>23</p>	<p>24</p> <p>*AARP Driver Safety Program (N) 7 pm</p> <p>*Defensive Driving (EN) 7 pm</p>	<p>25</p> <p>*Stories in Motion (N) 9:30 & 10:30 am</p> <p>*New Moms (EN) 10 am</p> <p>*Kindergarten Reading Fun (EN) 1 pm</p> <p>*Computer Sixth Grade (EN) 7 pm</p>	<p>26</p> <p>*Rock-a-Bye Readers (EN) 9:30 am</p> <p>*Kindergarten Reading Fun (N) 9:30 am & 1 pm</p>	<p>27</p> <p>Registration begins for Introduction to Photoshop Elements on 6/8</p> <p>*Intermediate Microsoft Excel 2007 (EN) 7 pm</p> <p>*Boy Scout Computer Merit Badge (N) 7 pm</p>	<p>28</p> <p>Tales at Ten (N) 10 am</p> <p>Movie: Invictus (N) 1:30 pm</p>	<p>29</p>
<p>30</p> <p>Library Closed</p>	<p>31</p> <p>Memorial Day – Library Closed</p>	<p>25</p> <p>*Stories in Motion (N) 9:30 & 10:30 am</p> <p>*New Moms (EN) 10 am</p> <p>*Kindergarten Reading Fun (EN) 1 pm</p> <p>*Computer Sixth Grade (EN) 7 pm</p>	<p>26</p> <p>*Rock-a-Bye Readers (EN) 9:30 am</p> <p>*Kindergarten Reading Fun (N) 9:30 am & 1 pm</p>	<p>27</p> <p>Registration begins for Introduction to Photoshop Elements on 6/8</p> <p>*Intermediate Microsoft Excel 2007 (EN) 7 pm</p> <p>*Boy Scout Computer Merit Badge (N) 7 pm</p>	<p>28</p> <p>Tales at Ten (N) 10 am</p> <p>Movie: Invictus (N) 1:30 pm</p>	<p>29</p>

N = Northport Library
EN = East Northport Library
Italic type indicates Children's Programs.

*Pre-registration or tickets required for this program. Registration for Children's Programs is limited to Northport-East Northport Public Library cardholders. Preference is given to Northport-East Northport Public Library cardholders for Adult and Teen programs.

If you require any special accommodations because of a disability, please let us know. Library staff may take photographs or recordings at Library programs for use in publicity. Please inform us if you do not want photos taken of you or your child.

